



Grade 3 PE Unit 2 - Manipulatives

Unit Focus

Students will continue to develop the skills they have explored in previous grade levels and units. This will be accomplished by engaging in striking, throwing, and catching activities that emphasize control, form, aim, and power. Lessons will include working with partners and/or small groups in activities that require striking with hands, feet, and implements as well as throwing and catching. Emphasis will be placed on transferring previously learned skills into working with a partner with the purpose of refining control while improving accuracy.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
Healthy and Balanced Living Curriculum Framework Physical Education K-5 - Underhand throw: Demonstrates underhand throw to a partner or target with reasonable accuracy (E1.5.3a) - Overhand throw: Demonstrates overhand throw using three of the five critical elements of a mature pattern for accuracy, distance and or force (E1.5.3b) - Demonstrates catching using four of the five critical elements of a mature pattern. (E1.6.3) - Dribbling with hands: Demonstrates Dribbling skills in general space using dominant and non-dominant hand while changing direction and speed with control of ball and body (E1.7.3a) - Dribbling with feet: Demonstrates dribbling skills in general space while changing direction and speed with control of ball and body. (E1.7.3b) - Demonstrates a continuous running approach to kick a moving ball for distance and/or accuracy (E1.8.3) - Demonstrates underhand volleying with one or two hands sending it forward over a net to a wall or over a line to a partner while demonstrating four of the five critical elements of a mature pattern. (E1.9.3a) - Demonstrates overhead volleying with one or two hands sending it forward over a net to a wall or over a line to a partner while demonstrating four of the five critical elements of a mature pattern. (E1.9.3b) - Demonstrates striking with a short or long handled implement while demonstrating three of the five critical elements of a mature pattern (grip, stance, body orientation, swing plane and follow through) (E1.10.3) - Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher. (S2.E3.3) - Demonstrates the ability to exhibit personal responsibility in teacher-directed activities. (S4. E1.3)	<i>Students will be able to independently use their learning to...</i> T1 Demonstrate improved physical performance in skills and movement patterns.	
	Meaning	
	Understanding(s)	Essential Question(s)
	<i>Students will understand that...</i> U1 The way I use my body affects how the object will move. U2 listening to and using feedback during practice is essential to improving skills.	<i>Students will keep considering...</i> Q1 What am I focusing on as I am making an object move? Q2 What have I learned from this activity and what would I change to improve for next time?
	Acquisition of Knowledge and Skill	
	Knowledge	Skill(s)
	<i>Students will know...</i> K1 Dribbling in open space K2 Moving a ball toward a target or direction with increased distance and accuracy K3 Using words and body language with partners to move the ball in a direction	<i>Students will be skilled at...</i> S1 controlling a ball using the sides of my feet. S2 approaching and following through when I kick a ball toward a target or direction. S3 practicing using feedback from the teacher. S4 listening respectfully to corrective feedback from the teacher.

Stage 1: Desired Results - Key Understandings

- Demonstrates the ability to accept and implement specific corrective feedback from the teacher. (S4.E3.3)
- Demonstrates the ability to work cooperatively with others (S4.E4.3a)
- Demonstrates the ability to praise others for their success in movement performance (S4.E4.3b)
- Demonstrates the ability to recognize the role of rules and etiquette in physical activity with peers. (S4.E5.3)
- Demonstrates the ability to work independently and safely in physical activity settings (S4.E6.3)
- Demonstrates the ability to discuss the challenge that comes with learning a new physical activity (S5.E2.3)

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- Analyzing: Examining information/data/ evidence from multiple sources to identify possible underlying assumptions, patterns, and relationships in order to make inferences. (POG.1.2)

S5 using equipment and share space with others in a safe and responsible way.
S6 using my body to change the direction of the ball.
S7 working with a partner to move the ball in a direction.