

**Conestoga Valley School District**  
**Student Wellness Committee Meeting Agenda**  
***Student Wellness Committee Meeting Notes/Minutes***  
**June 22, 2021**

*Members in Attendance: Kesha Morant Williams – School Board Member, Teresa Drager – Director of Food Services, Adele Huntzinger – Director of Finance, Michael Smith – High School Principal, Robin Baker – Family Consumer Science Teacher*

**I. Overview of Student Wellness Policy #246**

- a. Policy states that the district is to have a Student Wellness Committee comprised of a School Board representative, district administrator, Director of Food Services, school nurse, physical education teacher, students, parents/guardians, members of the public.

*The committee will continue to schedule meetings and extend the invitations to teachers, students, PTOs.*

- b. Role of Committee is to ensure that the Student Wellness Policy is current and that the Triennial Assessment Tool is being utilized.

*We will look at the PSBA student wellness policy template and consider changes to the policy as needed. The district's policy was last updated in June 2017.*

**II. Triennial Assessment Tool must be completed once every three years.**

- a. Due to the pandemic, the completion date was postponed until June 30, 2022.

*The Committee will post the completed Triennial Assessment Tool to the CV website in June 2022.*

**III. Triennial Assessment Tool is broken down into three sections:**

- a. Public Involvement, Notification, Assessment
- b. Nutritional Education and Promotion, Wellness Activities
- c. Physical Activity and Education

*With the exception of the 2020/2021 school year in regards to COVID-19, the food service department has been conducting cooking classes with the students, taste testing and cooking demonstrations. As activities resume, the food service department will post such activities. In addition, schools also had activities such as Girls on the Run, races, school gardens, etc.*

#### IV. Other Items for Discussion

*Mike Smith shared that the high school received funding from Cobys Family Services to offer support and education to students on working through difficult issues.*

#### V. 2021/2022 Meeting Dates – Wednesday October 20, 2021 at 3:00, Wednesday February 23, 2022 at 3:00 and Wednesday June 22, 2022 at 3:00.