



PARENTS: THIS FORM MUST BE SUBMITTED FOR STUDENT ATHLETES IN GRADES 10, 11 AND 12. ONLY NINTH (9TH) GRADE STUDENTS MAY USE THE BLUE HEALTH ASSESSMENT RECORD SUBMITTED FOR THEIR MANDATORY SCHOOL PHYSICAL. Your medical provider **MUST** fill out this *Athletics Physical Examination Form* in order for your child to participate in a sport at Trumbull High School. Regardless of the information included in your child’s health assessment, we still need to have this *Athletics Physical Examination Form* completed by the doctor. ♦THERE ARE NO EXCEPTIONS TO THIS POLICY♦

To be completed by physician or health care provider only.

Student’s Last Name _____ Student’s First Name _____ Grade _____ Male Female

Student’s Address _____ Sport _____

PLEASE CIRCLE ‘YES’ OR ‘NO’ TO EACH OF THE FOLLOWING:

- | | |
|---|-----------------------------|
| 1. Heart condition?.....Yes/No | Cleared to play?.....Yes/No |
| 2. Lung Condition?.....Yes/No | Cleared to play?.....Yes/No |
| 3. Evidence of Hernia?.....Yes/No | Cleared to play?.....Yes/No |
| 4. Musculoskeletal Condition?.....Yes/No | Cleared to play?.....Yes/No |
| 5. Concussion(s)?.....Yes/No | Cleared to play?.....Yes/No |
| 6. If yes to any of the above, please list below details of the condition. Please also list other condition(s) that might affect the health of the student in athletic competition: | |

7. List any restriction(s) to competition:

Provider’s signature and signature/office stamp must be present on this form for the student to be eligible to participate in the THS interscholastic athletics program.

I certify that I have examined the above student athlete on the date noted below, and recommend him/her as being physically able to compete in the Trumbull High School Interscholastic Athletic Program.

Date of Physical: _____

Note: Sports physicals are only valid for thirteen (13) months from the date entered here, at which time a new physical is required in order to continue to participate

Health Care Providers’ Signature _____

Health Care Provider stamp is required