Net Games - Unit 3: Role Models (Long-handled Implements)

Unit Focus

This unit emphasizes games that require a long-handled implement or stick. These games will be small-group and team-oriented in which students will learn and apply offensive and defensive strategies and tactics to succeed during game play. There will be an emphasis on continuing to hone skills and teamwork. Examples of the games may include (but are not limited to) Floor Hockey, Floorball, and Lacrosse.

Stage 1: Desired Results - Key Understandings

Standard(s)

Connecticut Comprehensive K–12 School Counseling Framework (2020)
Counseling: 11-12

- Create positive and supportive relationships with others to support their success (S/E1.3)
- Reflect on personal decisions made and evaluate the success of the decision-making process for that situation (S/E3.4)
- Demonstrate the ability to self-regulate negative emotions, control impulses, and motivate themselves in all environments (S/ E4.3)

Healthy and Balanced Living Curriculum Framework
Physical Education 9-12

- Demonstrates competency in two or more specialized skills in health-related fitness activities. (S1.H3.L2)
- Demonstrates the ability to apply the terminology associated with exercise and participation in selected individual performance activities, dance, net/wall games, target games, aquatics, and/or outdoor pursuits appropriately. (S2.H1.L1)
- Demonstrates the ability to use movement concepts and principles (e.g., force, motion, rotation) to analyze and improve performance of self and/or others in a selected skill. (S2.H2.L1)
- Demonstrates the ability to use strategies and tactics effectively during game play in net/wall and/or target games. (S2.H5.L1)
- Demonstrates the ability to employ effective self-management skills to analyze barriers and modify physical activity patterns appropriately, as needed (S4.H1.L1)
- Demonstrates the ability to exhibit proper etiquette, respect for others and teamwork while engaging in physical activity and/or social dance (S4.H2.L1)

Transfer

Students will be able to independently use their learning to...
T1 Develop and maintain positive relationships through team building, sportsmanship, and compassionate and candid conversations.

Meaning

Understanding(s)

Students will understand that...
U1 Every action has a reaction that impacts the way other people form opinions about an individual.
U2 People who respect individual rights and roles engage in respectful exchanges that allows others to understand what is being shared.
U3 Individuals can determine the degree of influence that others have on their own behaviors in order to anticipate negative or positive outcomes.
U4 Individual actions can influence others thinking and actions.
U5 Humans are responsible to acknowledge and maintain the rights of all individuals and groups.
U6 People choose when to demonstrate cooperation, collaboration, compromise and negotiation to build and maintain healthy relationships.

Essential Question(s)

Students will keep considering...
Q1 Do my actions and/or decisions have a negative or positive impact on myself or others?
Q2 How do I respect my rights and the rights of others?
Q3 What behaviors should I employ in my current situation?
Q4 How do we continue to work together even when we disagree?

Stage 1: Desired Results - Key Understandings

- Demonstrates the ability to examine moral and ethical conduct in specific competitive situations (e.g., intentional fouls, performance enhancing substances, gambling, current events in sport). (S4.H2.L2)
- Demonstrates the ability to use communication skills and strategies that promote team or group dynamics. (S4.H3.L1)
- Demonstrates the ability to solve problems and think critically in physical activity and/or dance settings, both as an individual and in groups (S4.H4.L1)
- Demonstrates the ability to apply best practices for participating safely in physical activity, exercise, and dance (e.g., injury prevention, proper alignment, hydration, use of equipment, implementation of rules, sun protection). (S4.H5.L1)

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- Decision Making: Make responsible decisions, based on potential outcomes. (POG.4.2)

Acquisition of Knowledge and Skill

Knowledge

Students will know...

K1 offensive and defensive strategies and tactics to succeed during game play.
K2 offensive and defensive strategies and tactics to counter opponent's tactics to succeed during game play.
K3 specific roles within the group that are developed and carried out are dependent on what tactics and strategies are used during game play
K4 the importance of ethical, empathetic, responsible decisions based on respect and safety for themselves and others with consideration of possible consequences.
K5 how to make decisions to enhance positive and supportive relationships with others to achieve a common goal.
K6 the importance of proper etiquette, respect for others and teamwork while engaging in competitive activity.

Skill(s)

Students will be skilled at...

S1 carrying out ethical, empathetic, responsible decisions based on respect and safety for themselves and others with consideration of possible consequences.
S2 Demonstrating the ability to make decisions to enhance positive and supportive relationships with others to achieve a common goal.
S3 demonstrating the ability to exhibit proper etiquette, respect for others and teamwork while engaging in physical activity.
S4 Demonstrating the ability to examine moral and ethical conduct in specific competitive situations.