



Grade 1 PE Unit 2 - Manipulatives

Unit Focus

Students will continue to explore and develop eye-hand and eye-foot coordination through many different activities. Lessons will include developing proper form and tracking the ball by engaging in activities that require striking with hands, feet, and implements as well as throwing and catching.

Emphasis will be placed on developing tracking skills that were explored in kindergarten as well as tracking skills with a partner. (using the oppositional form when striking and throwing to improve control and developing accuracy.)

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
Healthy and Balanced Living Curriculum Framework Physical Education K-5 • Dribbling with feet: Demonstrates dribbling the ball with the inside of the foot while moving in general space. (E1.7.1b) • Demonstrates kicking a stationary ball from a stationary position using two of the five critical elements of a mature pattern. (E1.8. Ka) • Demonstrates approaching a moving ball and kicking it forward using two of the five critical elements of a mature pattern. (E1.8.1) • Demonstrates differences between fast and slow speeds. (S2.E3.1a) • Differentiates between strong and light force. (S2.E3.1b) • Demonstrates the ability to accept personal responsibility by using equipment and space appropriately (S4.E1.1) • Demonstrates the ability to respond appropriately to general feedback from the teacher. (S4.E3.1) • Demonstrates the ability to work independently with others in a variety of class environments (e.g., small and large groups). (S4.E4.1) • Demonstrates the ability to exhibit the established protocols for class activities. (S4.E5.1) • Demonstrates the ability to follow teacher directions for safe participation and proper use of equipment without teacher reminders. (S4.E6.1) • Demonstrates the ability to recognize that challenge in physical activities can lead to success (S5.E2.1) Madison Public Schools Profile of a Graduate • Analyzing: Examining information/data/ evidence from multiple sources to identify possible underlying assumptions, patterns, and relationships in order to make inferences. (POG.1.2)	<i>Students will be able to independently use their learning to...</i> T1 Demonstrate improved physical performance in skills and movement patterns.	
	Meaning	
	Understanding(s)	Essential Question(s)
	<i>Students will understand that...</i> U1 The way I use my body affects how the object will move. U2 listening to and using feedback during practice is essential to improving skills.	<i>Students will keep considering...</i> Q1 What am I focusing on as I am making an object move? Q2 What have I learned from this activity and what would I change to improve for next time?
	Acquisition of Knowledge and Skill	
	Knowledge	Skill(s)
	<i>Students will know...</i> K1 watching the ball helps to know where it's going so you can catch it. K2 following through when moving an object helps to move it in one direction. K3 tracking an object means you analyze the patterns of movement and move your eyes with the object and move your body toward it.	<i>Students will be skilled at...</i> S1 moving a ball or object toward a target or direction S2 tracking an object as it moves through space in order to try to catch it. S3 approaching and following through when moving or striking an object or ball toward a target or direction.

Stage 1: Desired Results - Key Understandings

	K4 maintaining your personal space and that of others is respectful behavior and important for safety when engaging in physical activity. K5 respectful behavior includes treating other people kindly, being encouraging, and "whole body listening". K6 whole body listening is when you show a person you are listening with your facial and body expressions, such as not talking when they are talking, making eye contact and nodding your head when you understand.	S4 analyzing patterns of movement of an object in order to track its trajectory and move toward it to catch it. S5 practicing using feedback from the teacher. S6 listening respectfully to corrective feedback from the teacher. S7 using equipment and share space with others in a safe and responsible way.
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