The Governing Board recognizes that adequate, nourishing food is essential to student health and well-being, development, and ability to learn. The Superintendent or designee shall develop strategies to increase students' access to and participation in the district's food service programs and maintain fiscal integrity of the programs in accordance with law.

Each school day, a nutritionally adequate breakfast and lunch shall be made available at no cost to any student who requests a meal, including a student enrolled in an independent study program on any school day in which the student is scheduled for in-person educational activities of two or more hours. A nutritionally adequate breakfast or lunch is one that qualifies for reimbursement under the most current meal pattern for the federal School Breakfast Program or National School Lunch Program.

After a student has been provided a school meal at no cost, the district may sell the student the entrée from an additional nutritiously adequate meal that qualifies for federal reimbursement, from the same meal service. (Education Code 49431)

Foods and beverages available through the district's food service program shall:

- 1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease
- 2. Meet or exceed nutrition standards specified in law
- 3. Be prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits
- 4. Be served in age-appropriate portions

At the beginning of each school year, the Superintendent or designee shall communicate information related to the district's food service programs to the public through available means, including, but not limited to, the district's website, social media, flyers, and school publications.

The district's food service program shall give priority to serving freshly prepared onsite meals, using whole or minimally processed sustainable foods which are locally grown or produced, including fresh fruits and vegetables, and providing

FOOD SERVICE/CHILD NUTRITION PROGRAM

BP 3550

plant-based or restricted diet food options for students.

District schools are encouraged to establish school gardens and/or farm-to-school projects to increase the availability of safe, fresh, seasonal fruits and vegetables for school meals, positively impact students' knowledge related to food and nutrition, support the district's nutrition education program, and increase students' consumption of these foods and participation in school meals.

To the extent possible, the school meal program shall be coordinated with the nutrition education program, instructional program for teachers, parents/guardians and food service employees, available community resources, and other related district programs.

To encourage student participation in school meal programs, schools may offer multiple choices of food items within a meal service, provided all food items meet nutrition standards and all students are given an opportunity to select any food item.

The Superintendent or designee may invite students and parents/guardians to participate in the selection of foods of good nutritional quality for school menus.

Students shall be allowed adequate time and space to eat meals. (Education Code 49501.5)

To the extent possible, school, recess, and transportation schedules shall be designed to promote participation in school meal programs.

The Superintendent or designee shall periodically review the adequacy of school cafeterias and facilities for food preparation and consumption.

In accordance with law, the Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of foodborne hazards at each step of the food preparation and service process.

The Superintendent or designee shall annually report to the Board on student participation in the district's nutrition programs and the extent to which the district's food service program meets state and federal nutrition standards for foods and beverages. In addition, the Superintendent or designee shall provide

FOOD SERVICE/CHILD NUTRITION PROGRAM

BP 3550

all necessary and available documentation required for the Administrative Review conducted by the California Department of Education (CDE) to ensure the food service program's compliance with federal requirements related to nutrition standards, meal patterns, provision of drinking water, school meal environment, food safety, and other areas as required by CDE.

Policy Reference Disclaimer:

These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

ted in the subject matter of the policy.
Description
Mandatory meals for needy students
Nutrition education
School lunch and breakfast programs
Requirements for foods and beverages outside the
federal meals program
Contracts for advertising
Cafeteria; establishment and use
Contracts for management consulting services;
restrictions
Voluntary enrollment in continuation education
Pupil Nutrition, Health, and Achievement Act of 2001
School breakfast and lunch programs
School meals
Nutrition
Child Nutrition Act
Child care food program
Comprehensive nutrition services
Meals for needy students
National School Lunch Act
School instructional gardens
California Retail Food Code; sanitation and safety
requirements
Description
School Lunch Program
Local wellness policy
Summer Food Service Program and Seamless Summer
Feeding Option
Fresh Fruit and Vegetable Program
Child Nutrition Act
Special Milk Program
School Breakfast Program
National School Lunch Program

