



Hearing Aid *checklist*



In the Morning

- Check the batteries with a battery tester to ensure a full charge. Replace if necessary.
- Check the earmold and clean any wax/dirt from the opening.
- Listen to the hearing aid using a stethoset to be sure the sound is clear.
 - If possible, use a filter when listening to powerful hearing aids or listen while making a kink in the tubing.
- Insert the earmold in the child's ear.
 - You may need lubricant to help with insertion.
 - If the earmolds are getting small, you may need to use ear cream to help reduce whistling and help with retention.
- Perform the Ling test (*ah, ee, oo, s, sh, m*) with a silence prompt. Note any changes from the child's typical response.

At Bedtime



- Gently remove the hearing aid and earmold without pulling on the tubing.
- Place the hearing aid in the dehumidifier.
 - Do this every night and immediately if the hearing aid gets wet (from water or sweat).
 - You can leave the batteries in the hearing aid while in the dehumidifier.
 - The battery door should remain open.
 - Note the color of the crystals in the portable dehumidifier and reactivate them in the oven or microwave (if instructions provided).



Important Tips

- The goal is to wear the hearing aid(s) all waking hours except for any time it may submerge in water (e.g., swimming, bathing, in heavy rain).
- Once a week, remove the earmold from the hearing aid and wash it. Use warm water and dish soap. Rinse and dry thoroughly.
 - Do this more often if you notice a lot of waxy buildup.
 - Dry the earmold on a paper towel. Or use an air blower to clean the tubing, then put it in the dehumidifier.
- Do not use alcohol-based wipes on the earmold.
- Be aware that moisture/humidity can damage a hearing aid.
 - Use a dehumidifier as necessary to dry the device.
- Remember: Batteries, earmolds and hearing aids are a choking hazard. Batteries are toxic.
 - When not in use, keep batteries, hearing aids, and earmolds away from young children and pets.
 - Immediately contact the poison control number below.

TOLL-FREE POISON CONTROL HOTLINE

1.800.222.1222

*From the CID online early intervention self-study course,
"Early Intervention: Guiding Parents Toward Full-Time Device Use"*