

Summer Eats

July Cold Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cereal 1 ea. Asst. Juice 4oz 1/2 cup equiv. Asst. Milk 8oz	2 Nutrigrain Breakfast Bar 1ea. Asst. Juice 4oz 1/2 cup equiv. Asst. Milk 8oz	3 Cereal 1ea. Banana 1 ea. 1/2cup equiv. Asst. Milk 8oz	4	5
8 Cereal 1ea. Asst. Juice 4oz 1/2 cup equiv. Asst. Milk 8oz	9 Nutrigrain Breakfast Bar 1 ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	10 Cereal 1ea. Banana 1ea. 1/2cup equiv. Asst. Milk 8oz	11 Cinnamon Roll 1ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	12 Nutrigrain Breakfast Bar 1ea. Fresh Whole Apple 1ea. Asst. Milk 8oz
15 Cereal 1ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	16 Nutrigrain Breakfast Bar 1ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	17 Cereal 1ea. Banana 1ea. 1/2cup equiv. Asst. Milk 8oz	18 Cinnamon Roll 1ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	19 Nutrigrain Breakfast Bar 1ea. Fresh Whole Apple 1ea. Asst. Milk 8oz
22 Cereal 1 ea. Asst. Juice 4oz 1/2 cup equiv. Asst. Milk 8oz	23 Nutrigrain Breakfast Bar 1ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	24 Cereal 1ea. Banana 1ea. 1/2cup equiv. Asst Milk 8oz	25 Cinnamon Roll 1ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	26 Breakfast Nutrigrain Bar 1ea. Fresh Whole Apple 1ea. Asst. Milk 8oz
29 Cereal 1 ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	30 Breakfast Nutrigrain Bar 1ea. Asst. Juice 4oz 1/2cup equiv. Asst. Milk 8oz	31 Cereal 1ea. Banana 1ea. 1/2cup equiv. Asst. Milk 8oz		

Milk Available
1% White &
Fat Free Milk

Menu is subject to change.
This institution is an equal opportunity provider.

