

# Monona Grove FARM TO SCHOOL

Last Day of School is  
Thursday, June 6th  
**BUT**  
Farm to School activities  
will continue over the  
summer!

keep reading  
to learn more!

## What is Farm to School?

- Encouraging healthy eating choices with educational activities for students and families
- Improving the school food environment
- Building stronger communities by increasing community involvement and connecting with local farms and businesses

## Summer Activities

- classroom & garden time with 3-5th summer school
- Cucumber Crunch in July with summer school students and staff
- weeding, watering, and growing in the school gardens
- planning for the next school year
- community and garden events.. **more info to come!**

Check out the last  
page if you are  
interested in helping!

## School Nutrition Updates

The School Nutrition Team will not be menu-ing Harvest of the Month or local produce on Thursdays in June.



However...

Local yogurt from Klondike (Monroe, WI) will be offered at School Breakfast daily until the last day of school!

What local foods would you like to see at school next year??





# This School Year : What to Look Back On

Encourage your teachers to get us into their class next school year!

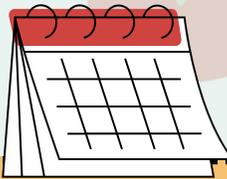
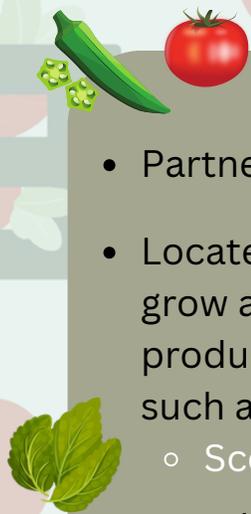
## Farm to School in the Classroom

In May, some of our 1st and 3rd Grade students learned about MyPlate Food Groups, plant parts & what plants need to grow, and made a smoothie to taste test!



## Farmer Interactions

- Partnership with local organic producers: **Forty Acre Farms**
- Located at **Troy Farms** in Northeast Madison, Sei & Mel grow a variety of traditional West African and Caribbean produce to **increase cultural variety in our community** such as:
  - Scotch Bonnet peppers, callaloo, garden eggs, okra
- as well as vegetables native to Wisconsin
  - garlic, tomatoes, squash, cabbage, zucchini



## May Activities Recap

Classroom Seed Planting at Winnequah

Classroom Seed Planting at Cottage Grove

School garden Planting at Winnequah

Garden Clean Up & Planting at Taylor Prairie

Classroom Seed Planting at Granite Ridge

WI School Garden Day

Taste Testing at Taylor Prairie

Food Waste Study at Winnequah

Check out the events at Troy Farm, a *Rooted* project, and other urban farming opportunities here!



# This School Year : What to Look Back On



Garden Clean Up  
& Planting at  
Taylor Prairie



Classroom  
Seed Planting  
at Granite Ridge



At the end of the school year we will take the cabbage and tomato seedlings from Granite Ridge and Cottage Grove Schools to Troy Farms where Sei & Mel will continue the growing process!



Classroom  
Seed Planting  
at Winnequah



Taste Testing  
at Taylor  
Prairie



4K classes prepped and tasted \*Tabouli with locally grown cucumbers and herbs picked from the school garden!

Check out the [recipe here!](#)

\*What is Tabouli? (also Tabbouleh)

It is an Eastern Mediterranean salad with fresh herbs, veggies, and bulgar!





# This School Year : What to Look Back On

On Wisconsin School Garden Day we transplanted seedlings into the Winnequah School Garden with participating K-5 classes!



What did we plant?  
a variety of flowers around the garden space & cucumbers, kale, tomatoes, herbs, onions, peppers AND MORE in the garden beds!

Here are some of our Kindergarteners planting!



School garden  
Planting at  
Winnequah



Have an idea for Farm to School activities or want to get involved?  
Contact: [farmtoschool@mgschools.net](mailto:farmtoschool@mgschools.net)



# What to Look Forward To This Summer

Always free  
of charge!

All students, families,  
and community  
members can enjoy  
produce from any of our  
school gardens!  
Stop by anytime to pick!

## Garden Volunteers

**WE NEED YOU!**

Are you interested in helping maintain and water our school gardens are Winnequah Elementary School, Taylor Prairie Elementary School, or Glacial Dumlin Middle School??

Contact us today to help connect you with the garden teams!

[farmtoschool@mgschools.net](mailto:farmtoschool@mgschools.net)



## Farmer's Markets in Madison & Surrounding Areas

(click on the titles below!)

- [Cottage Grove Farmers' Market](#) | Doundrins Distilling | Tuesdays 4-7 pm
- [Dane County Farmers Market](#) | on the Capitol Square | Saturdays 6:15am -1:45pm
- [Eastside Farmers Market](#) | McPike park, 202 S Ingersoll St | Tuesdays 4pm-7pm
- [Monona Farmers Market](#) | Ahuska Park | Sundays 8:30am-12:30pm
- [Monroe Street Farmers Market](#) | Edgewood College Parking lot | Sundays 9am-1pm

Check out the list below for more opportunities & FoodShare eligibility:  
<https://www.cityofmadison.com/live-work/neighborhoods/farmers-markets>

Thank you for reading the June 2024 Farm to School Newsletter!

Kori & Inez

