



Welcome Class of 2026!



**Conestoga Valley**  
SCHOOL DISTRICT

**Course Selection - Thursday, February 24, 2022**

# Administration

- Principal
  - Dr. Smith
- Assistant Principals
  - Mr. Dunsavage
  - Ms. Eby
  - Dr. Metzinger



# Counselors

- Mr. Helsel (Last Names A-F)
- Mrs. Stauffer (Last Names G-L)
- Mr. Capolupo (Last Names M-R)
- Mrs. Myers (Last Names S-Z)



# Teachers

- Mr. Mayo - SS Department Chair
- Mr. Karli - ELA Department Chair
- Mr. Zellers- TE Department Chair
- Mrs. Stoltzfoos - Math Department Chair



# Profile of a CV Learner



# Different Schedule

## MIDDLE SCHOOL

- 6 periods
- 50 minutes
- All Year (Except Specials)

## HIGH SCHOOL

- 5 blocks
- 70 minutes
- Two Semesters



# The High School Year

Two Semesters = One year

- Semester 1: Mid-Aug. to Mid-Jan.
- Semester 2: Mid-Jan. to Late May
  
- Sometimes semesters are called “Terms”  
(T1 or T2)



# HIGH SCHOOL SAMPLE SCHEDULE

BLOCK	TERM 1		TERM 2	
	MP1	MP2	MP3	MP4
BLOCK 1	BAND			
BLOCK 2	ENGLISH 1		ALGEBRA 1	
BLOCK 3	METAL TECH 1	WOOD TECH 1	PRINCIPLES OF SCIENCE	
BLOCK 4	U.S. HISTORY 1		DRAWING 1	PE 9
BLOCK 5	PUBLIC SPEAKING	CERAMICS 1	SPANISH 2	



# Courses

## **Required Core Courses**

- English, Math, Social Studies & Science
- Aligned mostly by grade level
- Leveled based on teacher recommendation

- **Electives**

- All other non-core subjects (Business, Art, Music, Tech Ed, FCS & PE)
- Some are mandatory



# Courses

- Core Courses have levels in HS:
  - General (not listed next to course, ex. Biology)
  - College Prep (ex. College Prep Biology)
  - Honors
  - Advanced Placement
  - College in the High School (CHS)
  - Dual Enrollment
- Courses are assigned credit value.



# Credit

- **The unit of measurement assigned to courses.**
  - Course meets for one MP (45 days) = .5 credit
  - Course meets for two MPs/One Semester (90 days) = 1 credit
  - Courses that meet all year = 2 credits

**28 course credits needed to graduate!**



# Graduation Course Sequence

Name \_\_\_\_\_ Grade Level \_\_\_\_\_

Course Area	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade	Credits Earned
<b>English</b>	English 1	English 2	Choose course	Choose course	___/4
<b>Social Studies</b>	U.S. History 1	U.S. History 2	World History	U.S. Government and Economics	___/4
<b>Math</b>	Algebra 1	Geometry	Algebra 2	_____ (optional)	___/3
<b>Science</b>	Principles of Science	Biology	_____ (1 more required)	_____ (optional)	___/3
<b>Physical Education</b>	PE 9	PE 10	Fitness/Weight Training	PE12 or Personal Fitness	___/2
<b>Mandatory Electives</b>	Career Education	Digital Literacy 4 Today	Current Health Issues	Personal and Family Living	___/2.0
<b>Mandatory Electives</b>				Consumer Skills	___/.5
<b>Art (at least F.O.D.)</b>					___/.5
<b>Music (at least Intro)</b>					___/.5
<b>Tech. Ed. (Any level 1)</b>					___/.5
<b>Electives</b>					___/8
<b>TOTAL CREDITS EARNED</b>					___/28



# Academic Transcript

- Official permanent record of courses, grades and credits
- Used for college admissions, military, scholarships and employment
- Unofficial copy always available to students on Sapphire Community Portal



**Transcript of CONESTOGA VALLEY HIGH SCHOOL**

2110 Horseshoe Road

Lancaster, PA 17601

School Phone: 717-397-5231 School Fax: 717-397-0442

www.conestogavalley.org

CEEB #: 392105

**Student ID:** 1015214**Name:** BUCKSKIN, COLE V**Address:** 15 BUTTERFLY LANE  
BELIEVE, PA 00015**Birthdate:** 9/1/2000**Gender:** Male**Phone:** 717-555-5555

