

# Software Update on the MacBook

## Introduction

Apple continuously provides software updates to the MacBook. An update is a newer version of the currently installed macOS, such as an update from macOS Monterey 12.5 to macOS Monterey 12.6. An upgrade is a new version of macOS with a new name, such as an upgrade from macOS Monterey to macOS Ventura. This quick reference guide will provide support on how to install software updates and upgrades on the MacBook.

## Getting Started

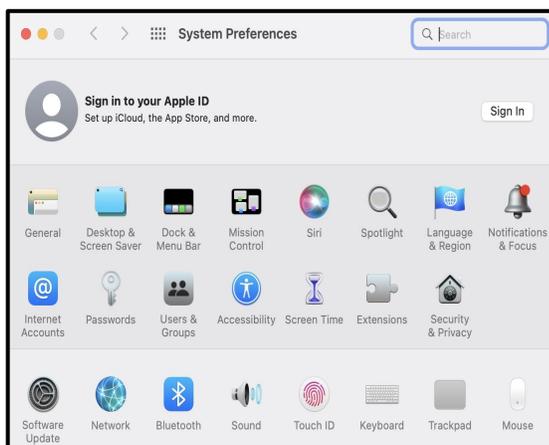
1. Click on **System Preferences (System Settings on Ventura)**. This can be located in the **Dock** or **Launchpad**.



The location of the Software Update option differs based on the current macOS version.

### macOS Monterey

The System Preferences app on macOS Monterey looks like the image below.

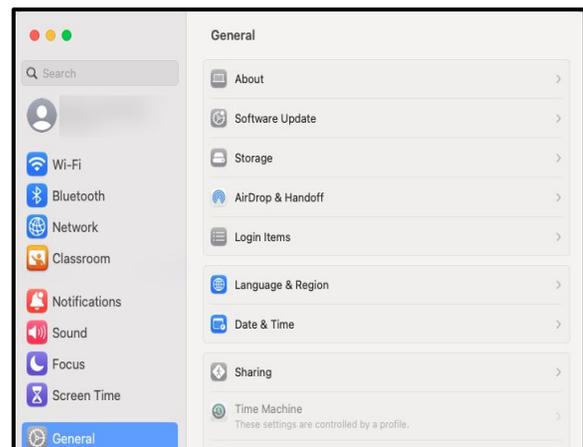


2. Click **Software Update**.



### macOS Ventura

The System Preferences app on macOS Ventura looks like the image below.



2. Click **General**.



3. Click **Software Update**.



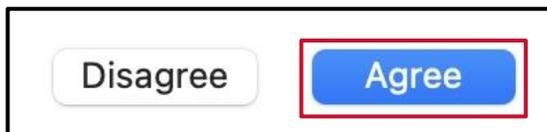
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### Upgrading the macOS

4. Click on the **Upgrade Now** button.



5. Click the blue **Agree** button on the Software License Agreement window.



6. Enter the active directory **password** used to log into the MacBook and click the **OK** button.



The download will take several minutes. The MacBook will install the system upgrade automatically.

During installation, the MacBook might show a progress bar or blank screen several times. Avoid putting it to sleep or closing the lid.