



CONESTOGA VALLEY SCHOOL DISTRICT
160 NEWPORT ROAD
LEOLA, PA 17540
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December 18, 2009

Dear Parents/Guardians:

Recently, the USDA made a National School Lunch Program regulation change. As per USDA ruling 73 FR 52903 Fluid Milk Substitutions in the School Nutrition Program, "Water or Juice can no longer be offered as a fluid milk substitute for a student with medical or special dietary needs". CV Food Service can no longer substitute juice or water for students with milk intolerance or a non-disabling milk allergy.

Although milk is included with our lunches, we participate in Offer versus Serve, which means students only need to choose three of the five required components (milk, fruit, vegetable, meat, and grains) to receive a lunch. So a student can still purchase lunch without milk. They can then use a fruit juice as their fruit component. (However, if they are not including a fruit juice as a fruit component, they will have to purchase the juice at the a la carte price of \$.75)

Effective Monday, January 4, 2010, parents/guardians may send a milk substitute with their child or purchase water a la carte. Parents/guardians may also send medication such as Lactaid in to the nurse who can administer it to your child prior to their lunch period. Lactaid or any other medication will require a physician's note stating the name of the medication, dose and administration directions.

Please contact the Food Service Department with any questions at 717-661-7648.

Warmest Regards,

Teresa Drager
Director of Food Services