

Get informed.
Be prepared.
Take action.

TRUE NORTH
AT CAPITAL REGION ESD 113

PARENT NIGHT OUT

*Learn tips to talk confidently to
your kids about drugs and alcohol.*

**13
DEC**

6:30 pm | Zoom

REGISTER:

bit.ly/3sPfvSM

**11
MAR**

12 pm | Zoom

REGISTER:

bit.ly/3QHpy4c

**18
JAN**

12 pm | Zoom

REGISTER:

bit.ly/47oe6So

**11
APR**

6:30 pm | Zoom

REGISTER:

bit.ly/40NS8Wk

**15
FEB**

6:30 pm | Zoom

REGISTER:

bit.ly/3GctWmY

**13
MAY**

12 pm | Zoom

REGISTER:

bit.ly/3R9qQq8