

Ellington Youth Services

SEASONAL NEWSLETTER



About

ADDRESS:

31 Arbor Way, P.O. Box 187
Ellington CT, 06029

OFFICE HOURS:

Monday 8:00am-6:30pm
Tuesday- Thursday
8:00am-4:30pm
Friday CLOSED

PHONE:

(860)-870-3130

WEBSITE:

youth.ellington-ct.gov



Staff

KRISTEN HARP

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YOU ARE NOT ALONE

Ellington Youth Services (EYS) serves the children, and the ones that serve children, year round.

Please reach out this summer!

We provide individuals with support for issues that directly affect their ability to live a life of health, healing, and hope. We are committed to offering effective, empathetic services that promote meaningful change.



Join our mailing list!

By postal, email, or both!

We WILL NOT spam you. You will receive seasonal updates on what EYS is offering.

TO JOIN

Click [HERE](#) or scan the QR code



Programming

Pop Ups

The dates & times listed below are reserved for classes being taught with Ellington High School student-instructors who have been working hard planning these fun programs for the Ellington youth! The potential programs will include: arts & crafts, obstacle courses, game nights, science experiments, mindful movements, scavenger hunts, theatre games, book walks, family nights, and more!

FAMILY

EVENING
(5:00–6:00pm)

Tue **July 2**
Wed **July 10**
Thu **July 18**
Tue **Aug 13**
Mon **Aug 19**

PRE-K

MORNING
(9:15–10:30am)

Mon **June 3**
Tue **June 4**
Wed **June 5**
Mon **June 17**
Tue **June 18**
Mon **July 8**
Tues **July 9**
Wed **July 10**
Mon **Aug 5**
Tue **Aug 6**
Wed **Aug 7**

K-2ND

MORNING
(10:00–11:00am)

Tue **June 25**
Thu **June 27**
Mon **July 1**
Thu **July 11**
Mon **July 15**
Thu **Aug 1**
Mon **Aug 12**
Thu **Aug 22**

AFTERNOON
(3:00–4:00pm)

Wed **July 3**
Tue **July 9**
Wed **July 17**
Tue **July 30**
Wed **Aug 14**
Tue **Aug 20**

3RD-6TH

MORNING
(10:00–11:00am)

Wed **July 3**
Tue **July 9**
Wed **July 17**
Tue **July 30**
Wed **Aug 14**
Tue **Aug 20**

AFTERNOON
(3:00–4:00pm)

Tue **June 25**
Thu **June 27**
Mon **July 1**
Thu **July 11**
Mon **July 15**
Thu **Aug 1**
Mon **Aug 12**
Thu **Aug 22**

all programs
are located at
EYS Office: 31
Arbor Way or
at Arbor Park

more
details
to come!



ALL PROGRAMS ARE NOW OPEN FOR REGISTRATION!

Programming

Safe Sitter

Safe Sitter essentials with CPR is an extensive class designed to prepare students to be safe when they are home alone, watching younger siblings, or babysitting.

June 26

9:00am - 3:00pm

EYS (31 Arbor Way)

(Bring lunch)

August 26

9:00am - 3:00pm

EYS (31 Arbor Way)

(Bring lunch)

Safe @ Home

This one day program is designed to prepare students to be safe when they are home alone.

July 8

10:00 - 11:30am

EYS (31 Arbor Way)

August 19

9:00 - 10:30am

EYS (31 Arbor Way)

School Readiness



Ready Set Kindergarten is a great program for kids to meet new friends and learn skills needed to start the new school year off right. You will sign up your child for the school they will be attending in the fall.

Crystal Lake

July 22 - 26

9:00am - 12:00pm

\$75

Center School

July 22 - 26

9:00am - 12:00pm

\$75

Windermere

August 5 - 9

9:00am - 12:00pm

\$75

location @ Crystal Lake School
due to construction

Incoming preschoolers have the chance to learn and play in the Crystal Lake School Preschool Classrooms. An EYS instructor will lead a two-hour version of a preschool day; imagine crafts, making friends, snack, routines, circle-time, etc. This is an opportunity for incoming preschoolers to learn what to expect at their first year of school!

July 22-26

9:30am - 12:00pm

\$75.00

Crystal Lake School
10 spots available

ALL PROGRAMS ARE NOW OPEN FOR REGISTRATION!