Grade 9				Grade 10			
YEAR	COURSE NAME	GRD	CREDIT	YEAR	COURSE NAME	GRD	CREDIT
2011-2012	CADD 1	A	0.500	2012-2013	ACCOUNTING 1	B+	1.000
2011-2012	FOUNDATIONS OF DESIGN	C	0.500	2012-2013	Algebra 1	A	1.000
2011-2012	HONORS EARTH/PHYSICAL SCIENCE	A	1.000	2012-2013	JOURNALISM	C	1.000
2011-2012	INTERMEDIATE COMPUTER TECH	A	0.500	2012-2013	SPANISH 2	B	1.000
2011-2012	PE 9	A+	0.500	2012-2013	TRADITIONAL BIOLOGY	C-	1.000
2011-2012	SPANISH 1	B	1.000	2012-2013	TRADITIONAL ENGLISH 2	AUDI	0.000
2011-2012	TRADITIONAL ALGEBRA 1	A	1.000	2012-2013	TRADITIONAL GEOMETRY	A	1.000
2011-2012	TRADITIONAL ENGLISH 1	B+	1.000	2012-2013	Traditional US History 2	A	1.000
2011-2012	TRADITIONAL U.S. HISTORY 1	A-	1.000				
2011-2012	WOOD TECH 1	A+	0.500				
2011-2012	WOOD TECH 2	A	0.500				
Absent: 0.0		Credits Earned: 8.000		Absent: 0.0		Credits Earned: 7.000	
Tardy: 0		GPA: 3.6250		Tardy: 0		GPA: 3.1429	
		Cumulative GPA: 3.6250				Cumulative GPA: 3.4000	
						Class Rank: 315/321	

Grade 11				Grade 12			
YEAR	COURSE NAME	GRD	CREDIT	YEAR	COURSE NAME	GRD	CREDIT
2013-2014	CHI	A	0.500	2016-2017	ANTICIPATED EARLY GRADUATION: MAY 2017		0.000
2013-2014	DUAL-E WESTERN CIV	B+	1.000	Grade 12 (In-Progress Courses) 2018-2019			
2013-2014	FWT	A+	0.500	COURSE			
2013-2014	GRAPHICS 1	A	0.500	12			
2013-2014	GRAPHICS 2	A	0.500	1			
2013-2014	METAL 1	A	0.500	2			
2013-2014	SPANISH 3	B	1.000	MT			
2013-2014	TRADITIONAL ALGEBRA 2	A	1.000	3			
2013-2014	TRADITIONAL CHEMISTRY	A	1.000	4			
2013-2014	TRADITIONAL ENGLISH 3	B+	1.000	FE			
2013-2014	VIDEO 1	A	0.500	FIN			
Absent: 0.0		Credits Earned: 8.000		CREDIT			
Tardy: 0		GPA: 3.7075		1			
		Cumulative GPA: 3.5070		Absent: 0.0			
		Class Rank: 190/346		Tardy: 1			

Graduated: 06/04/2015			
Cumulative GPA (WIP):		3.5070	
Cumulative Credits Earned:		23.000	
Keystone Algebra -- Proficient -- 1517 Florida			
Keystone Biology -- Advanced -- 1565			
Keystone Literature -- Basic -- 1275			
STUDENT IS ON TRACK TO GRADUATE EARLY: MAY 2017			

# Scheduling Process

- Counselors are working with 8th graders tomorrow to form “rough draft”
- Course selection is a WISH LIST of classes
- Computer generates the schedule
- Students will receive schedule in the summer
- Approved changes can be made using google form during 10 day window in the summer
- Classes cannot be dropped once started



# Graduation Requirements

- Conestoga Valley School District Requirements
- Act 158 State Requirements





# Required Core Credits

- 4 English Classes
- 4 Social Studies Classes
- 3 Math Classes (must take Algebra 1 & 2 and Geometry)
- 3 Science Classes (must include Principles of Science & Biology)



# Mandatory Courses

- Physical Education (9th, 10th, 11th, 12th)
- Career Education (9th)
- Digital Literacy (10th)
- Current Health Issues (11th)
- Consumer Skills (12th)
- Personal and Family Development (12th)



# Electives: Required Credits

- 0.5 Credit in Art
- 0.5 Credit in Music
- 0.5 Credit in Technology Education
- **8 additional electives (minimum)**



# Act 158 Graduation Requirements

- Keystone Proficiency Pathway
- Keystone Composite Pathway
- Career Technical Pathway
- Alternative Assessment Pathway
- Evidence Based Pathway



# Gifted and Special Education

•8th grade case managers will assist students with course selections based on IEP/GIEP needs.

