



Self-Expression Teachable Moments

Below are some tips to continue the learning at home and encourage your child to improve their Problem Solving skills. For more information, please ask your SPARK! 4 Kids teacher for more support!

1. Allow opportunities for children to test their ideas.

- Be flexible with schedules to nurture your children's spontaneity and curiosity. Give your children plenty of time to make decisions, play, and reflect on their discoveries.

2. Encourage your children to reach the next level.

- Talk to them about their ideas and encourage them to describe how they feel about their innovations and accomplishments.

3. Be a good listener.

- Give your children your full attention as they express their feelings and ideas. Share their excitement. Write down their comments for documentation.

4. Share books that show characters expressing themselves in various ways.

- In the book *The Squiggle* by Carole Lexa Schaefer, a creative little girl models for her classmates all the exciting things she can do with a piece of yarn. Some other books are *Tacky the Penguin* by Helen Lester, *It's Okay to BE Different* by Todd Parr, *Ish* by Peter H. Reynolds and *Giraffes Can't Dance* by Giles Andreae. See if your children are interested in sharing what they can do!



Adapted from Scholastic