Website

Website

Website

FOOD SERVICE/CHILD NUTRITION PROGRAM

BP 3550

7 CFR 215.1-215.18 Special Milk Program 7 CFR 220.2-220.22 National School Breakfast Program 7 CFR 245.1-245.13 Eligibility for free and reduced-price meals and free milk Management Resources **Description** California Department of Education Healthy Children Ready to Learn, 2006 Publication California Department of Education Professional Standards in the School Nutrition Publication Programs, Management Bulletin SNP-13-2020, Updated January 2022 Planting the Seed: Farm to School Roadmap for Success, California Department of Food and Agriculture Pub February 2022 California Project Lean Publication Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006 CSBA Publication Monitoring for Success: A Guide for Assessing and Strengthening Student Wellness Policies, 2012 Monitoring for Success: Student Wellness Policy CSBA Publication Implementation Monitoring Report and Guide, 2008 Nutrition Standards for Schools: Implications for Student CSBA Publication Wellness, Policy Brief, October 2007 Building Healthy Communities: A School Leader's CSBA Publication Guide to Collaboration and Community Engagement, 2009 CSBA Publication Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, April 2006 U.S. Department of Agriculture School Breakfast Toolkit Publication U.S. Department of Agriculture Civil Rights Compliance and Enforcement - Nutrition Programs and Activities, FNS Instruction 113-1, Publication November 2005 U.S. Department of Agriculture Dietary Guidelines for Americans, 2020 Publication U.S. Department of Agriculture Food Buying Guide for Child Nutrition Programs, May Publication 2022 U.S. Department of Agriculture Fresh Fruit and Vegetable Program: Handbook for Publication Schools, December 2010 U.S. Department of Agriculture Guidance for School Food Authorities: Developing a **Publication** School Food Safety Program Based on the Process

Farm to Fork

Services

Service

Approach to HACCP Principles, June 2005

California Department of Food and Agriculture, Office of

CSBA District and County Office of Education Legal

U.S. Department of Agriculture, Food and Nutrition

FOOD SERVICE/CHILD NUTRITION PROGRAM

BP 3550

Website	California Farm Bureau Federation

Website Nourish California

Website California Project LEAN (Leaders Encouraging Activity

and Nutrition)

Website Centers for Disease Control and Prevention
Website California School Nutrition Association

Website California Department of Education, School Nutrition

Website National Alliance for Nutrition and Activity
Website California Department of Public Health
Website California Healthy Kids Resource Center

Website CSBA

Cross References

Policy Description

0500 Accountability

1312.4 Williams Uniform Complaint Procedures 1312.4-E(1) Williams Uniform Complaint Procedures 1312.4-E(2) Williams Uniform Complaint Procedures

Advertising And Promotion 1325 1340 Access To District Records 1340 Access To District Records 3000 Concepts And Roles 3260 Fees And Charges 3260 Fees And Charges 3510 **Green School Operations** 3514 Environmental Safety

3514 Environmental Safety
3517 Facilities Inspection
3517-E(1) Facilities Inspection

3551 Food Service Operations/Cafeteria Fund 3551 Food Service Operations/Cafeteria Fund

3552 Summer Meal Program 3552 Summer Meal Program

3553 Free And Reduced Price Meals 3553 Free And Reduced Price Meals

3554 Other Food Sales 3554 Other Food Sales

3555 Nutrition Program Compliance 3555-E(1) Nutrition Program Compliance

3580District Records3580District Records4131Staff Development

4141.6 Concerted Action/Work Stoppage 4141.6 Concerted Action/Work Stoppage

FOOD SERVICE/CHILD NUTRITION PROGRAM

BP 3550

4231	Staff Development
4241.6	Concerted Action/Work Stoppage
4241.6	Concerted Action/Work Stoppage
5030	Student Wellness
5141.27	Food Allergies/Special Dietary Needs
5141.27	Food Allergies/Special Dietary Needs
5145.6	Parent/Guardian Notifications
5145.6-E(1)	Parent/Guardian Notifications
5148	Child Care And Development
5148	Child Care And Development
5148.2	Before/After School Programs
5148.2	Before/After School Programs
5148.3	Preschool/Early Childhood Education
5148.3	Preschool/Early Childhood Education
6142.8	Comprehensive Health Education
6142.8	Comprehensive Health Education
6173	Education For Homeless Children
6173	Education For Homeless Children
6173-E(1)	Education For Homeless Children
6173-E(2)	Education For Homeless Children
6176	Weekend/Saturday Classes
7110	Facilities Master Plan

Policy PASADENA UNIFIED SCHOOL DISTRICT

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