

Balancing priorities

Providing dependent care is unlike any other work or life responsibility — you're always on-duty, and there's no such thing as a deadline extension. Wouldn't it be nice to have some help?

Reach out today for resources for:

- In-the-moment support from a licensed clinician 24/7/365
- Child care, elder care and care for special needs
- Caregiver stress and work-life balance
- Support groups and community resources
- Child, adolescent and geriatric health concerns
- Child safety and senior safety
- Unexpected events and caregiving emergencies



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supportline.com
group code: [sig](#)