

Local School Wellness Policy: Triennial Assessment

Overview & Purpose

In accordance with the Final Rule of the Federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: 8VAC20-740, Orange County Public Schools presents the 2023/2024 Triennial Assessment which includes the timeframe from 2021 to 2024. The Triennial Assessment indicates updates on the progress and implementation of Orange County Public Schools Wellness Policy and wellness initiatives, and provides required documentation of actions, steps, and information as outlined in the Final Rule. The school(s) included in this Triennial Assessment are: Orange County High School, Locust Grove Middle School, Prospect Heights Middle School, Orange Elementary School, Gordon-Barbour Elementary School, Locust Grove Elementary School, Lightfoot Elementary School, Locust Grove Primary School, and Unionville Elementary School.

Wellness Policy

The Orange County Public Schools Wellness Policy can be found at ocss-va.org. Orange County Public Schools updates or modifies the Wellness Policy as appropriate. The policy is made available to the public through <https://go.boarddocs.com/va/orange/Board.nsf/Public#tab-policies>. Orange County Public Schools.

School Wellness Committee

Orange County Public Schools established a Wellness Policy leadership of one or more school officials who has the authority and responsibility to ensure each school complies with the Wellness Policy. The Wellness Policy committee meets at least three times each year annually for periodic review and update of the Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, and representatives of the School Food Authority, teachers, school health professionals, and the School Board and school administrators. The school community is made aware of their ability to participate in the Wellness Policy process by information on the School Nutrition Website.

Contact information for local school Wellness Policy leadership: Linda Blair 540-661-4579 or email at lblair@ocss-va.org

Wellness Policy Compliance

Orange County Public Schools must conduct an assessment of the Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Wellness Policy requirements as a part of the general areas of the Administrative Review every three years.

Orange County Public Schools is in compliance with USDA and Virginia required Wellness Policy regulations.

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Wellness Policy Requirements

| Category | Requirement | Fully in place | Partially in place | Not in place | Action Taken Toward Goals |
|--|---|-------------------------------------|--------------------------|--------------------------|--|
| Policy Leadership | Designate the position or committee responsible for Wellness Policy oversight. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. The School Nutrition Supervisor oversees the committee responsible for Wellness Policy oversight. All OCPS schools have a school based wellness committee representative. |
| Public Involvement | Notify the public of their ability to participate in the development, implementation, and review. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. Each school wellness committee representative is requested to invite parents to participate in the wellness committee. |
| School Meals | Serve school meals that follow USDA-FNS meal regulations. (7CFR210.10 and 7CFR220.8) | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |
| Foods Sold Outside of School Meals Program | Sell only USDA's Smart Snacks compliant foods and beverages outside of the school meals program. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |

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|-----------------------------|---|-------------------------------------|---------------------------|-------------------------------------|----------------------------------|
| Foods Provided, Not Sold | Specify division guidelines for foods provided, not sold, including at celebrations, given as rewards, or classroom snacks. | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Not in place at all schools. |
| Food and Beverage Marketing | Market only products that adhere to the USDA-FNS Smart Snacks rule. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |
| Nutrition Education | Include at least one evidence-based goal for nutrition education. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |
| Nutrition Promotion | Include at least one evidence-based goal for nutrition promotion. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |
| Physical Education/Activity | Include at least one evidence-based goal for physical education and/or physical activity. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |

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|--|---|-------------------------------------|---------------------------|--------------------------|----------------------------------|
| Other Activities that Promote Student Wellness | Include at least one evidence-based goal for other activities that promote student wellness. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |
| Triennial Assessment | Complete a Triennial Assessment and notify the public. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |
| Public Update and Information | Specify how the public will be informed about content and implementation. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |
| Compliant Fundraisers | Permit only USDA-FNS Smart Snacks compliant food and beverage fundraisers. LEAs may choose to allow up to 30 school-sponsored fundraisers per site per school day to be exempt from the Smart Snacks. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |

| Category | Requirement | Fully in place | Partially in place | Not in place | Action Taken Toward Goals |
|---------------------|--|-------------------------------------|--------------------------|--------------------------|---|
| Fundraiser Times | Disallow food or beverage fundraisers during meal times. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. |
| Fundraiser Designee | Designate an individual to monitor all food and beverage fundraisers. This designee shall not be school nutrition personnel. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Fully in place at all schools. The principal of each school is designated to track fundraisers. |

Additional notes:

During our Triennial Assessment period we made progress on our goals and intend to update our wellness policy.