- Academic Support
- Community
- Connections
- Social Skills
- Social and Executive Skills
- SAGE
- Mock Trial



# Required Math Courses

- 9th Grade

- Honors Geometry
- College Prep Geometry
- College Prep Algebra 1
- Algebra 1A and Algebra 1B – full year

- 10th Grade

- Honors Algebra 2
- College Prep Geometry
- Geometry
- Math Plus – for students needing more Algebra 1 instruction



# Required Math Courses

- 11<sup>th</sup> Grade
  - Honors Pre-Calculus, Honors Statistics and/or AP Statistics, or Statistics
  - College Prep Algebra 2
  - Algebra 2
- Students may choose to take two math courses in one year to meet prerequisites for advanced courses (Alg. 2 and Geo)



# Elective Math Courses

- Algebra 2 prerequisite
  - Honors Statistics and/or AP Statistics
  - Pre-Calculus
  - Statistics
  - Algebra 3
- Pre-Calculus prerequisite
  - AP Calculus
  - Honors Calculus





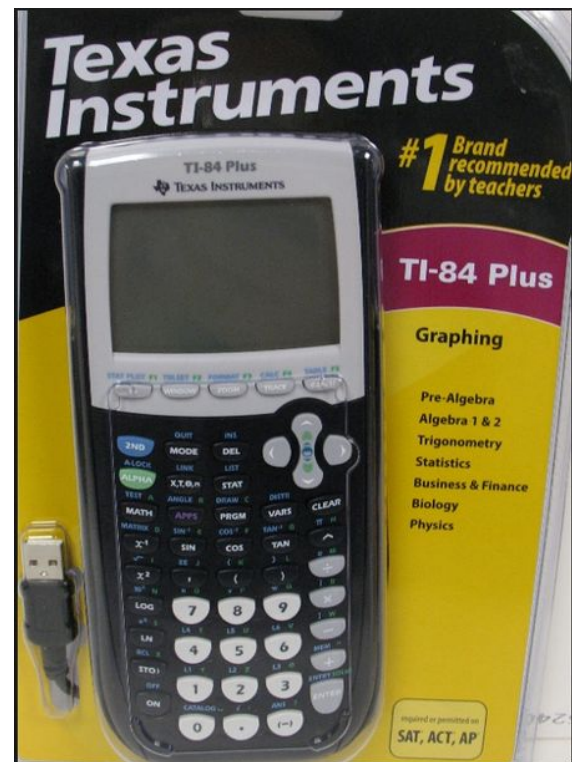
# Computer Courses

- Explorations in Computer Science (one marking period)
- Computer Science Principles
- AP Computer Science Principles
- Computer Science 1
- AP Computer Science A



# Calculators

- TI-84 PLUS Graphing Calculator
  - required for all courses



# English Required Courses

- **9<sup>th</sup> grade English**

- Honors Eng. 1
- College Prep Eng. 1

- **10<sup>th</sup> grade English**

- Honors Eng. 2
- College Prep Eng. 2
- Eng. 2



# ELA Choices 11th and 12th Grades

- Honors American Literature
- CHS Comp. (formerly 101 and 102)
- CHS Intro to Film
- AP English Lit.
- American Lit.
- British and World Lit.
- Drama Studies and Production
- Humanities
- Journalism
- Media in the 21<sup>st</sup> Century
- Science Fiction Studies
- American Literature for Life and Work



# ELA Electives

- Creative Writing
- Advanced Creative Writing
- Advanced Composition
- Current issues in Journalism
- Yearbook
- History of Film
- Intro. to Theater
- Public Speaking
- Small Group Communication
- Leadership and Mentorship
- \*Literary Magazine and Newspaper publications available as clubs.



