

Local and Regional



Resources for Families

- **About Special Kids (ASK):** Indiana's Parent to Parent organization that works throughout the state to give support, answer questions and provide information and resources to families of children with special needs. <http://www.aboutspecialkids.org/>
- **ARC of Indiana:** For People with Intellectual and Developmental Disabilities <https://www.arcind.org/> •
- Down Syndrome Indiana:** Indiana programs and services www.dsindiana.org/aboutus.php
- **Indiana Council of Community Mental Health Centers:** The Indiana Council of Community Mental Health Centers (Indiana Council) is a nonprofit, professional trade association representing all certified community mental health providers across the state. <https://indianacouncil.org/providers>
- **Hands in Autism Interdisciplinary Training and Resource Center:** <https://handsinautism.iupui.edu>
 - **Hands in Autism Quick Start for Caregivers and Families:** Information on trainings, workshops, webinars, etc. <https://handsinautism.iupui.edu/families.html#.Wxx6zopKhKA>
 - **Hands in Autism Local Community Cadres:** Community networks of families and professionals invested in serving individuals affected by Autism Spectrum Disorder and other developmental disabilities <https://handsinautism.iupui.edu/lcc.html#.Wxx7hopKhKA>
- **Indiana Institute on Disability and Community:** <https://www.iidc.indiana.edu/> •
- Indiana Resource Center for Autism:** <https://www.iidc.indiana.edu/pages/support>
- **IN-Source (Indiana Resource Center for families with Special Needs):** Special education parent support www.insource.org
- **Indiana Family Helpline** at (855) 453-7178: Address questions relating to social service
- **Indiana Fathers & Families:** Resources to support fathers' emotional/financial involvement in their children's lives

- **Healthy Indiana Plan (HIP)**: *For uninsured Hoosier adults between the ages of 19 – 64, affordable health insurance program*
- **Big Brothers Big Sisters**: *Helping children through supported, one-to-one relationships* ○
 - Central Indiana: <https://www.bbbssi.org/>
 - South Central Indiana: [Bigsindiana.org](https://www.bigsindiana.org)
 - Northeast Indiana: <https://www.bbbsnei.org>
 - Southeast Indiana: <https://www.bbbssi.org>
Locate an Agency in your area; one-to-one mentoring to better help kids
 - **Boys and Girls Clubs of America**: *Club locations in all 50 states; promotes/enhances kid's development*