Grade 2 PE Unit 1 - Spatial Awareness and Locomotor Movements

Unit Focus

Students will develop their 8 basic locomotor movements that have been explored and practiced during grades K and 1. Students will be expected to demonstrate proficiency in the skills/forms/spatial awareness for each of the 8 locomotor skills. To prepare students to demonstrate their skills in the PBA, lessons will focus on locomotor Movements, space, direction, pathways, and speed.

Stage 1: Desired Results - Key Understandings

Standard(s)

Healthy and Balanced Living Curriculum Framework
Physical Education K-5

- Demonstrates hopping, galloping, running, and sliding using a mature pattern. (E1.1.1)
- Demonstrates skipping using a mature pattern. (E1.1.2)
- Demonstrates leaping using a mature pattern. (E1.1.3)
- Demonstrates the ability to recognize the concept of open spaces in a movement context. (S2.E1.3)
- Demonstrates a combination of shapes, levels and pathways into simple travel, dance, and gymnastics sequences. (S2.E2.2)
- Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher. (S2.E3.3)
- Demonstrates the ability to practice skills with minimal teacher prompting. (S4.E1.2)
- Demonstrates the ability to accept specific corrective feedback from the teacher. (S4.E3.2)
- Demonstrates the ability to accept and implement specific corrective feedback from the teacher. (S4.E3.3)
- Demonstrates the ability to work independently with others in partner environments. (S4.E4.2)
- Demonstrates the ability to acknowledge that some physical activities are challenging or difficult. (S5.E2.K)
- Demonstrates the ability to discuss the challenge that comes with learning a new physical activity (S5.E2.3)

Madison Public Schools Profile of a Graduate

- Self-Awareness: Examining current performance critically to identify steps/ strategies to persist. (POG.4.1)

Transfer

Students will be able to independently use their learning to...
T1 Demonstrate improved physical performance in skills and movement patterns.

Meaning

Understanding(s)

Students will understand that...
U1 There are a variety of locomotor/non-locomotor movement patterns used for traveling and body manipulation.
U2 it is good practice to accept feedback and use it to improve your skills.
U3 practicing a skill is necessary to learn and improve.

Essential Question(s)

Students will keep considering...
Q1 What cues am I using to practice my locomotor movements?
Q2 What have I learned from this activity and what would I change to improve for next time?

Acquisition of Knowledge and Skill

Knowledge

Students will know...
K1 Space Awareness: evaluating where there is open space and moving toward there
K2 Spatial Relationships: position oneself in relation to someone or something else
K3 Locomotor movements: with increased proficiency walk, run, jump, skip, hop, leap, gallop, slide while traveling
K4 Movement concepts: speed, levels, and pathways while traveling
K5 Feedback on spatial awareness and locomotor skills

Skill(s)

Students will be skilled at...
S1 identifying and maintain personal space while traveling.
S2 sharing space with others in a safe and responsible way.
S3 identifying the boundaries of a space and position my body in relation to the boundaries.
S4 independently performing and changing locomotor skills while traveling in space.
S5 traveling at different speeds, levels and pathways on command.
S6 listening respectfully to corrective feedback from the teacher and implement the feedback to improve their performance.