

WESTERLY PUBLIC SCHOOLS
23 Highland Avenue
Westerly, RI 02891
Health & Wellness Sub-Committee Meeting
January 9, 2024

4:30 PM

MINUTES

1. Call to Order
L. Wycall called the meeting to order at 4:30 p.m. Present in addition to L. Wycall were A. Storey, D. Bowdy, A. Goethals, J. Perrin, K. Ploettner, A. Gervasini, K. Wetherhill, S. Scott, B. Horton and K. Wagner.
2. Approval of Minutes from 3-7-23
A. Storey made a motion to approve the minutes, seconded by J. Perrin. The motion passed unanimously.
3. Public Comment
None
4. Food Service Report
M. Herard was not able to attend the meeting, however, she provided a report in which L. Wycall reviewed. The report highlighted scratch cooking and promotional items available at each of the schools.
5. Student Report
A. Storey explained that both student representatives have graduated, and that we have identified a couple of students who are interested in serving on the subcommittee. They will be attending the next meeting.
6. Old Business
7. New Business
 - a. Community Mental Health Forums
D. Bowdy and B. Horton spoke on the Westerly Mental Health Resource Center and briefly described the intent and goals of the center.
 - b. Review of RI Health Ed Framework
A. Storey and S. Scott discussed professional development opportunities that the PE/Health teachers have been attending. This will help to ensure that our curriculum is aligned with the new framework. Discussion ensued.

c. Project AWARE Grant Update

K. Wagner reported on the following: Nathan Bruno Act, Signs of Suicide training and screening programs. She reviewed the work they've done throughout the past couple of years and new areas of focus which include staff wellness and better supporting students returning from medical leave.

B. Horton discussed wrap around services and networking with local providers and organizations to coordinate services and opportunities for Westerly families.

Discussion ensued regarding mental health and how best to support our community. This topic will be further discussed by the School Committee and Town Council.

7. Future Agenda Items

Mental health discussion

8. Other

Future meeting dates will be March 5th and May 7th.

9. Adjournment

A. Storey made a motion to adjourn the meeting at 5:30 p.m., seconded by A. Goethals. The motion passed unanimously.

Respectfully submitted,

Lori Wycall, Chair
Health & Wellness Subcommittee