

SHAC Meeting Notes

May 6, 2024

Members Present: Emily Borne, Colleen Goundrey, Christy Hoffman, Lesley Gershmel, Lezli Real, Kristy Skidmore, Sarah Strickland

The meeting was called to order at 6:13 pm by Colleen Goundrey.

Meeting notes from March 18, 2024, were voted on and approved by the group unanimously.

HB 3908

Texas House Bill 3908 covers 'fentanyl prevention and drug poisoning awareness education for public school students in grades 6-12'.

Reviewed the last meeting's discussion on HB 3908.

Reiterated SHAC's approval of the 'BASE Education' curriculum recommendation for next school year's drug prevention and awareness curriculum for 7-12th grade.

Colleen Goundrey will present SHAC's curriculum recommendation to the school board in September.

Annual Health Fair Outcome

The Annual Health Fair was held on April 27, 2024, from 10:00 am-2:00 pm. The sub-committee for this event was composed of Makayla Emmons-Smith, Colleen Goundrey, Lezli Real, and Sarah Strickland. The SHAC committee coordinated three tents: Chambers Health, HEB, and a Mont Belvieu Fire Department EMT. SHAC also had their tent which Colleen and Sarah worked.

- Chambers Health did sun safety and handed out sunscreen.
- HEB handed out chewy bars, fruit, and bottled water.
- The EMT reviewed bike safety and handed out bike helmets, donated by the Pilot Club.
- SHAC's tent had a QR code for community members to fill out an application to join, a raffle for a juicer, coloring books, and a passport sticker book. The passport sticker book was to encourage people to visit all three of SHAC's coordinated tents. Once children collected all their stickers, the first 50 received a wave pool pass to Eagle Point.

Wellness Activities at BHISD

The Walk for Mental Health will take place this Friday (5/10/24) from 6:00pm-8:00pm at Eagle Stadium.

Elbert Delacruz with Concierge Infusion Services continues to give discounted wellness shots to district employees every Tuesday from 3:00pm-5:00pm. Wellness shots include Vitamin B12, Vitamin D, Biotin, and Lipotropic injections.

Fitness Fusion's last class of the school year was last Thursday. This program will continue next school year.

The second mammogram bus by MD Anderson took place in March.

Review of Terms

The number of terms each member has served was reviewed and discussed.

Active participating members' terms are as follows:

- Emily Borne, 1
- Makayla Emmons-Smith, 1
- Colleen Goundrey, 1
- Christy Hoffman, 2
- Lesley Gershmel, 2
- Lezli Real, 1
- Brooke Russell, 1
- Kristy Skidmore, 1
- Sarah Strickland, 2

The goal for SHAC membership is 10-12 people. Community stakeholders must make up over half of the SHAC members, the remaining being district employees. Members for the 2024-2025 school year will be approved by the school board during the September board meeting.

To gain more SHAC members, there are applications on the district webpage, applications at the annual health fair, and applications at different district events such as Eagle Launch. Current SHAC members suggested reaching out to a wider range of community members including graduate-level interns in health-related fields and senior citizens.

Colleen asked for topic suggestions for the 2024-2025 school year. Nutrition education, drinking water safety, germ prevention, and physical education requirements were all suggested.

The meeting was adjured at 7:27 pm.

Meeting notes submitted by Sarah Strickland, MS, RD, LD