

**TRUMBULL PUBLIC SCHOOLS MIDDLE SCHOOL BREAKFAST & LUNCH MENU  
JUNE 2024**



**Breakfast Daily**  
**Choose one Entrée:**

- Egg Sandwich
- WG Cinn. Bun
- WG Assorted Muffin
- WG Bagel

- WG Banana Slice
- WG Breakfast Bar

**Choose at least one**  
**may choose two**  
Fruit / vegetable  
Fresh fruit or fruit cup, 100% assorted juice

**Choose**  
1% Low Fat Milk or  
FF Flavored Milk  
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- \*DAILY ENTRÉE CHOICES\***
1. **Protein Salad w/dinner rolls**
  2. **Bagel Lunch with Yogurt and String Cheese**
  3. **Turkey, Ham or SunButter & Jelly Sandwich with String Cheese**

**All entrees include accompanying veggie, fruit and milk choice (1% White, or flavored skim, Strawberry or Chocolate)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Mac & Cheese Grilled Chicken Alfredo Pepper mix Mixed Fruit & Milk Choice	4 Taco Tuesday Beef & Chicken Taco Fiesta Beans Roasted Corn Lettuce, Tomato Fruit and Milk Choice	5 Pasta with Meat or Marinara Green beans WG Roll Fruit and Milk Choice	6 WG School-Made Pizza Cheese or Vegetable Peas and Carrots Fruit Milk Choice	7 Chicken Tender Sweet potato Fries Broccoli, Corn, Carrots Or Chef's Choice Fruit and Milk Choice
10 Herbed Chicken Sandwich Crinkle Fries Broccoli Or Chef's Choice Fruit and Milk Choice	11 Chef's Choice Fruit and Milk Choice  <i>Menus Subject to Change</i>			
<h1>Summer Vacation!!</h1> <h2>See you in September!</h2>				

**Gluten Free**  
**Menu**  
**Breakfast**  
Yogurt  
Fruit Cup  
Milk Choice

**Gluten Free**  
**Menu**  
**Lunch**  
Turkey Breast GF sandwich, carrot, OR  
Chef Salad Dressing  
GF Roll or Cracker  
Fruit & Veggie Bar  
1% Milk Choice

\*Please Note\*  
Students requesting Gluten Free foods must provide medical documentation

**Ala Carte**  
**Items are a separate charge**

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