



Kindergarten PE Unit 2 - Manipulatives

Unit Focus

In this unit, students will explore activities that help them develop eye-hand and eye-foot coordination with various equipment. Activities will include striking with hands and feet, and using implements as well as throwing and catching. Emphasis will be placed on keeping eyes on the ball to develop tracking ability and practicing the proper form for control.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
Healthy and Balanced Living Curriculum Framework Physical Education K-5 <ul style="list-style-type: none">Dribbling with feet: Demonstrates dribbling the ball using the inside of the foot moving the ball forward. (E1.7. Kb)Demonstrates kicking a stationary ball from a stationary position using two of the five critical elements of a mature pattern. (E1.8. Ka)Demonstrates approaching a stationary ball and kicking it forward using two of the five critical elements of a mature pattern. (E1.8. Kb)Demonstrates underhand volleying in self space with a lightweight object with hands sending it upward. (E1.9.K)Demonstrates striking using a light-weight object with a short-handled implement while controlling consecutive hits in self space. (E1.10.K)Demonstrates the ability to follow directions in group settings (e.g., safe behaviors, following rules, taking turns). (S4.E1.K)Demonstrates the ability to acknowledge responsibility for behavior when prompted. (S4.E2.K)Demonstrates the ability to follow instruction and directions when prompted. (S4.E3.K)Demonstrates the ability to share equipment and space with others (S4.E4.K)Demonstrates the ability to recognize the established protocol for class activities (S4.E5.K)Demonstrates the ability to follow teacher directions for safe participation and proper use of equipment with minimal reminders. (S4.E6.K)Demonstrates the ability to acknowledge that some physical activities are challenging or difficult. (S5.E2.K)	<i>Students will be able to independently use their learning to...</i> T1 Demonstrate improved physical performance in skills and movement patterns.	
	Meaning	
	Understanding(s)	Essential Question(s)
	<i>Students will understand that...</i> U1 The way I use my body affects how the object will move. U2 listening to and using feedback during practice is essential to improving skills.	<i>Students will keep considering...</i> Q1 What am I focusing on as I am making an object move? Q2 What have I learned from this activity and what would I change to improve for next time?
	Acquisition of Knowledge and Skill	
	Knowledge	Skill(s)
	<i>Students will know...</i> K1 watching the ball helps to know where it's going so you can catch it. K2 Moving a ball toward a target or direction K3 following through when moving an object helps to move it in one direction. K4 respectful behavior includes treating other people kindly, being encouraging, and "whole body listening". K5 whole body listening is when you show a person you are listening with your facial and body expressions, such as not talking when they are talking.	<i>Students will be skilled at...</i> S1 moving a ball or object toward a target or direction S2 following through when I move an object. S3 practicing using feedback from the teacher. S4 listening respectfully to corrective feedback from the teacher. S5 using equipment and share space with others in a safe and responsible way.

Stage 1: Desired Results - Key Understandings

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- Analyzing: Examining information/data/ evidence from multiple sources to identify possible underlying assumptions, patterns, and relationships in order to make inferences. (POG.1.2)

making eye contact and nodding your head when you understand.
K6 an implement is something that is not part of your body but is used to move an object through space.
K7 maintaining your personal space and that of others is respectful behavior and important for safety when engaging in physical activity.