# Technology Education

- Production
  - Metal I, II & Avd
  - Plastic/Materials Processing I & II
  - Wood I, II & Adv. Furniture
- Video/Photo/Graphics
  - Photography I & II
  - Graphics I & II
  - Project Design
  - Video I, II & Avd
  - Television Production
- Engineering
  - CADD / Architecture
  - Engineering I & II
  - Robotics & Automation
  - Aviation I & II
  - Aerospace
- Please Note: Lab Fee,  
Multiple Opportunities to  
take Level II & Advanced



# Science Required Courses

- 9<sup>th</sup> Grade Principles of Science (General, College Prep, and Honors)
  - Chemistry (Biochemistry Focus)
  - Geology
  - Environmental Science
- 10<sup>th</sup> Grade Biology (General, College Prep, and Honors)
  - Basic Biology & Ecology
  - Biochemistry & Bioenergetics
  - Homeostasis & Transport
  - Growth & Reproduction
  - Genetics & Evolution



# Science Electives

- **Physical Sciences**
  - **Chemistry**
  - **Physics**
  - **AP Chemistry (2 cred)**
  - **AP Physics**
- **Biological Science**
  - **Freshwater Biology**
  - **AP Biology (2 cred)**
  - **Ecology**
  - **AP Environmental Science**
- **Scientific Research**
  - **Honors Scientific Research**
  - **Science Fair (.5 cred)**





# Science Electives - Marking Period

- Astronomy
- Anatomy & Physiology A
- Anatomy & Physiology B
- Chemistry in the Kitchen
- Pennsylvania Fishes
- Electric Circuits
- Biotechnology
- Forensic Science
- STEM Workshop



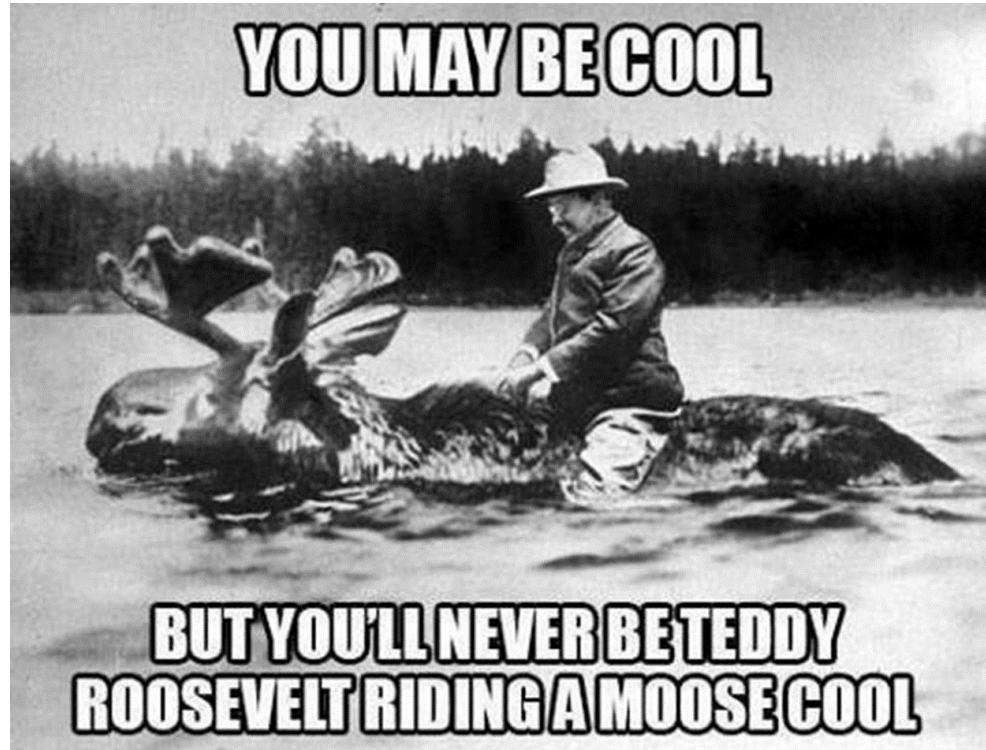
# Required Social Studies Courses

- 9th Grade
  - U.S. History 1
  - College Prep U.S. History 1
  - Honors U.S. History 1



# Required Social Studies Courses

- 10th Grade
  - U.S. History 2
  - College Prep U.S. History 2
  - Dual-Enrollment (PITT) U.S. History 2



# Required Social Studies Courses

- 11th Grade

- College Prep World History
- College Prep World Cultures
- Dual E-Western Civilization II (PITT)

- 12th Grade

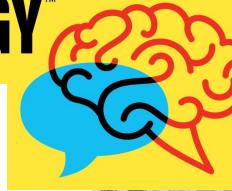
- Government and Economics
- College Prep Government and Economics
- AP Government and Politics: U.S.



