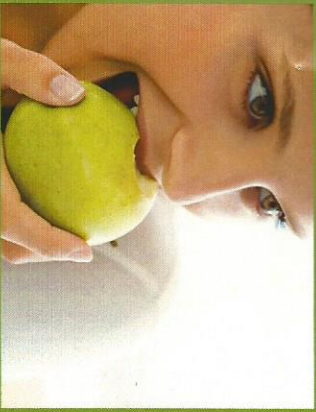


## Need a Little Extra Help Buying Groceries

CalFresh can help you put healthy and nutritious food on the table.

With CalFresh, get that extra help you need each month to buy your groceries.



With a CalFresh electronic "debit" card you can buy most foods at many food stores and farmers markets.

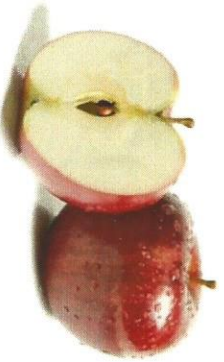
Apply On-Line at  
[www.BenefitsCalWIN.org](http://www.BenefitsCalWIN.org)



You may qualify  
if your income is less than:

Household Size	Gross Monthly Income
1	\$1,245
2	\$1,681
3	\$2,116
4	\$2,552
5	\$2,987
6	\$3,423
Age 60 + or Disabled	
1	\$1,580
2	\$2,133

Income limit effective 10/2013—9/2014



### Office Locations

Auburn Office  
11552 B. Ave  
Auburn, CA 95603

Rocklin Office  
1000 Sunset Blvd. Suite 220  
Rocklin, CA 95765

Tahoe Office  
5225 North Lake Blvd.  
Carnelian Bay, CA 96140

1 888-385-5160





### Frequently Asked Questions

#### What can CalFresh be used for?

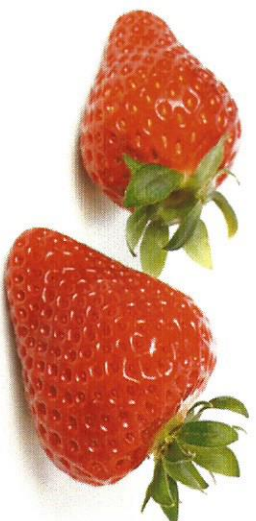
- \* Food for you and your family to eat
- \* Seeds and plants to grow food for your use

#### Who can receive CalFresh ?

Any one, any age, who is a legal U.S. resident, lives in Placer County and meets the income limits (see chart).

#### If I am receiving SSI/SSP, can I also receive CalFresh ?

If you are receiving SSI/SSP, you are already receiving CalFresh benefits in your monthly benefits. But your family may still qualify to receive CalFresh .



Placer County Human Services

Apply On Line today at  
[www.BenefitsCalWIN.org](http://www.BenefitsCalWIN.org)

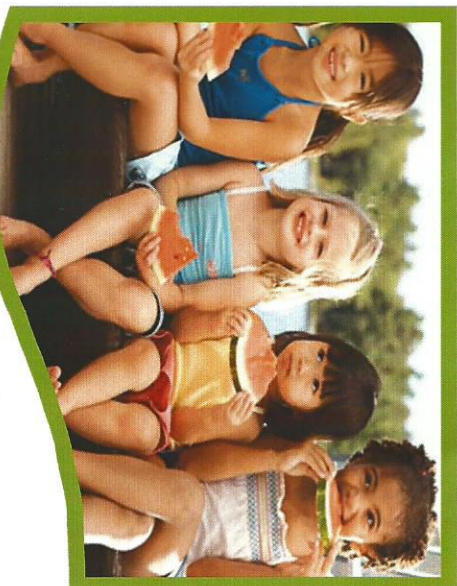
OR

Call us at  
1 888-385-5160

To speak with a Program  
Specialist



You may be able to get help  
with your family's food costs



Four good reasons to call today

1 888-385-5160