COMMUNITY AND STATE RESOURCE LIST

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DOMESTIC & SEXUAL VIOLENCE COUNSELING, ADVOCACY & SHELTERS		
Agnes' Centers for Domestic Solutions	Offering Legal Advocate/outreach, Community Connections, classes, support groups, coaching and counseling	Office: (480) 664-6554 Fax: (480) 664-4457 Appointment Line (480) 664-6554 455 S 48th Street Suite 106 Tempe AZ 85281 http://www.agnescenters.com/
Arizona Coalition to End Sexual and Domestic Violence Hotline	Helpline available to victims of domestic and/or sexual violence. Statewide coalition educates community members and direct service providiers. M-F 8:30am-5:00pm.	(602) 279-2900 (800) 782-6400 TTY (602) 279-7270 www.acesdv.org
Arizona Child & Family Advocacy Network	Advocacy centers located through AZ are designed to provide onsite service to child victims of either physical or sexual abuse, as well as neglect. Some centers provide services to adult vicitims of sexual assault, domestic violence, or vulnerable adult abuse	(928) 713-9248 http://www.acfan.net/index.htm
Arizona Resource Directory	Directory of emergency shelters	https://arizona.myresourcedirectory.com/index.php?option=com_cpx&task=search.query&code=BH-1800.8500
Arizona Teen Lifeline	24 Hours	(800) 248-8336
Autumn House (Domestic Violence)	A safe place and a home for survivors of domestic violence and/or sexual assault. This space of dependability provides residency for survivors on their journey towards regaining self-sufficiency and becoming more empowered individuals. Offers comprehensive services to assist with obtaining and sustaining an independent, safe lifestyle. Call for availability & eligibility	(480) 835-5555 https://www.turnanewleaf.org/services/domestic-violence/autumn-house.html
CAAFA/Community Alliance (Apache Junction)	Domestic Violence shelter. Call for availability & eligibility	(480) 982-0205 879 N Plaza Dr #101D, Apache Junction AZ 85120 https://www.caafaaz.org/
Catholic Charities Pathways	Free outpatient counseling to those involved in abusive relationships.	DV Counseling: (480) 287-6503 Victim Advocacy: (480) 602) 819-0082
Chicanos Por la Causa-De Colores	Emergency shelter for up to 90 Days and transitional living for 3-6 months for victims of domestic violence and their children (age 12). Group and individual counseling , parenting classes	(602)269-1515 www.cplc.org
Chandler Family Advocacy Center	One central place victims can go to find all the services they need, such as law enforcement, advocates and other providers	(480) 782-4210 https://www.chandleraz.gov/blog/getting-know-chandlers-family-advocacy-center
Chandler Police Victim Services Unit	Advocates provide support, education & community resource connections	(480) 782-4535 250 E Chicago St Chandler AZ 85224 www.chandlerpd.com/about/victim-services
Child Abuse Hotline	24 Hours	(888) 767-2445

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Child Crisis Center East Valley	Provides emergency shelter & services for children in crisis situations, including abuse	(480) 969-9424 https://childcrisisaz.org/contact/
Chrysalis Phoenix	Domestic violence shelter & services. Offers a comprehensive array of trauma-informed programs for individuals and families impacted by domestic abuse. We take a 360-degree approach to the issue of abuse, working with the victim, the offender and the children. Call for details & locations	(602) 944-4999
City of Mesa Victim Services	Providing services to victims of multiple crimes inclusive of survivors of homicide, aggravated assault, robbery, child abuse, sexual assault, domestic violence, burglary, assaults, threats, and harassment.,	(480) 644-4075
Community Alliance Against Family Abuse	Sexual & domestic violence resources	Apache Junction (480) 982-0196
Community Info & Referral Services (az211.org)	Info and referrals	dial 211 or visit az211.org
Domest Violence Victims Advocate (Mesa)	DV Advocates	(602) 506-1047
Domestic Violence Shelter Hotline	Shelter hotline	(480) 890-3039
Elim House (Salvation Army - Central Phoenix)	Domestic Violence shelter. Call for availability & eligibility	(602) 267-4111
Faith House Domestic Violence Shelter	Faith House Domestic Violence Shelter gives safety and security to over 400 women and children a year fleeing abuse. We offer a safe bed, 3 meals a day, and all the basic needs that you and your family might need to get back on your feet.	(480) 969-4024 https://www.turnanewleaf.org/misc-web-pages/video-blogs/see-inside-faith-house-womens-crisis-shelter.html
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
Kaiser Family Center (Salvation Army)	Family emergency shelter	(602) 267-4130
LaFronterra / EMPACT	Sexual & domestic violence resources	(480) 784-1514
La Mesita	120 day emergency shelter for families. Case management, job development and on-site licensed daycare free of charge to residents. Homeless families w children up to age 17 - no fees	(480)834-8723 651 E Commonwealth Chandler or 2254 W Main St. Mesa
Maricopa County Shelters Centralized Screening (Domestic Violence Shelter/Assistance)	Domestic Violence shelters referral hotline. Coordinated entry for shelters & housing for Domestic Violence victims	(844) 723-3387 or (480) 890-3039
Maricopa County Attorney Victim Services Division	Shelter hotline	https://www.maricopacountyattorney.org/FormCenter/Contact-Us-4/Victim-Services-Division-Contact-Form-44
Mesa Emergency Children's Crisis Shelter (Whiteman's Safe Haven for Children)	Emergency crisis shelter for children	(480) 969-2308 Whiteman's Safe Haven for Children 604 W. 9th St. Mesa 85201 https://childcrisisaz.org/contact/

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Mesa Family Advocacy Center	Where police and social workers, Department of Child Safety, Office of Child Welfare Investigations, prosecuting attorneys and on-site physicians work together to reduce the trauma of physical and sexual abuse - where victimization is transformed into empowerment.	(480) 644-4075 https://www.mesafamilyadvocacycenter.com/contact-us/
My Sisters Place (Chandler)	Domestic Violence shelter for men, women and children. Community-based support groups also offered. Call for availability & eligibility	(480) 821-1024 www.catholiccharities.org
National Domestic Violence Hotline	Talk with an advocate 24/7 to receive confidential support	(800) 799-7233 www.thehotline.org
National Domestic Violence Deaf Services	Deaf advocates are available to respond through email, Instant Messenger, and video phone to those seeking help.	TTY: (800) 787-3224, Video Phone: (855) 812-1001 https://www.thehotline.org/help/deaf-services/
National Human Trafficking Hotline	Chat when advocates are available. 24 Hours.	(888) 373-7888 SMS: 233733 (Text "HELP" or "INFO") TTY 711
National Indigenous Women's Resource Center	National resource center to enhance the safety of native women and their children.	(406) 477-3896, Toll-free (855) 649-7299 https://www.niwrc.org/
National Sexual Assault Hotline (RAINN)	24 Hour hotline	(800) 656-4673 (HOPE) 24 Hour Chat Service: online.rainn.org
National Teen Dating Abuse Helpline	Text, phone and live chat services. 24 Hours	(866) 331-9474 Text "LOVE" to 22522 TTY (866) 331-8453
Phoenix Rescue Mission (Phoenix)	Charitable organization that offers a number of Christ-centered program and services for men, women, and children in the Phoenix, Arizona metro area who are struggling with homelessness, drug addiction, and trauma.	Men's facility Intake (602) 346-3390 Women's facility Intake (602) 688-6219 https://phoenixrescuemission.org/
Safe DV Services (formerly Centralized Screening)	24 Hours. Referrals & resources	(480) 890-3039
Safe Place for Youth (Young adults)	TXT 4HELP is a nationwide, 24-hour text-for-support service for teens in crisis. Resources & referrals offered. If you're in trouble or need help, text SAFE and your current location (address, city, state) to 4HELP (44357) for immediate help.	**Text SAFE** and your current location (address, city, state) to 4HELP (**44357**) for immediate help.
Salvation Army (Tempe)	Emergency Shelter & other services	(480) 967-8649 714 S Myrtle Ave, Tempe, AZ 85281 https://tempe.salvationarmy.org/
Sexual Assault/Domestic Violence Hotline	Hotline for counseling & other assistance	(480) 736-4949
Shelter & Housing Services	Hotline for shelter & housing resources	(800) 799-7739

