

JUNE 2024

Marshfield School District

BREAKFAST



School Information:
Grant Elementary School



June is National Dairy Month! Complete your meal with a cup of fat-free or low-fat milk. You will get the same amount of calcium and other essential nutrients as whole milk but fewer calories. Don't drink milk? Try a soy beverage (soymilk) as your drink or include low-fat yogurt in your meal or snack.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3

4

5

6

7

10

11

12

13

14

Whole Grain Cereal
Fruit Cup
Milk

17

Whole Grain Muffin
Apple Slices
Milk

18

Yogurt with
Cinnamon Crackers
100% Fruit Juice
Milk

19

Oatmeal Bar
String Cheese
Applesauce
Milk

20

Cereal Bar
100% Fruit Juice
Milk

21

Whole Grain Cereal
Fruit Cup
Milk

24

Whole Grain Muffin
Apple Slices
Milk

25

Yogurt with
Cinnamon Crackers
100% Fruit Juice
Milk

26

Oatmeal Bar
String Cheese
Applesauce
Milk

27

Mini Bagels
100% Fruit Juice
Milk

28