

TRUMBULL PUBLIC SCHOOLS, MIDDLE SCHOOLS BREAKFAST and LUNCH MENU JUNE 3-11, 2024

All meals and are served with 1% white or chocolate milk, fruit choice

Bagel Lunch Available Every day which includes a Bagel, Yogurt, Cheese Stick, Carrots, fruit and Milk

Also available each day are protein salads and assorted sandwiches

BREAKFAST CHOICES EACH DAY

CHOOSE ONE ENTRÉE – WG Apple Frudel, WG Cinnamon Bun, WG Assorted Bagel, WG Banana/Lemon Slice, Assorted Muffins

CHOOSE AT LEAST ONE BUT MAY CHOOSE TWO – Fruit/Vegetable, Fresh Fruit, Fruit Cup or 100% Fruit Juice

CHOOSE ONE – 1% Low Fat Milk or Fat Free Flavored Milk

LUNCHES

Monday June 3 Lunch – Mac and Cheese, Grilled Chicken Alfredo, Pepper Mix, Fruit and Milk Choice

Tuesday June 4 Lunch – Taco Tuesday – Two soft tacos with beef or chicken, three-bean Salad, Lettuce, Tomatoes, Cheese, Fruit and Milk Choice

Wednesday June 5 Lunch – Pasta with Marinara or Meat Sauce, Green Beans, Fruit and Milk Choice

Thursday June 6 Lunch - WG School Made Cheese or Vegetable Pizza, Peas, Fruit and Milk Choice

Friday June 7 Lunch – Chicken tenders, Sweet Potato Fries, Broccoli, Corn, Carrots, Fruit and Milk Choice or Chef's Choice

Monday June 10 Lunch – Herbed Chicken Sandwich, Crinkle Fries, Broccoli, fruit and Milk Choice or Chef's Choice

Tuesday June 11 Lunch – Chef's Choice with Fruit and Milk Choice

HAVE A GREAT SUMMER!!

All meals are served with 1% white, chocolate or strawberry milk, fruit choice, utensils

ALL A LA CARTE ITEMS ARE SOLD AT A SEPARATE PRICE

FREE AND REDUCED APPLICATIONS – Available online at [trumbullps.org/food services](http://trumbullps.org/food%20services)

Also available at every school office and kitchen

For additional information call Food Services Office at **203-452-4500**

Prepay for meal on-line. Sign up for www.myschoolbucks.com

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