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Shelter Without Walls	Domestic violence program addresses the unmet needs of Maricopa County survivors of domestic violence and their children, female or male, who are residing outside of a shelter setting, and are struggling to attain and/or maintain safety and independence, whether or not still living with their abuser. SWW targets survivors of domestic violence identified as “falling through the cracks”: those not yet separated, but desire to live independently from their abusive partners and need assistance to do so safely; survivors transitioning out of local shelters after a 30 to 120-day stay; and survivors living independently from their abusive partners but who are disconnected from services and struggling to remain independent.	(602) 452-4640 (English) (602) 534-3087 (Spanish)
Sojourner Center	Domestic violence shelter, providing a safe haven from domestic violence for women and their children in Arizona. Provides emergency support, child & youth services, transitional housing, access to counseling, workforce development, healthcare, pet companion shelter, certified child development center, and community-based services	(602) 244-0997 https://www.sojournercenter.org/
Stronghearts Native Helpline	A culturally-appropriate domestic violence and dating violence helpline for Native Americans, available every day from 7 a.m. to 10 p.m. CT	(844) 762-8483 https://www.strongheartshelpline.org/
Tempe Care 7	When dispatched by Tempe Police and/or Fire, CARE 7 will respond to incidents including domestic violence, auto accidents, sexual and physical assaults, suicides, homicides, and other unexpected deaths. CARE 7 will provide on-scene assistance and comfort and also provide follow-up resources such as assistance with filing for victim's financial compensation, orders of protection, funeral arrangements, and counseling referrals.	(480) 350-8004 https://www.tempe.gov/government/human-services/care-7

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Transitional Housing Resources - Metro Phoenix	Website for those who are looking for transitional housing based on their current needs. Types of transitional housing listed. - 3/4 houses: Sober living homes that help you transition back to your normal life. - Sober Living Homes: Homes where residents recover from substance abuse. - Halfway Houses: Variety of homes that can assist residents with substance abuse issues, emotional issues, physical issues and to transition back to society. - Reentry Programs: Hard to find residential re-entry programs. Listings include: government run, privately owned, non profit transitional housing resources. We work closely with many transitional housing programs who provide us with their latest details and costs. View the full details on our listing details pages. Where possible we provide prices and details such as sliding fee scale, free programs.	https://www.transitionalhousing.org/ci/az-phoenix
Winged Hope Family Advocacy Foundation	Sexual & domestic violence resources	(480) 757-7030
SHELTERS - TEMPORARY (INCLUDING DOMESTIC VIOLENCE & CHILDREN'S SHELTERS)		
Arizona Coalition to End Sexual and Domestic Violence Hotline	Helpline available to victims of domestic and/or sexual violence. Statewide coalition educates community members and direct service providiers	(602) 279-2900 www.acesdv.org
Arizona Resource Directory	Directory of emergency shelters	https://arizona.myresourcedirectory.com/index.php?option=com_cpx&task=search.query&code=BH-1800.8500
Autumn House (Domestic Violence)	A safe place and a home for survivors of domestic violence and/or sexual assault. This space of dependability provides residency for survivors on their journey towards regaining self-sufficiency and becoming more empowered individuals. Offers comprehensive services to assist with obtaining and sustaining an independent, safe lifestyle. Call for availability & eligibility	(480) 835-5555 https://www.turnanewleaf.org/services/domestic-violence/autumn-house.html
CAAFA/Community Alliance (Apache Junction)	Domestic Violence shelter. Call for availability & eligibility	(480) 982-0205 879 N Plaza Dr #101D, Apache Junction AZ 85120 https://www.caafaaz.org/
CASS Homeless Shelter (Men, Women, Kids)	Emergency shelter. Also assists families, veterans, senior citizens, young adults, single adults, etc. to fill service gaps and help thousands of people transform their lives, get a roof over their heads, a job, and a chance at a new life.	(602) 256-6945 https://www.cassaz.org/

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Chandler Police Victim Services Unit	Advocates provide support, education & community resource connections	(480) 782-4535 250 E Chicago St Chandler AZ 85224 www.chandlerpd.com/about/victim-services
Child Crisis Center	Emergency Shelter for children birth to 11	(480)969-2308 604 W 9th St Mesa
Child Crisis Center East Valley	Provides emergency shelter & services for children in crisis situations, including abuse	(480) 969-9424 https://childcrisisaz.org/contact/
Chrysalis Phoenix	Domestic violence shelter & services. Offers a comprehensive array of trauma-informed programs for individuals and families impacted by domestic abuse. We take a 360-degree approach to the issue of abuse, working with the victim, the offender and the children. Call for details & locations	(602) 944-4999
City of Mesa Resources for Homeless	City of Mesa listings of resources for assisting homeless individuals and families	https://www.mesaaz.gov/residents/housing-community-development/reducing-homelessness/help-for-the-homeless
Community Bridges Central City Addiction Recovery Center (Men)	Integrated behavioral healthcare & resources for addiction treatment and behavioral health concerns.	(877) 931-9142 https://communitybridgesaz.org/contact-us/
Community Info & Referral Services (az211.org)	Info & referrals	dial 211 or visit az211.org
Crisis Nursery	Emergency (respite) shelter for children ages birth to 10 yrs	(602)273-7364 2711 E Roosevelt Ave / admin 2334 E Polk St www.crisisnurseryphx.org
Domestic Violence Shelter Hotline	Shelter hotline	(480) 890-3039
East Valley Mens Center/EVMC (Single Men)	Provides shelter and support services to single men, the largest homeless population in Arizona, and the population that struggles most to find assistance. EVMC assists men as they re-integrate into the community with safe and stable housing, and provides the tools to maintain self-sufficiency. EVMC works with residents to build a personalized plan to foster physical and mental health, financial independence, and social responsibility. The program provides comprehensive services and customized strategies for each resident.	(480) 610-6722 A New Leaf East Valley Men's Center 2345 N Country Club Dr, Mesa AZ 85201 https://www.turnanewleaf.org/services/homelessness/east-valley-mens-center.html
Elim House (Salvation Army - Central Phoenix)	Domestic Violence shelter. Call for availability & eligibility	(602) 267-4111
Faith House Domestic Violence Shelter	Faith House Domestic Violence Shelter gives safety and security to over 400 women and children a year fleeing abuse. We offer a safe bed, 3 meals a day, and all the basic needs that you and your family might need to get back on your feet.	(480) 969-4024 https://www.turnanewleaf.org/misc-web-pages/video-blogs/see-inside-faith-house-womens-crisis-shelter.html

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Family Housing Hub - Umom	Coordinated entry for shelter & housing. Emergency extended family shelter, supportive and permanent housing, youth 12+, veterans up to 24 months, single women	(602) 595-8700 or (602) 275-7852 https://umom.org/
Family Promise	Shelter to rescue primarily first-time homeless families from the streets and provides emergency shelter and basic needs in a sixty-day program designed to assist their return to self-sufficiency. Shelter includes a sanctuary for the family pet, the first such program in Arizona.	(480) 659-5227 7221 E Belleview St Scottsdale AZ 85257 https://familypromiseaz.org/
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
Florence Crittendon Girl's Ranch	For pregnant and/o parenting girls ages 12-18. Home environment, group classes, parenting skills, and charter school on site. Transitional assistance after 18 yrs old	(602) 274-7318 www.flocrit.org
Fountain of Life Christian Fellowship/iHelp - Mesa	2nd & 4th Friday each month at 6pm. Interfaith Homeless Emergency Lodging Program is an outreach ministry we have joined with to minister to homeless women in need. We provide a safe place for them to sleep at our church and provide meals for them twice a month.	(480) 310-3581 6056 E. Baseline Rd. Ste. 134, Mesa, AZ 85206 http://www.fountainoflife.tv/ihelp/
Green House	Serves LBGT youth with transitional housing	(602) 468-2417
I-HELP / AZCend (Chandler)	I-HELP provides a safe place to sleep and a hot meal for adults experiencing homelessness every night of the week. I-HELP also offers case management services to connect individuals to the vital resources needed to regain stability and break the vicious cycle of homelessness. The mobile shower unit, the “Chandler Clean Machine,” provides guests with ready access to a warm shower.	(480) 963-1423 https://azcend.org/i-help/
I-HELP Overnight Shelter (Single Women)	Emergency shelter for homeless women without children. Faith congregations participate on a rotating basis.	(480) 654-4539 https://www.lss-sw.org/
I-HELP Emergency Shelter (Tempe)	Shelter program for adults (age 18 years and older) who are experiencing homelessness in Tempe. Provides overnight sleeping space and evening meals for the individuals enrolled in I-HELP. Each night I-HELP shelters, feeds, and cares for up to 40 men and women. During the day, program participants work with TCAA staff to prepare for transitioning to permanent housing. Hot showers and laundry services are made possible with TCAA’s mobile trailers. I-HELP operates in Tempe seven nights per week, 365 days a year.	(480) 422-8922 ext 5000 (leave message) https://tempeaction.org/what-we-do/i-help-emergency-shelter.html

