

# JUNE 2024

## Pharr-San Juan-Alamo ISD 9<sup>TH</sup> - 12<sup>TH</sup> Breakfast & Lunch Menu

### Monday

**3**  
MORNING GRILLED CHEESE SANDWICH(S) OR HAWAIIAN BREAKFAST ON A BUN(S), RAISELS(G)  
CHICKEN SMACKERS(S) W/ DINNER ROLL(G) OR PEPPERONI PIZZA(S) OR CHEESY FRENCH BREAD(S)  
MASHED POTATOES(G)  
CHEESY BROCCOLI(G)  
BABY CARROTS(S)  
MANDARIN ORANGES(S)  
100% FRUIT JUICE SLUSH(G)  
KETCHUP/LF DRESSING

### Tuesday

**4**  
CONFETTI PANCAKES(S), SYRUP(S) OR CEREAL(S), FRESH APPLE(G)  
FRITO PIE(S)  
(CHICKEN FAJITAS) W/ OLGA'S ARROZ CASERO(G)  
CHEESE CUP(S) OR CHEESY PULL-APARTS(S)  
RANCH STYLE BEANS(G)  
BABY CARROTS(G)  
DICED PEACHES(S)  
WATERMELON CUBES(G)  
LF DRESSING

### Wednesday

**5**  
WARM TAMALES(S), ASSORTED SALSAS(G) OR CEREAL(S), FRESH BANANA(G)  
HAMBURGER/ CHEESEBURGER(S) OR BEAN & CHEESE BURRITO(S)  
SEASONED STRAIGHT FRIES(S)  
SIDE SALAD(G)  
FRESH ORANGE WEDGES(G)  
MIXED FRUIT CUP(G)  
KETCHUP/MUSTARD/MAYO

### Thursday

**6**  
MORNING SAUSAGE ROLL(S) OR CEREAL(S), FRESH APPLE(G)  
CORN DOG(S)  
BAKED CHIPS(S)  
SEASONED GREEN BEANS(G)  
BABY CARROTS(G)  
PINEAPPLE TIDBITS(S)  
100% FRUIT JUICE SLUSH(G)  
KETCHUP/MUSTARD/LF DRESSING

### Friday

**7**  
CHORIZO & EGG BREAKFAST TACO(S), ASSORTED SALSAS(G) OR HAWAIIAN BREAKFAST ON A BUN(S), APPLESAUCE CUP(G)  
PEPPERONI SANDWICH(S)  
BAKED CHIPS(S)  
GOLDEN CORN(G)  
STEAMED ZUCCHINI(G)  
CHILI LIMON PINEAPPLE RAISELS(S)  
ASSORTED FRESH FRUIT(G)

## Announcements

Choices of Low Fat  
or  
Skim Milk  
(flavored and unflavored)  
offered daily

Juice OR Fruit  
offered Daily for  
Breakfast

(G) – GO foods - are foods that you can eat “almost anytime”. These foods are the lowest in fat.

(S) – SLOW foods - are “sometimes foods” – foods that you can eat maybe a few times a week. These foods are higher in fat.

(W) – WHOA foods - are “once in a while food” – foods that you can eat on occasion but need to be combined with other GO foods. These foods are highest in fat.

Water is available.

“This institution is an equal opportunity provider.”

\*Menu is subject to change due to deliveries and nation-wide shortages.

REV. 2.1

6/2/24

\*BREAKFAST TACOS  
ON  
WG CORN/FLOUR  
TORTILLAS



### DID YOU KNOW?

The June Bug is the name for several large beetles seen in the United States during May and June.