

**Conestoga Valley School District**  
**Student Wellness Committee Meeting Agenda**  
***Student Wellness Committee Meeting Notes/Minutes***  
**November 9, 2021**

*Members in Attendance: Teresa Drager – Director of Food Services, Adele Huntzinger – Director of Finance, Greta Krebs K-12 Health & Phys Ed Department Chair, Salena Mallios, Parent*

**I. Overview of Student Wellness Policy #246**

- a. Policy states that the district is to have a Student Wellness Committee comprised of a School Board representative, district administrator, Director of Food Services, school nurse, physical education teacher, students, parents/guardians, members of the public.

*The committee will continue to schedule meetings and extend the invitations to teachers, students, PTOs. Teresa Drager advertised on the school website that the committee is seeking members and we received inquiries from community members.*

- b. Role of Committee is to ensure that the Student Wellness Policy is current and that the Triennial Assessment Tool is being utilized.

*We will look at the PSBA student wellness policy template and consider changes to the policy as needed. The district's policy was last updated in June 2017.*

**II. Triennial Assessment Tool must be completed once every three years.**

- a. Due to the pandemic, the completion date was postponed until June 30, 2022.

*The Committee will post the completed Triennial Assessment Tool to the CV website in June 2022.*

**III. Triennial Assessment Tool is broken down into three sections:**

- a. Public Involvement, Notification, Assessment
- b. Nutritional Education and Promotion, Wellness Activities
- c. Physical Activity and Education

#### IV. District Wellness Activities

- a. Move it Thursday (*Brownstown*)
- b. Girls on the Run (*Fritz, Leola*)
- c. New Playground Equipment (*Fritz*)
- d. Hydroponics, School Gardens
- e. Cooking Club, Cooking Demonstrations and Taste Testing
- f. Colorful Plate
- g. Fun Runs
- h. Support Dogs (*Brownstown Leola, High School*)

#### V. Other Items for Discussion

- a. *Greta Krebs expressed enthusiasm and interest in working with Teresa Drager as a liaison between food nutrition and the classroom at the elementary level.*
- b. *Selena Mallios expressed enthusiasm and interest in partnering with the committee and possible providing resources.*

#### VI. 2021/2022 Meeting Dates – Wednesday February 23, 2022 at 4:00 and Wednesday June 22, 2022 at 4:00.