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La Mesita/A New Leaf Family Shelter (Mesa)	A New Leaf's La Mesita Family Homeless Shelter is a 16-unit family shelter that provides a broad array of services to help homeless families with minor aged children to become self-reliant. It is the only shelter in the East Valley that allows parents to bring their children with them, a critically needed resource for families in crisis.	(480) 834-8723 https://www.turnanewleaf.org/services/homelessness/la-mesita-apartments.html
Lutheran Social Services/iHelp (Mesa)	Provides lodging, food, comfort, hope and opportunity for homeless women in Mesa and the East Valley. In addition, I-HELP also provides other supportive services such as case management, clothing and employment services to homeless women. Women served through the program are encouraged to develop "Life Plans" in which they set attainable goals leading to a greater level of self-sufficiency.	(480) 654-4539 https://www.lss-sw.org/partners-in-caring
Maricopa County Shelters Centralized Screening (Domestic Violence Shelter/Assistance)	Domestic Violence shelters referral hotline. Coordinated entry for shelters & housing for Domestic Violence victims	(844) 723-3387 or (480) 890-3039
Maricopa County and Metro-Phoenix Short Term Housing & Shelter Resources	Maricopa County residents who are facing imminent eviction or who are currently homeless have several housing assistance programs available to them. Non-profit centers, government resources, and various agencies are committed to preventing evictions, offering affordable housing units, and sheltering the homeless. Many of the centers have restrictions on who can use them or they may cater to a specific clientele. For example, a housing program or shelter may provide for families with children, single men, or the recently evicted. It is best to call in advance to learn about exact program terms. If one of the Maricopa County Arizona centers can't meet your need then they will refer individuals to other resources, such as federal government or state or Arizona assistance. Also work with a case manager to find a more permanent home. Some of the other more common solutions include the section 8 voucher program. Social workers will also offer information on employment services in Phoenix and the county.	https://www.needhelppayingbills.com/html/maricopa_county_short_term_hou.html
Mesa Emergency Children's Crisis Shelter (Whiteman's Safe Haven for Children)	Emergency crisis shelter for children	(480) 969-2308 Whiteman's Safe Haven for Children 604 W. 9th St. Mesa AZ 85201 https://childcrisisaz.org/contact/

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My Sisters Place (Chandler)	Domestic Violence shelter for men, women and children. Community-based support groups also offered. Call for availability & eligibility	(480) 821-1024 www.catholiccharities.org
National Domestic Violence Hotline	Talk with an advocate 24/7 to receive confidential support	(800) 799-7233 www.thehotline.org
Phoenix Rescue Mission (Phoenix)	Charitable organization that offers a number of Christ-centered program and services for men, women, and children in the Phoenix, Arizona metro area who are struggling with homelessness, drug addiction, and trauma.	Men's facility Intake (602) 346-3390 Women's facility Intake (602) 688-6219 https://phoenixrescuemission.org/
Safe Place for Youth (12-18 yrs old)	Safe Place is a national youth outreach program designed to provide immediate help and safety for teen ages 12-17 who are in crisis. The program is managed locally by UMOM. Teens can go to any Safe Place location and immediately get in contact with a crisis responder. They are transported to a UMOM location where they have access to shelter, counseling and family reunification services. Valley Metro Bus and RailAll 900 Valley Metro and city of Phoenix buses, which serve 100 routes across 512 square miles, serve as Safe Place locations. Teens in crisis can request Safe Place assistance on board any bus by notifying the operator. Valley Metro has designated all 35 light rail stations in Phoenix, Tempe and Mesa as Safe Place locations. Teens can seek help at any station 24-hours a day, seven days a week by pressing the emergency call box button located on each station platform. There are stationary Safe Place locations across the Valley at Quick Trip convenience stores, libraries, fire departments and local businesses. To find the nearest location, teens can text “Safe” and their address to 69866 or call (602) 841-5799	(602) 841-5799 or (800) 786-2929 or text “Safe” and your address to 69866
Safe Place for Youth (Young adults)	TXT 4HELP is a nationwide, 24-hour text-for-support service for teens in crisis. Resources & referrals offered. If you’re in trouble or need help, text SAFE and your current location (address, city, state) to 4HELP (44357) for immediate help.	Text SAFE and your current location (address, city, state) to **4HELP (44357**) for immediate help.

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SafePlace (Valleywide & Nationwide)	Safe Place is a national youth outreach and prevention program for young people in need of immediate help and safety. As a community-based program, Safe Place designates businesses and organizations as Safe Place locations, making help readily available to youth in communities across the country. Locations include: libraries, YMCA's fire stations, public buses, various businesses, and social service facilities	(602) 841-5799 https://www.unbrokenmc.org/safeplaces/
Save the Family (go thru Family Housing Hub)	Contact Family Housing Hub	(480) 898-0228 https://savethefamily.org/wp-content/uploads/2019/10/FHH-info-flyer.pdf
Salvation Army Family Shelter (Phoenix)	The Salvation Army Phoenix Emergency Family Shelter alleviates the financial problems many struggling, lower-income working families encounter. The shelter provides families a safe and supportive environment to overcome their plight. For up to 120 days, the shelter provides meals and basic material needs a family might have. Families work closely with a case manager to maximize their time in the shelter. Case managers empower and encourage residents to access community, mainstream and employment resources to increase household income. They promote basic financial literacy and household budgeting and also assist residents in locating permanent housing opportunities the family can maintain once they leave the shelter.	(602) 267-4130 2707 E. Van Buren St. Phoenix, AZ 85008 https://www.salvationarmyphoenix.org/emergency-family-shelter
Salvation Army Emergency Assistance (Metro Phoenix & Tucson)	Our family services emergency assistance programs provide social services to individuals and families who are experiencing financial crises. Our clients are undergoing a temporary stage of financial hardship and come to this program to stay in their homes, keep their utilities running, and feed their families	(602) 267-4122 https://arizona.salvationarmy.org/arizona/Family-Services-Emergency-Assistance
Salvation Army Corp Community Service Center, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need. Youth ministries provides a residential camp in Heber offering week-long sessions with activities designed to stimulate creative ability, self-esteem, and Christ-centered character building in children and teens. Angel Tree Program distributes donations for Christmas including at least 2 new toys, clothing, and stocking stuffers for children in need. Distributes food vouchers to families in need.	(480) 962-9103 241 E 6th St Mesa, AZ 85201 www.salvationarmyusa.org/

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Salvation Army (Tempe)	Emergency Shelter & other services	(480) 967-8649 714 S Myrtle Ave, Tempe, AZ 85281 https://tempe.salvationarmy.org/
Sexual Assault/Domestic Violence Hotline	Hotline for counseling & other assistance	(480) 736-4949
Shelter & Housing Services	Hotline for shelter & housing resources	(800) 799-7739
Shelter Without Walls	Domestic violence program addresses the unmet needs of Maricopa County survivors of domestic violence and their children, female or male, who are residing outside of a shelter setting, and are struggling to attain and/or maintain safety and independence, whether or not still living with their abuser. SWW targets survivors of domestic violence identified as "falling through the cracks": those not yet separated, but desire to live independently from their abusive partners and need assistance to do so safely; survivors transitioning out of local shelters after a 30 to 120-day stay; and survivors living independently from their abusive partners but who are disconnected from services and struggling to remain independent.	(602) 452-4640 (English) (602) 534-3087 (Spanish)
Sojourner Center	Domestic violence shelter, providing a safe haven from domestic violence for women and their children in Arizona. Provides emergency support, child & youth services, transitional housing, access to counseling, workforce development, healthcare, pet companion shelter, certified child development center, and community-based services	(602) 244-0997 https://www.sojournercenter.org/
Spirit of God Ministries (Men)	Provides emergency shelter for men who are homeless. **Hours:** Daily 6am-10pm **Eligibility:** Men age 18 and older who are homeless. Call for details	(602) 272-3662 1236 S 12th Ave Phoenix, AZ 85007

