

JUNE 2024

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
FAMILY WEEK – NO FOOTBALL		FAMILY WEEK – NO FOOTBALL		FAMILY WEEK – NO FOOTBALL		
9	10	11	12	13	14	15
16	SUMMER WORKOUT 5:00-8:00	SUMMER WORKOUT 5:00-8:00	SUMMER WORKOUT 5:00-8:00	SUMMER WORKOUT 5:00-8:00		
	17	18	19	20	21	22
23	SUMMER WORKOUT 5:00-8:00	SUMMER WORKOUT 5:00-8:00	SUMMER WORKOUT 5:00-8:00	SUMMER WORKOUT 5:00-8:00		
	24	25	26	27	28	29
30						

JULY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	SUMMER WORKOUT 5:00-8:00 1	SUMMER WORKOUT 5:00-8:00 2	SUMMER WORKOUT 5:00-8:00 3	OFF 4 TH OF JULY 4	5	6
7	SUMMER WORKOUT 5:00-8:00 8	SUMMER WORKOUT 5:00-8:00 9	SUMMER WORKOUT 5:00-8:00 10	SUMMER WORKOUT 5:00-8:00 11	12	13
14	SUMMER WORKOUT 5:00-8:00 15	SUMMER WORKOUT 5:00-8:00 16	SUMMER WORKOUT 5:00-8:00 17	SUMMER WORKOUT 5:00-8:00 18	19	20
21	SUMMER WORKOUT 5:00-8:00 22	SUMMER WORKOUT 5:00-8:00 23	SUMMER WORKOUT 5:00-8:00 24	SUMMER WORKOUT 5:00-8:00 25	26	27
28	FAMILY WEEK – NO FOOTBALL 29	FAMILY WEEK – NO FOOTBALL 30	FAMILY WEEK – NO FOOTBALL 31			

AUGUST 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				FAMILY WEEK - NO FOOTBALL		
				1	2	3
4	HEAT ACCLIMATIZATION 8:00-3:00 5	HEAT ACCLIMATIZATION 8:00-3:00 6	HEAT ACCLIMATIZATION 8:00-3:00 7	HEAT ACCLIMATIZATION 8:00-3:00 8	HEAT ACCLIMATIZATION 8:00-3:00 9	10
11	CAMP WEEK 8:30-4:30 12	CAMP WEEK 8:30-4:30 13	CAMP WEEK 8:30-4:30 14	CAMP WEEK 8:30-4:30 15	CAMP WEEK 8:30-4:30 16	SCRIMMAGE: HOME vs. WESTINGHOUSE 10:00 17
18	PRACTICE: TBA 19	PRACTICE: 3:30-5:40 20	PRACTICE: 3:45-5:40 21	PRACTICE: 3:30-5:40 22	WEEK 0: HOME vs. GREENSBURG CENTRAL CATHOLIC 7:00 23	JV GAME @ G.C.C. 10:00 VARSITY PRACTICE 9:00-12:00 24
25	PRACTICE: 3:30-5:40 26	PRACTICE: 3:30-5:40 27	PRACTICE: 3:30-5:40 28	PRACTICE: 3:30-5:40 29	WEEK 1: at BURRELL 7:00 30	JV GAME HOME vs. BURRELL-10:00 VARSITY PRACTICE 9:00-12:00 31