# Social Studies Electives

- International Studies
- Vietnam War
- Sociology
- Psychology
- AP Psychology
- World War II
- African American Studies
- World Mythology and Folklore

*Speaking of*  
**PSYCHOLOGY™**



# Required Business Courses

- 9th Grade
  - Career Education
- 10th Grade
  - Digital Literacy 4 Today
- 12th Grade
  - Consumer Skills



# Business Electives

- Beginning Computer Keyboarding
- Web Design and Development 1
- Introduction to Business
- Notetaking
- Entrepreneurship
- Marketing and Management
- Accounting 1, 2, and 3
- Consumer Law
- Sports and Entertainment Marketing
- Introduction to Investing
- Independent-Study Business
- Consumer Skills





# Physical Education and Health

- 9th Grade PE
- 10th Grade - Foundations of Fitness
- 11th Grade - Current Health Issues
- 11th and 12th Grade Electives
  - Foundations of Fitness 2
  - Lifetime Activities
  - Competitive Games
  - Movement Exploration
  - Advanced Strength and Conditioning
  - Adventures in Physical Education
  - Fitness Programming





# Family and Consumer Science

- Basic Culinary Arts
- Pastry Arts
- American Cuisine
- World Cuisine
- Nutrition and Wellness
- Child Development 1 and 2
- Personal and Family Development
- AHA Heartsaver CPR and First Aid Course
- Fashion and Interior Design



# Art

- Foundations of Design
- Ceramics 1,2, and 3
- Crafts
- Textiles
- Drawing 1,2, and 3
- Painting 1,2, and 3
- Printmaking
- Sculpture 1 and 2
- Watercolor
- AP Studio Art 1
- AP Studio Art 2



# Music

- Introduction to Music
- Concert Band
- Chorus
- Concert Choir
- Orchestra
- Music Theory
- Audio Production 1 and 2
- Beginner Guitar
- Intermediate Guitar



# World Language

- French (Levels 1-6)
- German (Levels 1-6)
- Spanish (Levels 1-6)
- AP Spanish Language and Culture (Online)



# World Language

- Based on teacher recommendation, Spanish/German students may begin in Level 2 in the high school
- World Language is NOT a graduation requirement. However, some colleges may require a World Language for acceptance.
- Students can try a different language, double up on languages, or even take a year off before coming back to a language



# Electives

You get to Choose!!

- Most electives are 9 weeks and .5 credits
- Should help you plan your future goals/be in your interest areas.
- Sample courses- Guitar, Culinary, Ceramics, Accounting, Computer Science, Public Speaking, Photography, Chorus
- **Required 9th grade elective-** Career Education (Graduation Requirement)



# Online Course Selection

- Courses selected online through the Community Portal
- 8<sup>th</sup> Graders will be guided through online course selection on February 25th at the middle school.
- Course Selection will be open February 25th to through March 4 at 3:00



# Course Selection Information

**Conestoga Valley**  
SCHOOL DISTRICT

[Translate](#) [Sign In](#)

[District Home](#) [Choose Your School ↓](#)

[DISTRICT](#) [DEPARTMENTS](#) [FOR STUDENTS](#) [FOR PARENTS](#) [FOR STAFF](#) [SCHOOL BOARD](#) [ATHLETICS](#) [COMMUNITY](#) 



**Congrats CV Student-Athletes**

Twenty Conestoga Valley students will continue their athletic careers at the intercollegiate level for programs that compete in the NCAA's Division I, II or III.









# CVHS Website

- **HS Webpage > Counseling > Academic Planning**
  - Course Catalog
  - Course Request FAQs
  - Community Portal Access
  - Course Selection Tutorial



# Academic Planning

## Academic Planning

### Academic Planning

[Graduation Requirements](#)

[Course Catalog](#)

[Course Selection via  
Community Portal](#)

[Course Selection FAQs and  
Presentation](#)

[Course Selection Tutorial](#)

[9th Grade Timeline](#)

[10th Grade Timeline](#)

[11th Grade Timeline](#)

[12th Grade Timeline](#)

[GPA & Class Rank](#)

[Promotion Requirements &  
Credit Recovery](#)

[Early/Dual Enrollment  
Opportunities](#)

[Honor Roll and Distinguished  
Honor Roll](#)



**Conestoga Valley**  
HIGH SCHOOL

## Academic Planning

To the left are resources to guide students to make the most of their academic experience at Conestoga Valley High School.