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Transitional Housing Resources - Metro Phoenix	Website for those who are looking for transitional housing based on their current needs. Types of transitional housing listed. - 3/4 houses: Sober living homes that help you transition back to your normal life. - Sober Living Homes: Homes where residents recover from substance abuse. - Halfway Houses: Variety of homes that can assist residents with substance abuse issues, emotional issues, physical issues and to transition back to society. - Reentry Programs: Hard to find residential re-entry programs. Listings include: government run, privately owned, non profit transitional housing resources. We work closely with many transitional housing programs who provide us with their latest details and costs. View the full details on our listing details pages. Where possible we provide prices and details such as sliding fee scale, free programs.	https://www.transitionalhousing.org/ci/az-phoenix
Transitional Housing Center (Men)	Addiction Recovery (Men)	(480) 461-1033
Transitional Housing Center (Women)	Addiction Recovery (Women)	(480) 835-8240
Transitional Living Communities (Drug Recovery)	Addiction Recovery	(480) 461-3136
UMom	Restores hope and rebuilds lives by providing shelter, services and affordable housing for people experiencing homelessness.	(602) 275-7852 3333 East Van Buren St Phoenix AZ 85008 https://umom.org/shelter/
Veterans First Ltd	Preventing homelessness and stabilizing lives among our Women Veterans while providing referrals, resources and information to all Veterans, their families and caregivers.	(602) 841-7663 8433 N. Black Canyon Hwy Ste 164 PhoenixAZ 85021 https://veteransfirstltd.org/advocacy/
Vista Colina (CASS)	Free 90-day emergency shelter for families. Drug and alcohol programs, employment services and onsite childcare / after school programs. Interview required.	(602)944-0960 1050 W Mountain View Road Phoenix AZ www.CASS-az.org
Watkins Overflow Shelter	Families receive a night of shelter, meal, shower, health checks, clothes and hygiene items	1120 W Watkins Phoenix AZ www.umom.org

FOOD BANKS & FOOD ASSISTANCE

SNAP	Supports eligible families with food vouchers to purchase food at local grocery stores	(855) 432-7587 https://des.az.gov/services/basic-needs/food-assistance
WIC	Special supplemental nutrition program for women, infants & children	https://azdhs.gov/prevention/azwic/

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DES Emergency Food Assistance Program	Federally funded program helps supplement the diets of low-income Americans, including elderly people, by providing them with emergency food and nutrition assistance at no cost	(855) 432-7587 https://des.az.gov/services/basic-needs/food-assistance/emergency-food-assistance
DES Arizona Commodity Senior Food Program	Federally funded food distribution program provides a once a month food package to people 60 years of age or older. The program is designed to improve health with nutritious United States Department of Agriculture (USDA) foods. The program benefits include nutrition education, reduction of malnutrition in seniors and referrals to health and social services organization. In some Arizona counties, the food program is called Food Plus.	(855) 432-7587 https://des.az.gov/services/basic-needs/food-assistance/az-commodity-senior-food-program
DES Congregate Meals	A **congregate meal** is a nutritious hot meal provided at least once a day to an eligible participant at a nutrition site, senior center or other group setting. Congregate meal programs provide older adults with positive social contacts with other seniors at the meal sites. Congregate sites may also offer a variety of health-related services such as transportation, health screening, social service referrals, legal assistance, physical and social activities and volunteer opportunities.	(855) 432-7587 https://des.az.gov/services/older-adults/healthy-living/congregate-home-delivered-meals
DES Home Delivered Meals	The **home-delivered meal program** provides a nutritious meal to an eligible individual at their residence. Volunteers and paid staff deliver these meals and spend additional time with the individuals, helping to decrease their feelings of isolation. They also check on the individual's welfare and report any health or other problems noted during their visits.	(855) 432-7587 https://des.az.gov/services/older-adults/healthy-living/congregate-home-delivered-meals
AAFB's Food Providers Directory	Listing of food banks & resources throughout AZ	http://www.azfoodbanks.org/index.php/foodbank/index/
Apache Junction Food Bank	We feed the hungry and refer them to other social services. We are an enabled agency of United Food Bank (UFB) and give out emergency food to provide short-term assistance to families-in-need	(480) 983-2995 575 N. Idaho Rd. Suite #701 Apache Junction AZ 85119 Email: info@ajfoodbank.org https://www.ajfoodbank.org/
AZcend	Assistance in the form of Emergency Food Boxes or Supplemental Food Boxes, I-HELP, Community Action Program & Family Resource Center	(480) 963-1423 345 S. California St Chandler AZ 85225 http://azcend.org/
Arizona Rise and Dream	Food Boxes provided M-F 8-5	18521 E Queen Creek Road - Queen Creek

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AZcend Gilbert Senior Center	Assists persons age 60 and older, or under age 60 with documented disability. Walk-ins serviced. No referral required. Suggestion donation $2.50 per meal. Delivery available for disabled/homebound who prequalify. Lunches Mon-Fri 11:15 am to 1:00 pm. Food boxes once per month (call for details)	(480) 503-6061 130 N. Oak St Gilbert 85233 https://azcend.org/chandler-gilbert-senior-centers/
Bridge Casa de Amor Mesa	Distributes clothing and food to people in need	(480) 464-2877 819 S MacDonald MesaAZ 85210 www.thebridgewebsite.com
Central Christian Church Gilbert	Provides food boxes. Call for visit website for details	(480) 305- 7500 https://www.centralaz.com/Gilbert
Central Christian Church Mesa	Provides food boxes. Call for visit website for details	(480) 924-4946 https://www.centralaz.com/Mesa
Chandler First Assembly of God, Chandler	Distributes nonperishable food items to those in need.	(480) 963-6868 532 W Ray Rd Chandler AZ 85225 http://chandlerfirstassembly.org
Christian Assistance Network, Mesa	Food boxes. Walk-ins served. No referral required.	(480) 985-1660 6659 E. University Dr. Mesa AZ 85205 http://www.azfoodbanks.org/index.php/foodbank/article/christian_assistance_network_c.a.n
Church of Latter Day Saints Home Storage/ Cannery, Mesa	Provides food assistance even for non-LDS members	(480) 214-9114 235 S El Dorado Cir, Mesa AZ 85202 http://familysurvivors.com/lds-cannery-locations.htm
Church of the Master Presbyterian, Mesa	The Christian Assistance Network helps people in need with food boxes and utility assistance within the church's service area which is Lindsay Rd to Crismon Rd between McDowell Rd and Guadalupe Rd.	(480) 985-1660 6659 E University Dr Mesa AZ 85205 www.cotmmesa.org
Church of the Resurrection, Tempe	Food boxes. Boundaries: East of McClintock Drive to West of Alma School, North of Baseline to South of railroad tracks. Hours: Tuesday & Thursday 9:00-11:00am	(480) 837-0207 3201 S Evergreen Tempe AZ
City of Refuge/Calvary Baptist Church	Food boxes. Hours: Wednesdays 8:00-9:30 am. Bring your own bags	2066 E Don Carlos Tempe AZ
Community Action of Chandler	Food Boxes provided Mon - Wed - Fri - 7:30 - 4pm / Tues 7:30 - 7pm	345 S California Street Chandler AZ
Community Food Bank of Southern Arizona	Provides hunger relief services including food boxes, backpack programs, community meals, fresh produce & education programs	(520) 622-0525 www.communityfoodbank.org
Community Info & Referral	Provides referrals for obtaining food boxes and assistance	(877) 211-8661
Divine/Dominion Word Ministries, Mesa	Distributes food boxes to people in need. Also provides summer meals for children	(480) 820-0224 2115 W Guadalupe Rd # 102 Mesa AZ 85202 www.dwmaz.org/

