ACTIVITY RULES

VOLLEYBALL (6th Grade Girls & C Team Girls)

A. Rules - National Federation of State High School Association Rules will govern all volleyball matches. This includes rally scoring.

B. Exceptions to Rules:

1. The first two games will be played to 25 points. The third game will be played to 15 points given that time permits within the 30 minute time frame. End of the season tournament 6th and C volleyball games will be NFHS regulation scoring 25-25-15, must win by 2 points.

2. 6th grade teams will consist of 6th grade girls only. C - team will consist of 7th & 8th grade girls only. Exceptions: Charter Schools / Su Valley

3. The height of the net shall be 7' 4 1/2".

4. The serving line will be 30 ' from the net when the facility permits. Adjustments of no more than two feet for short courts will be marked and communicated to referees and coaches prior to the match or jamboree.

5. A team should consist of 8-12 players.

6. Substitution/Rotation method will be in consistent circular manner with all players rotating in, in the same order.

7. Serving Limit – No player shall serve more than five consecutive points. After 5 points the next server on the same scoring team will serve.

C. Classification - Team classifications are based upon equal ability.

D. Participation Limitations - No volleyball player may participate or suit up for more than one team on the same day or in the same tournament unless agreed by both teams' coaches. The C-team, JV, and Varsity season is limited to 7th and 8th grade student athletes.

E. Team Selection - 6th Grade & C team volleyball will be a no-cut sport. All students will be allowed to participate if they have fulfilled eligibility requirements. The C-team, JV, and Varsity season is limited to 7th and 8th grade student athletes.

a. Academy Exception Rule: Academy middle school student population is 100 students or less. In order to field a JV and C team, Academy is allowed to include sixth graders in try outs and select to participate on a JV or C team, but not both. Rosters of teams will be made available. Sixth grade athletes who participate on the JV or C team will not participate during the 6th grade season.

b. Su Valley Exception Rule: Su Valley middle school population is 50 students or less. In order to fill a JV team, Su Valley rosters may be made of 6th, 7th, and 8th, graders. However, no more than three 8th graders are allowed to play on the floor at the same time for JV competitions. Rosters of teams will be made available.

F. Equipment - Preferably all players will wear a uniform with numbers clearly visible on the front and back.