

IHS 2024 Volleyball Calendar

Head Coach: Alex Nottingham

Varsity Assistant: Ali Compton

JV: TBT

C-Team: Jordan Chong

May 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 First Day of summer Ball Practice 3:30- 6:30 | 30 | 31 Summer Ball Practice 3:30-6:30 | |
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June 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---------|--|----------|---|----------|
| | | | | | | 1 |
| 2 | 3 Summer Ball Practice 3:30-6:30 | 4 | 5 Summer Ball Practice 3:30-6:30 | 6 | 7 Summer Ball Practice 3:30-6:30 | 8 |
| 9 | 10 Summer Ball Practice 3:30-6:30 | 11 | 12 Summer Ball Practice 3:30-6:30 Outside Practice! | 13 | 14 Summer Ball Practice 3:30-6:30 | 15 |
| 16 | 17 Summer Ball Practice 3:30-6:30 | 18 | 19 Summer Ball Practice 3:30-6:30 | 20 | 21 Summer Ball Practice 3:30-6:30 | 22 |
| 23 | 24 Summer Ball Practice 3:30-6:30 | 25 | 26 Last Summer Ball Practice 3:30-6:30 | 27 | 28 | 29 |
| 30 | | | | | | |

July 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |
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August 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 First Day of 2024 IHS Volleyball Season First Day of tryouts 1-6pm | 27 Second Day of Tryouts 1-6pm (Varsity will be chosen at the end of the day) | 28 Varsity first practice 12-4pm Third Day of tryouts 1-6pm | 29 Varsity Practice 3:30-7:30pm First JV & C-Team Practice 3:30-7:30pm | 30 Varsity Practice 3:30-7:30 JV & C-Team Practice 3:30-7:30pm | 31 Varsity Team Bonding event No JV & C-Team Practice |

September 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|------------------------------------|---|---|---|---|--|
| 1 | 2 No practice Labor Day Weekend | 3 Varsity Practice Weights 3:30-7:30 JV & C-Team Practice 3:30-6:30 | 4 Varsity Practice Class 3:30-7:30 JV & C-Team Practice 3:30-6:30 | 5 Varsity Practice Weights 3:30-7:30 JV & C-Team Practice 3:30-6:30 | 6 Varsity Practice Class 3:30-7:30 JV & C-Team Practice 3:30-6:30 | 7 Varsity Practice 2-5pm Varsity Lock in Team Skits |
| 8 | 9 First Match Vs. Bothell | 10 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 11 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 12 @ Mountlake Teres | 13 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 14 Varsity Tournament Monroe High School First Home Football Game |
| 15 | 16 @ Hazen | 17 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 18 Vs. Juanita | 19 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 20 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 21 No Practice |
| 22 | 23 @ Mercer Island | 24 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 25 Vs. Woodinville | 26 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 27 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 28 JV Tournament Monroe High School No Varsity Practice |
| 29 | 30 @ Redmond | | | | | |

October 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|----------------------------------|--|--|--|--|--|
| | | 1 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 2 Vs. Sammamish | 3 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 4 No Practice Football Game | 5 Varsity Practice 9-12am |
| 6 | 7 Vs. Interlake | 8 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 9 Vs. Hazen | 10 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 11 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 12 No practice |
| 13 | 14 @ Juanita | 15 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 16 Vs. Issaquah | 17 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 18 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 19 No Practice Football Game |
| 20 | 21 @ Woodinville | 22 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 23 Vs. Redmond | 24 Varsity Practice 3:30-6:30 JV & C-Team Practice 3:30-6:30 | 25 No Practice Football Game | 26 C-Team Tournament Bothell High School Varsity Practice 9-12am |
| 27 | 28 Vs. Sultan Senior Night | 29 Varsity Practice 3:30-6:30 JV & C-Team Practice | 30 @ Interlake Last regular season match | 31 Postseason Varsity Practice 3:30-6:30 Last Practice for JV & C-Team of the season | | |

November 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|--|--|---|--|
| | | | | | 1 Postseason Varsity Practice 3:30-6:30 Last Practice for JV & C-Team of the season 3:30-6:30 | 2 Kingco Championships |
| 3 | 4 Postseason Varsity Practice 3:30-6:30 | 5 Postseason Varsity Practice 3:30-6:30 Potential Banquet 6-8pm | 6 Postseason Varsity Practice 3:30-6:30 | 7 Postseason Varsity Practice 3:30-6:30 | 8 Postseason Varsity Practice 3:30-6:30 | 9 Bi district Championships |
| 10 | 11 Postseason Varsity Practice 3:30-6:30 | 12 Postseason Varsity Practice 3:30-6:30 Potential Banquet 6-8pm | 13 Postseason Varsity Practice 3:30-6:30 | 14 Postseason Varsity Practice 3:30-6:30 | 15 Postseason Varsity Practice 3:30-6:30 | 16 2024 WIAA State Championships Yakima WA |
| 17 | 18 | 19 Potential Banquet 6-8pm | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
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December 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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