To prepare for the upcoming academic year, review the course offerings in the Course Catalog and the Course Sequence & Index for a guide to grade level planning and credit requirements.

When you are ready to register for courses, click on "Course Selection" to open the student Community Portal and follow the directions provided.



# Community Portal





COMMUNITY WEB PORTAL STUDENT BACKPACK

SapphireSoftware

Home | MICHAEL THORNTON (Admin) | Logout | Help |

 **COLE BUCKSKIN**  
Grade: 11  
CONESTOGA VALLEY HI  
Grade: 08  
CONESTOGA VALLEY MI

## STUDENT BACKPACK


-  Student Information
-  Current Schedule
-  Student Calendar
-  Courses & Grades
-  Course Request Form
-  Attendance
-  Fees
-  Graduation Progress
-  Reports
  - Report Cards
  - Progress Reports
  - Transcript
  - Letters
  - File Cabinet

## MY STUDENTS (1)

 **COLE BUCKSKIN**  
Grade: 11  
CONESTOGA VALLEY HI  
Grade: 08  
CONESTOGA VALLEY MI

## ANNOUNCEMENTS

 **CONESTOGA VALLEY HIGH SCHOOL Announcement**  
Attention Parents and Students:  
Unofficial copies of student transcripts are now available on the Community Portal. Students needing official transcripts must be requested through the Guidance Office. Please see your counselor with any questions regarding transcripts.

 **Next Year Course Request Form is Available**

## LUNCH MENU

### CONESTOGA VALLEY MIDDLE SCHOOL

#### 02/22/2016 - Mon

Chicken Nuggets / WG Roll  
Cheese Calzone  
Mandarin Chicken Salad  
Bologna & Cheese on WG Roll

Steamed Peas  
Toss Salad Greens / Veggie Bar  
Pears / Fresh Fruit

#### 02/23/2016 - Tue

Sloppy Joe w/ French Fries  
Grilled Chicken on WG Roll  
Vegetarian Salad  
Turkey & Cheese on WG Roll

BBQ Northern Beans  
Grape Tomatoes / Veggie Bar  
Pineapples / Fresh Fruit



# Career Goal: The Five Post Graduation Pathways

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- 4-year + college or university
- 2-year college, technical, trade & specialized programs
- Military Service
- Employment/Career Prep/Apprenticeship
- Gap Year



# Career and Technical Center (CTC)

- 10th Grade - Pilot Welding Program
- 11th Grade - Half Day Option
- 12th Grade - Full Day Option

Locations: Brownstown, Mount Joy, and Willow Street



# Get Involved

- One of the best ways to have a good high school experience is to get involved
- CV offers something for everyone and if there is something you wish to participate in that isn't already available, you can fill out a club proposal form

- Yearbook
- CV IMPACT
- eSports
- FOCUS
- FCA (Fellowship of Christian Athletes)
- Fishing Club
- GSA (Gay Straight Alliance)
- Law Enforcement Club
- Literary Magazine (The Horseshoe Review)
- Newspaper (The Valley Voice)
- Step Team (Valley Heat)
- Mock Trial

- Math Honor Society (Mu Alpha Theta)
- National Honor Society (11th and 12th grade)
- PoWER (People Welcoming and Empowering Race)
- Quiz Bowl
- SADD
- Science National Honor Society
- Student Council
- Tech Team
- TSA (Technology Student Association)
- WLA (Women's Liberation Alliance)



# Athletics

- Fall

- Boys and Girls Soccer
- Cheerleading
- Cross Country
- Field Hockey
- Football
- Girls Tennis
- Girls Volleyball
- Golf

- Winter

- Bowling
- Boys and Girls Basketball
- Rifle
- Swimming
- Wrestling
- Cheerleading

- Spring

- Baseball
- Boys and Girls Lacrosse
- Boys Tennis
- Boys Volleyball
- Softball
- Track & Field
- Unified Track & Field





## QUESTIONS/DISCUSSIONS

2110 HORSESHOE ROAD, LANCASTER, PA 17601

717.397.2421

*[www.ConestogaValley.org](http://www.ConestogaValley.org)*