



LOWER MORELAND TOWNSHIP SCHOOL DISTRICT

*An exemplary learning community...
committed to preparing and empowering all learners*

Helpful Hints for Qualifying Families

The Lower Moreland Township School District participates in the National School Breakfast and Lunch programs which provides breakfast and lunch at a free or reduced cost to eligible families. For the 2024/25 school year, all qualifying breakfasts for students will be free as per the provisions of the PA State Budget. Students that qualify for the free or reduced meals for the 2024-2025 school year must have a reimbursable meal each day to receive the free or reduced price; anything else will be purchased a la carte and be charged to the students' account. Please note that as per the provisions of the 2024/25 PA State Budget, students that qualify for reduced lunch will NOT be charged the reduced price thereby making their qualifying lunch free. Additionally, all qualifying breakfasts will be free for 2024/25.

- **Breakfast**

- A complete breakfast includes 2 half cups of fruit and/or juice, 2 oz. of grain/protein and 1 cup of milk.
- For a reimbursable meal, students must take at least 3 components and 1 must be a fruit and/or juice.
Reimbursable breakfast example: Plain Whole Grain Bagel, Red Delicious Apple and a Fat Free Chocolate Milk

- **Lunch**

- A complete lunch includes 2 oz. of protein, 2 oz. of grain, a half cup of fruit and/or juice, 2 half cups of vegetables and one cup of milk.
- For a reimbursable meal, students must take 3-5 items and 1 must be a vegetable, fruit or juice.
Reimbursable lunch example: Chicken Patty on a Whole Grain Bun, half cup of Steamed Broccoli, half cup of Red Grapes and a 1% White Milk.

Reminders:

- Items such as bottled water, packaged snacks, cookies, soft pretzels, extra entrees or extra fruit/vegetables over and above what is included with a reimbursable meal noted above do not qualify as items for a free or reduced meal and will be charged to the students' account.
- Any charges incurred by your student before he/she was approved for a free or reduced meal is the responsibility of the family. Please check your students' account for any of this type of information.

If you have any questions about a reimbursable meal, please feel free to contact the Food Service Director (Lance Leone at 215-938-0270 ext 6214 or lleone@lmtsd.org) or encourage your students to ask the cafeteria staff.