Community Outreach

The council for Developing Positive Youth Culture (DPYC), established in 1996, is an ad hoc committee with a mission to create and sustain a positive youth culture for Ellington's youth through collaboration among the community, schools, and town agencies.



To join DPYC and learn more, visit: youth.ellington-ct.gov {click DPYC button on homepage}

26.6%

youth reported having anxiety in the past year "always" or "almost always"

17.6%

youth reported ever feeling sad or hopeless

11.3%

youth reported using alcohol in their lifetime

6.7%

youth reported using marijuana/THC in their lifetime

6.9%

youth reported vaping nicotine in their lifetime

In May of 2022 students at Ellington Middle School and Ellington High School in grades 7-12 participated in the Youth Voices Count Survey on youth lifestyles, substance use, mental health, related risk and protective factors. Above are a few results from that survey.

This survey will take place again in grades 7-12 at the end of the 2024 school year. Learn about those results by following DPYC on Instagram! @ct.dpyc



EYS is excited to announce we will be doing screenings of the screenager series for Ellington Parents!

first screening on
JUNE 5TH
6:00-7:30pm
Hall Memorial Library

Screenagers is about the impact of the digital age on children and how to help them minimize harmful effects and find balance. After seeing the film, people tell us that they feel more confident and better equipped to establish balance around screen time.

Here's An Update...

Our Unified Advisor position is open, and we are dedicated to finding an individual who will continue to be the advocate, friend, expert, ally that supports families with disabilities in Ellington. The EU summer activities will be postponed, giving our staff a chance to work on this transition wholeheartedly.

  @ellingtonunified

Get involved & make a difference!

Ellington Youth Services

SUMMER POP UPS

JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Playgroup

9:15 - 10:30 AM

Toddlers - Preschoolers
parent participation required
\$10 per pop up

Mon	June 3	Tue	July 9
Tue	June 4	Wed	July 10
Wed	June 5	Mon	Aug 5
Mon	June 17	Tue	Aug 6
Tue	June 18	Wed	Aug 7
Mon	July 8		

Family

5:00 - 6:00 PM

Fun for the whole family!
\$25 per family

Tue	July 2	Family Paint Night
Thu	July 10	Family Cookie Decorating
Mon	July 18	Family Game Show
Thu	Aug 13	Family Brain Olympics
Mon	Aug 19	Family Home Decor

Register: youth.ellington-ct.gov



All programs located at
EYS office (31 Arbor Way)



(incoming)

K-2 GRADERS

\$10 - \$25 per pop up

MORNING 10:00-11:00 AM

Tue	June 25	A Rock Painting Picnic
Thu	June 27	Blooming Buddies
Mon	July 1	Fun with Bubbles
Thu	July 11	Science Makes Me Smile
Mon	July 15	4 Seasons of Sensory Fun
Thu	Aug 1	Mini Charcuterie Boards
Mon	Aug 12	Bubbles & more!
Thu	Aug 22	<i>planning in progress</i>

AFTERNOON 3:00-4:00 PM

Wed	July 3	Sunshine Fun
Tue	July 9	Home is a Garden (fairy & pixie houses)
Wed	July 17	Nature Crafty Class
Tue	July 30	Mini Scientists
Wed	Aug 14	Everything but a Brush Painting Class
Tue	Aug 20	Plant a Rainbow

(incoming)

3-6 GRADERS

\$10 - \$25 per pop up

MORNING 10:00-11:00 AM

Wed	July 3	Fun Fit Obstacle Challenge
Tue	July 9	ASL Basics
Wed	July 17	DIY Tote Bags
Tue	July 30	Capture the Flag
Wed	Aug 14	Bridge Building Competition
Tue	Aug 20	Fun with Jars

AFTERNOON 3:00-4:00 PM

Tue	June 25	Calming Self-Care Crafts
Thu	June 27	Frisbee Making
Mon	July 1	Theater Games
Thu	July 11	Shelter Building Survival Challenge
Mon	July 15	Spy for a Day
Thu	Aug 1	Outdoorsy First Aid
Mon	Aug 12	Capture the Flag
Thu	Aug 22	Jewelry Making

Register: youth.ellington-ct.gov



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