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Eagle Pathway, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need.	(480) 225-6664 241 E 6th St Mesa 85201 www.salvationarmyusa.org/
East Mesa Baptist Church	Provides emergency food items, clothing, and personal hygiene products for people in need. Clients must bring their own boxes and be on time.	(480) 986-9827 752 S Ellsworth Rd Mesa AZ 85208 http://www.eastmesabaptist.com/
Epic Food Mission	Walk-ins served. No referral required. Photo ID and proof of address required. 3rd Saturday of each month from 9-11am.	(480) 410-2147 5418 E Skyline Drive San Tan Valley AZ 85140
Father McGivney Food Bank	Walk-ins served. No referral required. Hours: Mondays 8:00 am to 10:00 am	(480) 290-1011 20615 E. Ocotillo Rd Queen Creek AZ 85142
FIBCO	Provides daily lunches, emergency food boxes, clothing, and toiletries to people in need. HOURS: Tue-Fri 9am-3pm. Register for food boxes Tue 10:30am-1:30pm, Wed 10:30am-11:30am. Pick up food boxes Fri 10am. Clothing and sack lunches available Tue, Wed, Fri 10:30am-1:30pm. No restrictions to eligibility. Documents to bring: call, visit, email or write for info	(602) 385-3900 1141 E Jefferson St Phoenix AZ 85034 http://www.fibco.org
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
First Southern Baptist	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(602) 242-6104 3100 W Camelback Rd Phoenix AZ 85017 http://www.firstphx.org
First United Methodist Church, Tempe	Provides services for people who are homeless. Services include shower facilities, meals, sack lunches, clothing, bottled water, and consultations with medical professionals. Offers shelter for homeless people in Tempe through I-HELP, the Interfaith Homeless Lodging Program.	(480) 967-3376 215 E University Dr Tempe, AZ 85281 www.urbanoutreachaz.org/
Food Pantries Org	Listing of food pantries in Mesa AZ & other areas	https://www.foodpantries.org/ci/az-mesa
Fountain of Life Mission Kitchen	Food boxes. Walk-ins served. No referral required.	(480) 310-3581 6056 E. Baseline Rd., Suite 113 Mesa AZ 85206 http://www.azfoodbanks.org/index.php/foodbank/article/fountain_of_life_mission_kitchen_153

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Gateway Church of Nazarene	Provides food boxes. Call or visit website for details	(480) 813-9300 6935 E Williams Field Rd Mesa AZ 85212 https://www.gwnaz.org/
Genesis Project	Offers meals, shower vouchers, clothing, and bagged lunches to go. Provides bottled water to people in need during summer months. Visiting nurse available. Offers Community Resource Center with community providers offering in-person assistance. Hours: Mon-Fri noon-2pm meals; Mon-Fri 2pm-5pm resource center; Mon noon-2pm shower vouchers and visiting nurse available. No restrictions to eligibility. Documents to bring: Visit center.	(480) 225-7757 564 N Idaho Rd Apache Junction AZ 85119 http://www.genesisprojectaz.com
Harvest Compassion Center, Chandler	Shop freely for food, hygiene items, and household products. NO APPOINTMENT NECESSARY. Each guest is allowed one visit every 30 days and is asked to provide proper identification that states their current home address. Each guest must bring with them their I.D. and also a utility bill. Hours: MONDAY 9:00 – 11:30 a.m. SATURDAY 9:00 – 11:30 a.m. We recommend that you come 15 minutes before closing time to ensure you are served well	(480) 686-8408 email: info@hccchandler.org 33 E Comstock Dr. Ste 5 Chandler AZ 85225 https://hccchandler.org/
Holy Spirit Church/Helping Hands, Tempe	Food boxes. Hours: M/W/Fri 9-11:00am by volunteers at parish office	(480) 838-7474 1800 E Libra Dr Tempe, AZ 85281
J.O. CombsSchool District Food & Clothing Bank	Proof of address required. Referral required if outside of school district Hours Tues 9:00 am to 11:00 am and 1:00 pm to 4:00 pm	(480) 987-5304 301 E Combs Rd San Tan Valley AZ 85140
Labor's Community Service Agency - Phoenix	Emergency Relief Fund to prevent individuals from further hardship with a one-time financial assistance towards basic needs such as utilities, food and eviction prevention. If you are in need of our affordable housing program's services, please fax the complete application to LCSA. The application is downloadable via their website	(602) 263-5741 3117 North 16th Street Phoenix, AZ 85016 https://www.rentassistance.us/li/az_LaborS_Community_Service
Lutheran Social Ministry, Mesa	Provides emergency food boxes, and limited utility payment assistance to people in need.	(480) 654-4539 5946 E University Dr Mesa AZ 85205 https://www.lss-sw-org/
Lutheran Social Ministry, Mesa	Food boxes. Hours: Tues & Thurs 9:00-11:00 am. Bring ID	(480) 332-5589 142 N. Date St Mesa, AZ
Manna Food Bank	Food boxes. Hours: Third Saturday of each month at 8:00am	(480) 838-2587 1135 E. Main St Mesa AZ
Matthew's Crossing Food Bank, Chandler	Offers monthly emergency food boxes, weekly supplement bags, infant food boxes, and holiday food boxes at Thanksgiving, Christmas, and Easter for people in need.	(480) 857-2296 1368 N Arizona Ave # 113 Chandler AZ 85225 http://matthewscrossing.org

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Mesa AZ Financial Assistance	Food pantries located in Mesa, AZ area	https://www.suntopia.org/mesa/az/food_pantries.php
Mesa CAN (call first, need documentation)	Provides food boxes	(480) 833-9200 635 E. Broadway Rd. Mesa AZ 85204 https://www.turnanewleaf.org/services/mesacan.html
Mesa Care Partnership/Catholic Charities East Valley	Provides resources & assistance for those in need in East Valley	(480) 833-8987 2220 S. Country Club Dr #106/108, Mesa AZ 85210 466 S. Bellview, Mesa AZ 85204 https://www.catholiccharitiesaz.org/
Midwest Food Bank (Gilbert)	Provides hunger, malnutrition and disaster relief services	(480) 892-0134 725 E. Baseline Road Gilbert AZ 85233 https://midwestfoodbank.org/locations/gilbert-az
Mountain View Family Church	Needs-based. Please call for appointment. Hours: Two Saturdays per month by appointment only 9:00 am to 10:00 am	(480) 415-9814 4815 W Hunt Hwy Queen Creek AZ 84142
Native Health (helps anyone)	Provides food boxes. Call or visit website for details	(480) 550-4048 https://www.nativehealthphoenix.org/services/resources/
New Hope Community Church, Gilbert	Provides emergency food bags to those in need. Call or visit website for details	(480) 497-4101 1380 E Guadalupe Rd Gilbert AZ 85234 http://www.newhopegilbert.org
Open Arms Care Center, Gilbert & Higley	Food boxes & clothing to those in need to residents of Gilbert & Higley. Hours Mon, Wed 1pm-3pm; Tue, Thu 9am-11am, 6pm-8pm; Sat 9am-11am	(480) 539-0175 522 N. Gilbert Rd #103 Gilbert AZ 85234 www.openarmscc.com
Paz De Cristo Outreach Center	Distributes food boxes and clothing to people in need. Offers information about and referrals to available services. Prepares and serves evening meals. Assists with some prescription expenses.	(480) 464-2370 424 W Broadway Rd Mesa AZ 85210 www.pazdecristo.org/
Resurrection Street Ministry, Mesa	Providing assistance to Veterans, Senior Citizens, Homeless, Low Income Families and Group Home Residents in Arizona. We also provide non-emergency transportation to Homeless, Low Income, and Disabled Veterans to their clinics, appointments, and local service organizations. In addition, our services include clothing donation and providing household items as needed through our S.T.U.F.F. Thrift Store in Mesa, AZ	(480) 615-2799 1135 E Main St Mesa AZ 85203 www.rsmaz.org
Rise Athletics	Provides food boxes and clothing for people in need. Offers backpacks and school supplies for students in the Higley School District. Provides Thanksgiving dinners and an adopt-a-family program for Christmas	(602) 391-8876 18521 E Queen Creek Rd Queen Creek AZ 85142 www.riseanddreamfoundation.com

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Salvation Army, Apache Junction	Provides Food Pantries and Meal Services to families and individuals in need in Apache Junction. Shelter and clothing services available. Provides emergency assistance when available for people in need including food boxes, clothing and furniture, rent and utility bill payment assistance, and prescription payment assistance. Also provides church services and Sunday school. Food boxes Tues-Thurs 8:30am to 11:30 am. Bread 8:30 am to 11:30 am and 12:30 to 3:00 pm. Walk-ins served. No referral required. Photo ID & proof of address needed.	(480) 982-4110 605 E. Broadway Avenue, Apache Junction https://apachejunction.salvationarmy.org/
Salvation Army, Chandler	Provides assistance to individuals and families in need. Services include emergency food boxes, Project Service to Help Arizonans with Relief on Energy (SHARE) for electric and gas utility bill payment assistance, and financial assistance with first month's rent or eviction notices for people in need. Food boxes hours: Tues-Fri 8:30 am to 11:30 am. Walk-ins served. No referral required. Photo ID & proof of address needed.	(480) 963-2041 85 E Saragosa St Chandler AZ 85225 www.salvationarmychandler.org
Salvation Army Corp Community Service Center, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need. Youth ministries provides a residential camp in Heber offering week-long sessions with activities designed to stimulate creative ability, self-esteem, and Christ-centered character building in children and teens. Angel Tree Program distributes donations for Christmas including at least 2 new toys, clothing, and stocking stuffers for children in need. Distributes food vouchers to families in need.	(480) 962-9103 241 E 6th St Mesa AZ 85201 www.salvationarmyusa.org/
Salvation Army, Tempe	Provides food pantries and meal services to families and individuals. Shelter and clothing services available.	(480) 967-8649 714 S Myrtle Ave Tempe AZ 85281 http://tempe.salvationarmy.org/
St Anne's Roman Catholic Church	Provides assistance with food boxes, clothing, furniture, small & large appliances, utility bills, referrals and other services.	(480) 507-4466 14 North Cottonwood Ln, Gilbert AZ 85234 https://stanneaz.org/connect/ministries/outreach/friends-of-the-needy

