



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF METROPOLITAN DALLAS SCHOOL AGE SERVICES PROGRAM OVERVIEW

Our Program Day



Why YMCA AFTERSCHOOL?

Diverse and Inclusive: Our core values of caring, honesty, respect and responsibility are intentionally woven into our programming. We engage youth in activities focused on how to understand and manage emotions, set and achieve positive goals, feel and show empathy toward others, establish and maintain positive relationships, and make responsible decisions. The YMCA Afterschool setting provides the space to teach these vital skills to children in a non-traditional learning environment. All staff are trained in best practices, CPR/First Aid, curriculum implementation, Sexual Abuse Prevention & much more, being able to deliver on a promise to keep kids SAFE body, mind, and spirit.

High-Quality Programming: YMCA’s programming supports state standards, focuses on social and emotional learning, and most of all, it’s fun and engaging for all children! Kids’ Grub Club teaches children nutrition; Skillastics® and C.A.T.C.H.® weave in a customized wellness focus in a FUN way; S.T.E.M. projects promote trying new skills; and a focused homework completion/DEAR literacy time and themed activities delivered by a diverse, empathetic staff make for a great experience.

Customized & Differentiated

The YMCA of Dallas serves **100+** Afterschool programs in 2023 covering **10** districts and **5** charter/private schools in **7** counties. Our program is customizable for each district or school as well as age. Administrators and parent partners work with their Program Director to decide on the best programming and curriculum fit, and align with the needs of that community and ages served at each respective campus varying from 4 years old to 14 years old. Additionally, we offer holiday programming and summer day camps at nearby locations and ON SITE at schools throughout the metroplex. We partner with schools to offer substantial assistance for employee childcare.



YMCA Mission: To put Christian values into practice through programs that build healthy spirit, mind and body for all.

Outreach Programs

The Y Is PROUD to offer our Summer Learning Academies at select locations. This AMAZING summer enrichment program is FREE OF COST to our families and schools as selected and agreed upon via district/YMCA MOU process. For more information on Summer Learning Academies that focus on Literacy, Math, Mental Health, and Improvement overall for BODY, MIND, and SPIRIT, please ask!
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Guiding Resources and Partnerships:

- Love and Logic®
- CATCH®
- Skillastics®
- Know Before You Go
- National Afterschool Association HEPA Standards
- Code.org
- Dallas Police Department
- Sanford Harmony
- Dallas Afterschool
- Fluor Foundation

TEKS Connection

Our Afterschool programs are based on the foundations of TEKS. We adapt programming to the needs of the community based on district, principal, parent, and community feedback. This allows our Afterschool Programs to build foundational knowledge that aligns with the school day curriculum helping to support higher STAAR test scores while developing the whole child; which is why each week children participate in activities designed to promote a healthy spirit, mind, and body.



Enrichment & Hands-On Discovery

Enrichment activities, incorporated into every day of Afterschool, allow kids to explore their passion areas, examine world's "whys and hows" on select projects, and participate in hands on learning with S.T.E.M. projects, games, arts & crafts, health & wellness, cultural and college and career exploration!