



Want to learn some strategies that can help better your relationship with your child(ren)?

The Healthy Home Life Workshop is designed to help you learn and implement strategies to build better relationships with your children and increase child cooperation!

Topics include:

- ☆ Child development, protective factors, and parenting styles
- ☆ How to use effective discipline following inappropriate behaviors
- ☆ How and when to reward appropriate behaviors
- ☆ How to foster positive interactions and create supportive environments for your child
- ☆ How to set appropriate expectations for your child
- ☆ How to identify and live in line with personal values

This workshop is FREE to participants in Nevada counties! Parents, caregivers, family members, and professionals who work with families are all welcome to attend!

Register for our virtual HHL workshop now!

Date: Tuesdays, June 4th, 11th, and 18th

Time: 5:30 p.m. – 7:30 p.m. PST (over zoom)

Registration: Please use this [registration link](#) or use the QR code to reserve your spot for this workshop!

Contact: If you have any questions, please feel free to contact Lauren Brown by email at ldbrown@unr.edu



1:1 consultations with the instructors are also offered to workshop attendees to help families create their own individual plans!

Healthy Home Life is funded by Children's Trust Fund through Nevada DCFS and is housed in the Nevada Positive Behavior Interventions and Support Technical Assistance Center (PBISTA) and the Nevada Center for Excellence in Disabilities (NCED) at the University of Nevada, Reno. For more information, visit our website at www.unr.edu/nced/projects/nvpbista