

# Social Media/Technology for Parents

## **Video: Screenagers**

This documentary has had several screenings in Worthington and I am sure it will be available again soon. Here is a link to the trailer:

<https://www.youtube.com/watch?v=LQx2X0BXgZg>

This is a PBS news story on the documentary.

<https://www.youtube.com/watch?v=WCT5JcCXMPw>

## **Video: 5 Ways Social Media is Changing Your Brain Right Now**

[https://www.youtube.com/watch?v=HffWFd\\_6bJ0](https://www.youtube.com/watch?v=HffWFd_6bJ0)

## **Video: Advice From The Most Successful People On The Planet | IGNORE Social Media**

The first ten minutes of this video is a powerful commentary on how young people growing up surrounded by social media may have a false sense of how the world works.

<https://www.youtube.com/watch?v=uwIBFgxUYk8&t=573s>

## **Blog: “Parenting in the Digital Age” from the Huffington Post**

[http://www.huffingtonpost.com/susan-stiffelman/parenting-in-the-digital\\_b\\_14715408.html](http://www.huffingtonpost.com/susan-stiffelman/parenting-in-the-digital_b_14715408.html)

## **Article: “Kids & Tech: Tips for Parents in the Digital Age” on HealthyChildren.org**

<https://www.healthychildren.org/English/family-life/Media/Pages/Tips-for-Parents-Digital-Age.aspx>

## **Article: “Your Child’s Media Diet” from Scholastic.com**

<http://www.scholastic.com/parents/resources/collection/homework-project-tips/homework-help>