

Gyeonggi Suwon International School Menu

<June>

	Mon(6.3)	Tue(6.4)	Wed(6.5)	Thu(6.6)	Fri(6.7)
Korean Menu	Stir Fried Rice Cake (ES-w/ Soy Sauce) 4,5 Gimbap Fried Rice 1,2,4,5,8,10,12,13,15,17,18 / Steamed Rice Udon Soup 4,5,6,7,15 Assorted Fried 1,2,4,5 Pickled Radish 17 White Kimchi Kimchi 4,7	Bossam 8 Multigrain Rice / Steamed Rice Bean Paste Soup 4,5 Cabbage Wrap 4,5 Dried Radish Salad 4,5 (ES-Braised Soybeans) 4,5 White Kimchi Kimchi 4,7	Stir-Fried Chicken (ES-w/ Soy Sauce) 4,5,12 Steamed Rice Bean Paste Soup 4,5 Steamed Egg 1,4,5 Perilla Oil Makguksu 4,5 White Kimchi Radish Kimchi 4,7	No School	Spicy Sausage Stew (ES-Clear Sausage Stew) 1,2,4,5,7,8,10,12,13,15,17 Steamed Rice Fish Cutlet 1,4,5 Braised Potatoes 4,5 Korean Jelly Salad White Kimchi Radish Kimchi 4,7
International Menu	French toast w/ Cake syrup 1,2,4,5 Grilled Sausage 1,2,4,5,8,10,12,13 Caesar Salad 1,2,4,5,8 Cream Mushroom Soup 2,4,5,12,19	Cream Lemon Chicken 1,2,4,5,12 Steamed Rice Mixed Vegetables 2,4,5,15 Greek Salad 10	Cream Lemon Chicken 1,2,4,5,12 Steamed Rice Mixed Vegetables 2,4,5,15 Greek Salad 10		Grilled Chicken 1,2,4,5,8,10,12,13,15,17 Steamed Rice Green Beans & Onion 4,5,15 Macaroni Salad 1,4,5,8,10,12,13,15
	Mon(6.10)	Tue(6.11)	Wed(6.12)	Thu(6.13) / Camping Day	Fri(6.14)
Korean Menu	Fried Chicken w/ Sweet Sauce 1,2,4,5,12 Kimchi Tuna mayo Rice 1,2,4,5,7,20 (ES-Tuna mayo Rice) 1,2,4,5,20 Seaweed Rice Kelp & Radish Soup 4,5 Stir Fried Crab Stick & Broccoli 4,5,15,18 Three Color Pickle White Kimchi Radish Kimchi 4,7	Stir-Fried Smoked Duck 4,5,12,15 Multigrain Rice/ Steamed Rice Seaweed Soup 4,5 Fried Sweet Potato w/ Honey 4,5 Raidh Pickle wrap White Kimchi Kimchi 4,7	ES/SS Field day	Pork belly & Sausage 1,2,4,5,8,10,12,13,15 Multigrain Rice / Steamed Rice Fish Curd Soup 4,5 Corn Cheese 2,4,5,18 Lettuce wrap 4,5 White Kimchi Kimchi 4,7	No School
International Menu	Pork Steak 1,2,4,5,8,10,12,13,15,17 Steamed Rice Fried Egg 4,5 Dutch Salad 1,2,4,5,8 Corn Chowder Soup 2,4,5,12	Chicken Ttikka Masala 1,2,4,5,10,12,13,15,17 Steamed Rice Cucumber Salad			

* This menu can be changed depending on its ingredients.

<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

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<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

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