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St Mark's Episcopal Church Food Pantry	Program serves all Mesa residents and is open for distribution every second and fourth Tuesday of the month from 10:00 am to 11:30 am. Families are entitled to receive food once a month from this facility. The process includes an interview with the family and they are referred to additional community resources when appropriate. There are both English and Spanish speaking interviewers. All clients wishing to pick up food must bring an ID and proof of Mesa residence, such as a utility bill.	(480) 964-5820 322 N. Horne Mesa AZ 85203 https://www.stmarksmesa.org/food-pantrythrift-store.html
St Mary's Food Bank	Provides food to help feel hungry families throughout Phoenix and 13 Arizona counties	For Maricopa County: (602) 242-3663 https://www.firstfoodbank.org/
St Vincent de Paul Society (Central Arizona)	Assists in providing food and other help to those in need. Call for details or visit website	(602) 919-1658 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (Northern Arizona)	Serves meals to hungry families & individuals in Central and Northern Arizona	(602) 266-HOPE (4673) www.stvincentdepaul.net/programs/dining-rooms
St Vincent de Paul (St Bridget Church, Mesa)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 807-1493 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (Queen of Peace Church, Mesa)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 366-4953 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (All Saints Church, Mesa)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 985-7693 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (Holy Cross Church, Mesa)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 895-4259 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (Mesa)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 981-2021 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (St Mary Magdalene, Gilbert)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 209-9483 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (St Timothy's Church, Mesa)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 733-2790 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (Phoenix)	Assists in providing food and other help to those in need. Call for details or visit website	(602) 266-4673 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul (Our Lady of Guadalupe Church, Queen Creek)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 313-5603 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room

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St Vincent de Paul (Scottsdale)	Assists in providing food and other help to those in need. Call for details or visit website	(480) 312-2323 https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
St Vincent de Paul & SVdP Dining Room - (Tempe)	Assists in providing food, including hot meals, and other help to those in need. Lunch daily starting at 9:30am Call for details or visit website	(480) 966-1974 Dining Room: 67 W. Broadway Rd, Mesa AZ https://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
Scottsdale City Social Services	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(480) 312-2323 7700 E Roosevelt St Scottsdale AZ 85257 http://www.scottsdaleaz.gov
Shepherd's Warehouse	Food boxes. Call for appointment	(480) 945-5250 455 E Continental Dr Tempe AZ 85821
Suntopia	Listing of food pantries in Tempe AZ & surrounds	https://www.suntopia.org/tempe/az/food_pantries.php?page=1
Tempe Community Action Agency	Provides food pantry support for families. Provides meal services to families and seniors on site. Also provides clothing and social services. Also provides emergency shelter services for families.	(480) 422-9822 https://www.tempeaction.org/who-we-are/
Temple Beth Shalom, Chandler	Provides food boxes (call first to confirm details)	(480) 897-3636
The Cultural Cup Food Bank	Provides basic needs including emergency food boxes, emergency baby supplies, hygiene packs, and help with WIC and Food Stamp applications. Hours: Mon, Thu 11:30am-4pm; Tue, Wed 8:30am-2pm; Fri 8:30am-noon Eligibility: no restrictions. Visit the food bank. Bring photo ID for adults and children.	(602) 266-8370 342 E Thomas Rd Phoenix, AZ 85012 http://culturalcup.com
Tumbleweed Youth Center	Prepared meals for homeless youth 12 yrs to 25 yrs of age. Hours vary. Call for into	(480) 966-2036 505 W. University Dr Tempe AZ 85282
Tzu Chi Buddhist Foundation	Weekly food boxes after initial screening. Bring ID, school ID for school age. Food boxes only. No other services available. Hours: Tues/Wed/Fri 9:30-11:30 am and 1-4:30pm	(480) 838-6556 2145 W Elliot Rd Chandler, AZ 85224
UMom Crisis Center	Provides food boxes & other assistance. Call for details and locations	(800) 631-1314

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United Food Bank (locations valley-wide)	Assists in providing food to those in need. Distribution locations around valley	(480) 926-4897 245 S. Nina Dr Mesa AZ 85210 https://unitedfoodbank.org/get-help/
Veterans Resource Center (Mesa)	Assists in providing food to Veterans and their families in need	(480) 834-2105 165 N Centennial Way #101, Mesa AZ 85201 https://www.mesaunitedway.org/mesa-veterans-resource-center/
Victory Lutheran Church	Provides food boxes to those in need Hours: Monday & Wednesday 9:00-11:30am	(480) 654-4539 5946 E University Dr Mesa AZ 85205 https://victorylutheran.com/missions2/food-bank/
WIC (Women, Infants & Children - Mesa)	Special supplemental nutrition program for women, infants & children	(480) 984-1068 430 N Dobson Rd, Ste 111 & 112 Mesa AZ 85201 https://azdhs.gov/prevention/azwic/
WIC (Women, Infants & Children - Queen Creek)	Special supplemental nutrition program for women, infants & children	(877) 809-5092 x1527 36235 N Gantzel Rd, San Tan Valley AZ 85140 http://www.pinalcountyaz.gov/publichealth/Pages/home.aspx
Won Last Chance	Mission Kitchen hands out food boxes on Wednesdays and Fridays from 6PM to 7 PM to individuals and families. Food Box receipt is based on the household size- for example: a single household may receive one box whereas a household of four may receive two to three boxes. Food boxes contain enough supplies for three days and include: Meat | Deli Products | Dairy (When Available) | Dry Goods (Rice, Peanut Butter, Etc.) | Canned Goods **Delivery services may be available for emergency cases for those who cannot make a pick-up.**. Additionally offers spiritual guidance, helping direct people to churches, Bible study classes, and other places that can be a positive presence. However, we never push religion; we simply open the door and leave it open.	(602) 505-4664 6056 E Baseline Road Mesa AZ 85206 http://wonlastchance.net/services/
HOUSING & HOUSING ASSISTANCE		
AZcend	Assistance in the form of Emergency Food Boxes or Supplemental Food Boxes, I-HELP, Community Action Program & Family Resource Center	(480) 963-1423 345 S. California St Chandler AZ 85225 http://azcend.org/
Casa de Amor Baptist Services	Serving needs of the less fortunate in Phoenix's East Valley. Through a variety of programs, we strive to build a stronger, more stable community. Hours of operation: Monday thru Wednesday, 9 am - 12 pm.	(480) 464-2877 http://thebridgewebsite.com/
Catholic Charities Housing for Hope	Assistance with affordable housing communities throughout the Valley	(602) 530-5559 https://housingforhopeaz.org/

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Central Arizona Shelter Services (CASS)	Offers a variety of programs to help you find or maintain affordable housing. Although each housing authority is slightly different, they offer many of the same programs. Statewide.	Statewide: (602) 771-1000 https://housing.az.gov/
City of Chandler Housing & Redevelopment	Housing authority for City of Chandler	(480) 782-3200 235 S. Arizona Ave, Chandler AZ 85225 www.chandleraz.gov
City of Mesa Housing & Revitalization	Housing authority for City of Mesa	(480) 644-3536 20 E Main St #250 Mesa AZ 85211 www.mesaaz.gov/housing/
City of Phoenix Housing Dept	Housing authority for City of Phoenix	(602) 534-1974 830 E. Jefferson St Phoenix AZ 85034 http://phoenix.gov/housing/index.html
City of Scottsdale Housing Agency	Housing authority for City of Scottsdale	(480) 312-2528 7515 E. 1st St Scottsdale AZ 85251 www.scottsdaleaz.gov/assistance/housing.asp
City of Tempe Housing Services Division	Housing authority for City of Tempe. Hours Mon-Fri 7:00am-4:00 pm. Closed first Friday of each month	(480) 350-8950 Homeless Coordinator (480) 858-2350 21 E. 6th St #214 Tempe AZ 85281 (2nd Floor Orchid House, south municipal bldg) www.tempe.gov/housing/
Community Housing Partnership	Low income apartment rentals. Income requirements.	(602) 253-4870 1630 E Monroe St, Phoenix, AZ 85034
Community Info & Referral	Provides assistance and referrals to housing & community resources within the state of Arizona	211arizona.org or 2-1-1 on telephone
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
First Southern Baptist	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(602) 242-6104 3100 W Camelback Rd Phoenix, AZ 85017 http://www.firstphx.org
Home Base Youth Services	Transitional housing for youth ages 18-24 who are runaway / homeless. Education and employment assistance.	(602) 2547777 931 E Devonshire Ave Phoenix AZ 85014 www.hbys.org

