

# January

# 2021



## WORDS OF THE WEEK



You gotta nourish to flourish!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>WELCOME to 2021!</b> We begin the new year with a focus on our <b>bodies and healthy practices</b>. Use core words this month to talk about parts of the body, how they work and what keeps them going strong. Personal hygiene and grooming are key elements in taking care of our bodies. Have <b>FUN</b> as we thrive and grow in 2021!</p>					1	2
3	<p><b>PUT</b> 4</p> <p>Put it down on paper. Write your <a href="#">healthy goals</a>.</p>	<p><b>SAME</b> 5</p> <p>Watch the <a href="#">video</a> and practice "same". Can you find "same"?</p>	<p><b>ALL</b> 6</p> <p>All the <a href="#">parts of our body</a> are important.</p>	<p><b>SOME</b> 7</p> <p>List some of <a href="#">your healthy habits</a>. Practice at home!</p>	<p><b>BOOKS</b> 8</p> <p>*<a href="#">Healthy Foods</a> *<a href="#">Bones</a> *<a href="#">Health Habits</a></p>	9
10	<p><b>IT</b> 11</p> <p>What can it do? A hand, a foot, a nose? <a href="#">Play Simon Says</a></p>	<p><b>HERE</b> 12</p> <p>Talk about places to get healthy. <a href="#">Go here!</a></p>	<p><b>WHERE</b> 13</p> <p><a href="#">Where do you wear...?</a> Practice combining 3 words.</p>	<p><b>WHAT</b> 14</p> <p><a href="#">Play a game</a> to learn about the body.</p>	<p><b>Winter Fun!</b> 15</p> <p>*<a href="#">White Playdoh</a> *<a href="#">Snowflakes</a> *<a href="#">Fine Motor Snowflakes</a></p>	16
17	<p><b>IN</b> 18</p> <p><a href="#">Fuel the body</a>. What goes in?</p>	<p><b>ON</b> 19</p> <p>What do we put on for <a href="#">healthy skin</a>?</p>	<p><b>WHY</b> 20</p> <p>Share your ideas: why is this important?</p>	<p><b>WHO</b> 21</p> <p>Talk about <a href="#">Community helpers</a> that take care of us.</p>	<p><b>IDEAS</b> 22</p> <p>*<a href="#">Low Sugar Snacks</a> *<a href="#">Flashcards</a></p>	23
24	<p><b>CAN</b> 25</p> <p>What can we do to be <a href="#">healthy</a>?</p>	<p><b>FINISHED</b> 26</p> <p>How do I know I am finished? *<a href="#">Wash Hands</a> *<a href="#">Brush Teeth</a></p>	<p><b>WHEN</b> 27</p> <p>When to <a href="#">practice hygiene</a>?</p>	<p><b>STOP</b> 28</p> <p>Have your student <a href="#">STOP</a> you to ask a question during reading.</p>	<p><a href="#">Word Finder</a> 29</p> <p>Winter Snowman Freeze</p>	30
31						

WORD BANK

