

JUNE 2024

PRESTON PUBLIC SCHOOLS



ADDITIONAL CHOICES AVAILABLE DAILY. CHOICES ARE PB&J, TURKEY SANDWICH, CHEF SALAD OR CHEF'S SPECIAL. BREAD OFFERINGS ARE WHOLE GRAIN. MILK OFFERINGS ARE 1% WHITE OR FAT FREE FLAVORED. MILK IS OFFERED AT EVERY MEAL.



Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 22.



MONDAY

BREAKFAST IS FREE FOR EVERYONE!!!
LUNCHES:
CHILD- \$3.75
ADULT- \$4.00

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER 2023

CHICKEN PATTY
FRENCH FRIES
CORN
APPLESAUCE
MILK

3

BEEF NACHOS
BEANS & CORN
PEARS
MILK

4

HOT DOG
CHIPS
CARROTS
WATERMELON
MILK

5

CHEESEBURGERS
FRENCH FRIES
BROCCOLI
ORANGES
MILK

6

PIZZA
TOSSED SALAD
STRAWBERRIES
MILK

7

CHICKEN NUGGETS
FRENCH FRIES
CORN
APPLESAUCE
MILK

10

PORK RIBLETS
BEANS & CORN
PEARS
MILK

11

CHEESEBURGERS
FRENCH FRIES
BROCCOLI
ORANGES
MILK

12

FISH STICKS
FRIES
CARROTS
PEACHES & MILK

13

PIZZA
TOSSED SALAD
STRAWBERRIES
MILK

14

17

18

19

20

21

24

25

26

27

28