

# Elder care resources

The care of an older family member can be a very rewarding experience. But whether you are providing hands-on assistance, or managing care from afar, caregiving can be both challenging and stressful.

## Reach out today for resources for:

- In-the-moment support from a licensed clinician 24/7/365 phone or web
- Qualified elder care consultants available
- Community resources and assistance in your area
- Literature on caregiving, insurance and end-of-life decisions
- Referrals for in-home care providers, assisted living providers and skilled nursing facilities



Download  
the mobile  
app today



888-881-5462

[supportline.com](https://supportline.com)  
group code: [sig](#)