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Homeward Bound	Serves the needs of families going through homelessness, including housing and in-depth programs to get them on their feet. Donations of the basics needed for a home are needed including kitchen items, cleaning supplies, clothing, food and more.	(602) 374-8765 https://homewardboundaz.org/
House of Refuge	Transitional housing and support services for families of 6 or less. Must meet definition of homeless. 1 year max stay.	(602)988-9242 6935 E Williams Field Rd Mesa AZ 85212 https://houseofrefuge.org/
Housing Choice Voucher's Program	Website to download applications. Must complete a written application and submit to the main office by mail.	(602) 744-4500 2024 N. 7th St #101 Phoenix AZ 85006 www.maricopahousing.org/sect8.htm
Labors Community Service Agency	Long-term affordable housing for homeless or low income families - no fee. Purchase cars for families who are eligible.	(602) 263-5741 3117 N 16th St #100 Phoenix AZ 85016 www.lcsaphx.org
Low Income Housing Resource Directory	Provides emergency housing referrals to the Community Action Program, St Vincent de Paul or Salvation Army nearest you	Maricopa County (602) 263-8856 or Outside Maricopa County (Toll Free) (800) 352-3792; Pima/Cochise/Graham/Greenlee & Santa Cruz Counties: (520) 881-1794 or Toll Free: (800) 362-3474 (Statewide) https://211arizona.org/housing-shelter/
Our Family Services Information & Referral Helpline (Southern AZ)	Online listing of low-income housing resources for state	https://arizona.myresourcedirectory.com/index.php?option=com_cpx&task=search.query&code=BH-7000.4600
Primavera Foundation serving Southern AZ	Provides pathways out of poverty through safe, affordable housing, workforce development, & neighborhood revitalization in Southern Arizona	(520) 623-5111 https://primavera.org
Public Housing	Housing authority of Maricopa county owns and manages 790 units in 16 communities throughout Maricopa county that are low rent.	www.maricopahousing.org/pubhse.htm
Salvation Army, Chandler	Provides assistance to individuals and families in need. Services include emergency food boxes, Project Service to Help Arizonans with Relief on Energy (SHARE) for electric and gas utility bill payment assistance, and financial assistance with first month's rent or eviction notices for people in need.	(480) 963-2041 85 E Saragosa St Chandler AZ 85225 www.salvationarmychandler.org
Salvation Army Corp Service Center Mesa AZ	Housing & other assistance for needy	(480) 962-9103 241 E 6th St Mesa AZ 85201 https://mesa.salvationarmy.org/

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Save the Family	Offers a variety of programs designed to empower families to conquer homelessness and achieve life-long independence. Through targeted services that align with the goals and strategies set by Valley of the Sun United Way and the Maricopa Association of Government's Continuum of Care, families at Save the Family end the damaging effects of family homelessness by: improving their education and employment opportunities, accessing safe, permanent housing, and building family competencies	(480) 898-0228 https://savethefamily.org/need-affordable-housing/
Suntopia, Metro Phoenix & other areas	Links to organizations offering housing & other assistance to those in need	www.suntopia.org/mesa/az/
Sunshine Rescue Mission, Maricopa Co.	Provides shelter, services & affordable housing for people experiencing homelessness	Maricopa County (602) 275-7852 https://umom.org
Tempe AZ Financial Assistance	Provides resources & links for homeless shelters, rental assistance, food banks, free clothing, child care, etc. in Tempe AZ area	www.suntopia.org/tempe/az/food_pantries.php?page=1
UMOM New Day Centers, Maricopa Co.	Helps people transform their lives, get roofs over their heads, gain employment and find a chance at a new life	Maricopa County (602) 256-6945 https://www.cassaz.org
Veterans Administration Homeless Campaign	VA is committed to ending Veteran homelessness by the end of 2015. No one who has served our country should ever go without a safe, stable place to call home. The entire department has put its energy and resources into ending Veteran homelessness. VA's programs provide individualized, comprehensive care to Veterans who are homeless or at risk of becoming homeless	(877) 424-3838 125 E University Dr Mesa AZ 85201 www.va.gov/homeless
RENTAL ASSISTANCE & OTHER FINANCIAL ASSISTANCE		
Church of the Master Presbyterian, Mesa	The Christian Assistance Network helps people in need with food boxes and utility assistance within the church's service area which is Lindsay Rd to Crismon Rd between McDowell Rd and Guadalupe Rd.	(480) 985-1660 6659 E University Dr Mesa AZ 85205 www.cotmmesa.org
Community Housing Partnership	Provides affordable housing options for families and individuals who are very low income or homeless. Hours: Mon-Fri 8:30am-4:30pm Program Fees: Varies Eligibility: Families and individuals who are very low income or homeless Intake Process: Call	(602) 253-6905 609 N 9th St. Phoenix AZ 85006 https://www.rentassistance.us/li/az_Community_Housing_Partnership_
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/

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First Southern Baptist	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(602) 242-6104 3100 W Camelback Rd Phoenix, AZ 85017 http://www.firstphx.org
Housing First (A New Leaf Rehousing)	Provides housing solutions in order to stabilize and serve individuals and families who are currently homeless or living in emergency shelters. With temporary case management, support services, and referrals for services, participants will be able to address their challenges and maintain long-term housing stability.	(480) 733-3042 https://www.turnanewleaf.org/services/homelessness/rapid-re-housing-program.html
Labor's Community Service Agency - Phoenix	Emergency Relief Fund to prevent individuals from further hardship with a one-time financial assistance towards basic needs such as utilities, food and eviction prevention. If you are in need of our affordable housing program's services, please fax the complete application to LCSA. The application is downloadable via their website	(602) 263-5741 3117 North 16th Street Phoenix, AZ 85016 https://www.rentassistance.us/li/az_LaborS_Community_Service
Lutheran Social Services (at Victory Lutheran Church)	Offers assistance with utility bills & rental assistance (limited). Appointment is required.	(480) 654-4539 5946 E University Dr Mesa AZ 85205 https://www.lss-sw-org/
Mesa CAN (call first, need documentation)	Provides food boxes	(480) 833-9200 635 E. Broadway Rd. Mesa AZ 85204 https://www.turnanewleaf.org/services/mesacan.html
Need Help Paying Bills	Phoenix and Maricopa County rental assistance. Emergency rental assistance as well as paying funds to prevent eviction. Eviction Prevention and Emergency Homeless Housing (EPEH)	https://www.needhelppayingbills.com/html/phoenix_rental_assistance.html
Primavera Foundation	Provides pathways out of poverty through safe, affordable housing, workforce development, & neighborhood revitalization in Southern Arizona	Southern Arizona Region (520) 623-5111 https://primavera.org
St Vincent dePaul - Main Phoenix Society	Special works ministry	(602) 261-6854 420 W Watkins Rd Phoenix AZ 85002 www.stvincentdepaul.net

