

EFFECTOS DEL VAPEO

CEREBRO

- Adicción
- Mayor ansiedad
- Trastornos del estado de ánimo
- Afectación del aprendizaje y la memoria
- Mayor hiperactividad
- Menor control de los impulsos

PULMONES

- Broncoespasmo
- Dificultad para respirar
- Tos

SANGRE

- Mayor tendencia a la formación de coágulos

SISTEMA NERVIOSO CENTRAL

- Ligero aturdimiento
- Dolor de cabeza
- Irritabilidad
- Mareos

MÚSCULOS

- Dolor

CORAZÓN

- Aumento o disminución de la frecuencia cardíaca
- Aumento de la presión arterial
- Más (o menos) arritmias
- Espasmo de la arteria coronaria

APARATO DIGESTIVO

- Náuseas
- Boca seca
- Diarrea
- Acidez estomacal

ARTICULACIONES

- Dolor

Fuentes citadas

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"Electronic Cigarettes (E-cigarettes)." National Drug Institute on Drug Abuse, June 2018

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"Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults." Centers for Disease Control and Prevention, 11 March 2019

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