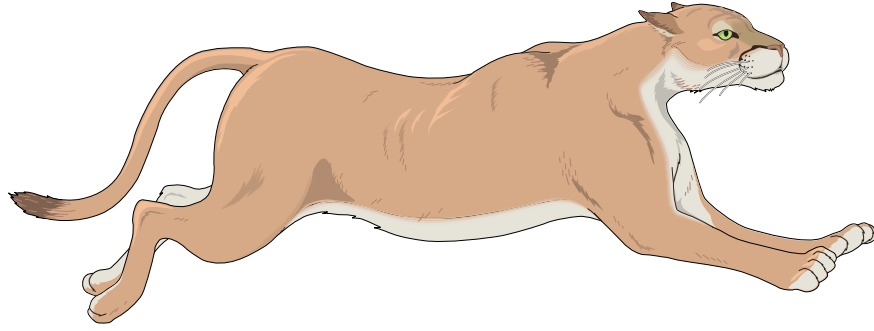


Do you like to run.....



EVEN IF YOU AREN'T BEING CHASED BY A COOG?

Join Cibola Cross Country

Summer Practice starts July 8th at the Alameda Open Space

Athlete must be cleared through DragonFly (online portal for all forms)
by August 5th

Parent creates athlete account on dragonflymax.com

Fill out all required forms

Upload physical dated April 1, 2024 or later

Upload Life of an athlete

Upload Concussion for Students

NON-CUT SPORT
TEAM DINNERS
RIVER RUNS
TEAM AND INDIVIDUAL SPORT
CREATE LIFELONG
FRIENDSHIPS & MEMORIES



FUN TEAM ENVIRONMENT
LEADERSHIP DEVELOPMENT
COMMUNITY SERVICE EVENTS
CRUSH YOUR GOALS IN A
POSITIVE TEAM ENVIRONMENT

(scan QR code to join GroupMe for team updates)

Please contact Coach Sehlmeier with any questions or concerns:
mikayla.sehlmeier@aps.edu or 505-897-0110 ext. 40014