

# JUNE 2024

## Marshfield School District

### LUNCH



**School Information:**  
Marshfield High School



**Nutrition Tip:** Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 22.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



3

4

5

6

7

10

11

12

13

14

Cheese Pizza  
Fresh Apple  
Fruit & Vegetable Juice  
1% Milk

17

Chicken Quesadilla  
Craisins  
*Farm Fresh Kohlrabi*  
1% Milk

18

Cheesy Breadsticks w/  
Marinara Sauce  
Peaches & Carrots  
1% Milk

19

Chicken Tenders  
Orange Wedges  
Fresh Pepper Sticks  
1% Milk

20

Uncrustable Sandwich  
w/ Chips  
Fresh Apple, Carrots &  
1% Milk

21

Pepperoni Pizza  
Fresh Apple  
Fruit & Vegetable Juice  
1% Milk

24

Mini Corn Dogs  
Craisins  
*Farm Fresh Turnips*  
1% Milk

25

Grilled Cheese  
Sandwich  
Apple Slices & Carrots  
1% Milk

26

Chicken Nuggets  
Orange Wedges  
Fresh Celery Sticks  
1% Milk

27

Uncrustable Sandwich  
w/ Chips  
Fresh Apple, Carrots &  
1% Milk

28