

# Fox Lane After School Hour

Fox Lane Middle School Association is proud to sponsor clubs for extra curricular challenges and extra fun! This Fall, we will offer a great mix of old and new after-school clubs! Check out these opportunities and make sure you sign up ASAP- space is limited.

The number of spots is limited and registration is on a first-come, first-served basis. The cost of each club is \$45.00 per student for 10 sessions.

Register by sending an email to [afterschoolclubs.flmsa@gmail.com](mailto:afterschoolclubs.flmsa@gmail.com) with your child(ren)'s name(s) AND the club(s) attending. We encourage parents to pay via Zelle [treasurer.flmsa@gmail.com](mailto:treasurer.flmsa@gmail.com) indicating that payment is for afterschool club(s). Cash & Check (Payable to FLMSA) payments can be coordinated with grade secretaries:

- 6th Grade - Susan Weeks (East House)
- 7th Grade - Chyrel Tarquinio (West House)
- 8th Grade - Lorraine Socorro (South House)

Please note that these FLMSA clubs are not the same as the Fox Lane Middle School District club offerings. Scholarship and payment plan opportunities are available.

AFTER SCHOOL OPPORTUNITY	DESCRIPTION OF CLUB
<p><b>Pokemon Club</b>  <b>Brian Zambrzycki</b>            Tuesdays: 10/8, 10/15, 10/29, 11/12, 11/26, 12/3, 12/10, 12/17, 1/7, 1/14             Meet in the LMC at 2:25-3:25</p>	<p>The Pokémon Club is back at FLMS! Students looking for a fun opportunity to compete, flex their strategy and reasoning skills, and dive into the wonderful world of Pokémon are in for a treat. With this program, students can enjoy the camaraderie and educational opportunities in-person on their school campus. After-School Pokémon Clubs will meet once per week for an hour. Participating students have access to tools to learn how to play the Pokémon Trading Card Game, episodes of Pokémon the Series to watch, and other fun activities and resources. This club offers an engaging and inclusive space for kids to unleash their inner Pokémon Master and connect with fellow trainers in their community.</p> <p><b>Minimum 10 students - Maximum 20 students.</b></p>
<p><b>Cookies &amp; Conversation about Books</b>  <b>Linda Cohen</b>            Mondays: 10/7, 10/21, 10/28, 11/4, 11/18, 11/25, 12/2, 12/9, 12/16, 1/6             Meet in the LMC at 2:25-3:25</p>	<p>Enjoy homemade cookies and conversation as we discuss thoughts about new books being published, books we've previously read, and make recommendations to others about possible titles to explore! Book trailers, book talks, and first chapter read alouds will get everyone excited about what to read next!</p> <p><b>Minimum 15 students - Maximum 20 students.</b></p>

<b>Foxes Care</b>	<p>Students will learn about the benefits of volunteer work within the school and local community. Peers will work together and create meaningful volunteer opportunities and put their ideas into action. Students will develop skills in organization, team building, and kindness. Let's make a positive impact and show that Foxes Care!</p> <p><b>Minimum 10 students - Maximum 20 students.</b></p>
<b>Lori Lenczewski</b>	
<p>Tuesdays: 10/8, 10/15, 10/22, 10/29, 11/12, 11/19, 11/26, 12/3, 12/10, 12/17</p> <p>Location TBD at 2:25-3:25</p>	
<b>Mindful Mondays</b>	<p>Join us every Monday for the Mindful Wellness Club, where we explore fun and relaxing ways to calm both our minds and bodies! In this club, we'll learn strategies like yoga, breathing techniques, and mindfulness exercises to help us manage stress, stay focused, and feel more confident. We'll also get creative by making tools like stress balls or calm jars that we can use at home or school to stay relaxed and ready for whatever comes next—whether it's learning, playing sports, or expressing ourselves through art. This is a great way to start your week feeling centered, refreshed, and ready to take on new challenges!</p> <p><b>Minimum 10 students - Maximum 20 students.</b></p>
<b>Monica Peterson</b>	
<p>Mondays: 10/7, 10/21, 10/28, 11/4, 11/18, 11/25, 12/2, 12/9, 12/16, 1/6</p> <p>Meet in East 207 at 2:25-3:25</p>	