

## SHAC Meeting Notes

March 18, 2024

Members Present: Makayla Emmons-Smith, Colleen Goundrey, Brooke Russel, Christy Hoffman, Lesley Gershmel, Kristy Skidmore, Sarah Strickland

The meeting was called to order at 6:07 pm by Makayla Emmons-Smith.

A new SHAC member, Brooke Russel, was introduced to the group.

Meeting notes from the January 29, 2024 meeting were voted on and approved by the group unanimously.

### HB 3908

Texas House Bill 3908 covers 'fentanyl prevention and drug poisoning awareness education for public school students in grades 6-12'.

Guest speaker Natasha Holden, Director of Program & Curriculum for Barbers Hill ISD, was introduced. The main topics of discussion are as follows:

- SHAC is responsible for suggesting all the health-related curricula, including drug prevention and awareness, to the school district board for approval.
- The current curriculum used in the district is BASE Education, specifically their '7 Mindsets' curriculum. '7 Mindsets' is aimed to support social, emotional, and mental health learning and awareness.
- Related to drug prevention and awareness in Barbers Hill ISD, curriculum is currently only shown to students who have already exposed themselves to drug/drug related substances.
- SHAC needs to continually discuss what curriculum should be shown to students, what grades these materials should be shown, how often they should be shown, where they should be shown/discussed, etc.
- A current preventative measure put on by the school district includes an anti-vaping presentation by Dr. Collier. This is presented at the intermediate schools and middle schools to students in grades 6-8.
- SHAC discussed the idea of creating a student-led club or activity for anti-drug-related discussions.
- 'BASE Education' was unanimously approved by the SHAC committee to be suggested for next school year's drug prevention and awareness curriculum.

### Annual Health Fair

The Annual Health Fair will be held on April 27, 2024, from 10:00 am-2:00 pm. The sub-committee for this event is composed of Makayla Emmons-Smith, Colleen Goundrey, Lezli Real, and Sarah Strickland. There will be an additional sub-committee meeting before the Annual Health Fair on April 22, 2024, at 6:00 pm. The theme for this event is 'All Things Outdoor', and members will wear camouflage clothing.

Upcoming Dates:

- April 22, 2024 – Annual Health Fair Sub-Committee Meeting
- April 27, 2024 – Annual Health Fair
- May 6, 2024 – SHAC Meeting

There were no open discussions or questions.

The meeting was adjured at 7:23 pm.

*Meeting notes submitted by Sarah Strickland, MS, RD, LD*