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St Vincent dePaul - Tempe	Offers assistance with rent, utilities & food boxes. Call Mon-Fri 9am-11am. Other times leave message. Boundaries: North side of Baseline to 1st Street; East of Priest to East 2700 on University and East 1800 on Broadway	(480) 966-1974 OLMC Parish 2121 S Rural Rd Tempe AZ 85282
Salvation Army, Chandler	Provides assistance to individuals and families in need. Services include emergency food boxes, Project Service to Help Arizonans with Relief on Energy (SHARE) for electric and gas utility bill payment assistance, and financial assistance with first month's rent or eviction notices for people in need.	(480) 963-2041 85 E Saragosa St Chandler, AZ 85225 www.salvationarmychandler.org
Salvation Army Corp Community Service Center, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need. Youth ministries provides a residential camp in Heber offering week-long sessions with activities designed to stimulate creative ability, self-esteem, and Christ-centered character building in children and teens. Angel Tree Program distributes donations for Christmas including at least 2 new toys, clothing, and stocking stuffers for children in need. Distributes food vouchers to families in need.	(480) 962-9103 241 E 6th St Mesa, AZ 85201 www.salvationarmyusa.org/
Salvation Army - Tempe	Assistance with mortgage, rent, and utilities for Tempe/Guadalupe residents. Call for appointment Mon 9am. Call for food assistance requirements.	(480) 967-8649 714 S. Myrtle Ave. Tempe AZ 85281 www.salvationarmyusa.org
Scottsdale City Social Services	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(480) 312-2323 7700 E Roosevelt St Scottsdale, AZ 85257 http://www.scottsdaleaz.gov
Suntopia, Metro Phoenix & other areas	Links to organizations offering financial assistance to those in need	www.suntopia.org/mesa/az/
TRANSITIONAL HOUSING PROGRAMS		

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A New Leaf (Valleywide)	A New Leaf is a critical resource in the Valley, providing homeless shelters, affordable housing, basic needs, and comprehensive services that support vulnerable families in Arizona. From children's programs, to family counseling, to emergency shelter, A New Leaf serves those experiencing the housing crisis that is devastating our community.	(480) 733-3042 or Family Housing Hub (602) 595-8700 https://www.turnanewleaf.org/services/homelessness/rapid-re-housing-program.html
Arizona Housing Inc (AHI)	Promotes and develops affordable, supportive housing as the solution to ending chronic homelessness. AHI is a 501(c)(3) non-profit organization that works closely with local homeless shelters and providers. It consists of five apartment complexes, providing over 550 modern apartments to individuals and families who are motivated to end their homelessness, but still need additional support. The program is based on the Housing First Model where individuals and families are provided housing with wrap around case management services. Case management provides stability for individuals, which increases their success, allowing for accountability and promoting self-sufficiency. Case managers and resident service coordinators engage residents through community activities and services to create and maintain a healthy environment. As residents come to trust the staff, they seek their support in other areas. The housing is permanent and affordable – residents each have their own lease and pay 30% of their income towards rent. Residents who were formerly classified by the U.S. Department of Housing and Urban Development (HUD" as "chronically homeless" pay rent with HUD vouchers, designed to end their long-term homelessness.	(602) 228-7832 http://www.azhousinginc.org/about.html
Community Housing Partnerships (metro Phoenix)	Provides affordable housing options for families and individuals who are very low income or homeless. Hours: Mon-Fri 8:30am-4:30pm Program Fees Vary. Languages:English, Spanish. Handicap Accessible. Call for intake info.	(602) 253-6905

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East Valley Mens Center/EVMC (Single Men)	Provides shelter and support services to single men, the largest homeless population in Arizona, and the population that struggles most to find assistance. EVMC assists men as they re-integrate into the community with safe and stable housing, and provides the tools to maintain self-sufficiency. EVMC works with residents to build a personalized plan to foster physical and mental health, financial independence, and social responsibility. The program provides comprehensive services and customized strategies for each resident.	(480) 610-6722 A New Leaf East Valley Men's Center 2345 N Country Club Dr, Mesa AZ 85201 https://www.turnanewleaf.org/services/homelessness/east-valley-mens-center.html
Family Housing Hub	Referral and resources for housing for families	(602) 595-8700
Homeward Bound - Phoenix (Families only)	A one-year program that helps families find stable housing through workforce development, financial literacy, and case management services. Families need to meet the following criteria in order to be eligible. 1) Experiencing homelessness - homeless or facing eviction? 2) Must have custody of one or more minor-aged children 3) Must have verifiable income AND must meet income limits (earn less than 50% of the Phoenix median income)	(602) 263-7654 https://homewardboundaz.org/apply/
House of Refuge - Mesa (Families only)	House of Refuge is a faith-based, non-profit organization that provides supportive services and transitional housing to homeless families. Through our work program we provide case management services and employment support to individuals who call House of Refuge home while they reach their ultimate goal of self-sufficiency and personal success. This facility is NOT an emergency shelter.	(480) 988-9242 https://houseofrefuge.org/find-help/?v=7516fd43adaa
House of Refuge Sunnyslope (Singles & families)	Faith-based, long-term, transitional housing program. Three programs operated: men, women with children, and women. Our capacity is between 70 and Also operate a food bank/kitchen in conjunction with St. Mary's Food Bank. Helps people who have come from situations of imprisonment, addiction, and chronic unemployment get back on their feet by helping meet their physical needs for food, shelter, and safety. Transforms lives by helping them learn practical life skills, engage in community, and find spiritual restoration	(602) 678-0223 9844 N 7th Pl, Phoenix AZ 85020 https://refugesunnyslope.com/

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Maricopa County and Metro-Phoenix Short Term Housing & Shelter Resources	Maricopa County residents who are facing imminent eviction or who are currently homeless have several housing assistance programs available to them. Non-profit centers, government resources, and various agencies are committed to preventing evictions, offering affordable housing units, and sheltering the homeless. Many of the centers have restrictions on who can use them or they may cater to a specific clientele. For example, a housing program or shelter may provide for families with children, single men, or the recently evicted. It is best to call in advance to learn about exact program terms. If one of the Maricopa County Arizona centers can't meet your need then they will refer individuals to other resources, such as federal government or state or Arizona assistance. Also work with a case manager to find a more permanent home. Some of the other more common solutions include the section 8 voucher program. Social workers will also offer information on employment services in Phoenix and the county.	https://www.needhelppayingbills.com/html/maricopa_county_short_term_hou.html
Mast House/Arizona Bridge to Independent Living (North Scottsdale)	Arizona Bridge to Independent Living has a transitional living house, the Mast House (primarily designated for disabled persons). This home, located in north Scottsdale, Arizona. ABIL has made this house available, on a rental basis, for consumers who are in transition and need an affordable, accessible, temporary place to live. Consumers, along with caregivers or family members, can stay in the Mast House for a maximum of eight weeks. This eight-week period gives consumers time to ready accessible housing, organize resources and, in some case, finish out-patient rehabilitation. Fees may apply for this Transitional Housing resource. Contact The Mast House Transitional Living House with the contact information we provided to get full details. Oftentimes you can apply for sliding scale fee payment or other options if you are low income. You will need to speak with them to see if you qualify.	(602) 980-3232 http://www.abil.org/transitional-living-house
Maggie's Place (Pregnant)	Provides life-changing programs and services for pregnant and parenting women and their children by offering a warm and welcoming community, a safe place to live and learn, and on-going services to help them become self-sufficient.	(602) 262-5555 or (602) 246-3724 https://www.maggiesplace.org/
Save the Family - Mesa	Contact Family Housing Hub for referral/resources	(480) 898-0228

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Transitional Living Community	Helping addicts rebuild their lives | Substance abuse treatment | Halfway houses | sober living | homeless welcome Addicts helping addicts.	(480) 833-0143 https://www.transitionalliving.org/
RENT & UTILITY ASSISTANCE		
Azcend/CAP (Chandler & Gilbert locations)	Assistance in the form of Emergency Food Boxes or Supplemental Food Boxes, I-HELP, Community Action Program & Family Resource Center	(480) 963-1423 Chandler location or (480) 892-5331 Gilbert location 345 S. California St Chandler AZ 85225 http://azcend.org/
Chandler CAP	The Chandler Christian Community Center meets the basic human needs, including emergency food boxes for people in crisis in the Chandler community and works to empower individuals and families by providing programs that develop skills needed for self-sufficiency and long-term change. Chandler Christian Community Center's overarching long term goal is to reduce hunger among residents of the greater Chandler area. •To support and cultivate goodwill and understanding among all races, creeds, religions and nationalities •To fulfill emergency needs for persons and families in crisis •To empower the people we serve with needed skills and resources to work toward self-sufficiency •To expand partnerships and strengthen community relations in order to benefit the people that we serve	(480) 963-4341 https://www.rentalassistance.us/li/az_chandler-cap
DES (Dept of Economic Security)	Cash Assistance helps families meet their basic needs for well-being and safety and serves as their path to self-sufficiency. The Cash Assistance program provides temporary cash benefits and supportive services to the neediest of Arizona's children and their families	(480) 777-1168 https://des.az.gov/services/child-and-family/cash-assistance
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/

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First Southern Baptist	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(602) 242-6104 3100 W Camelback Rd Phoenix AZ 85017 http://www.firstphx.org
Gilbert CAP	AZCEND CAP programs offer a balanced approach to meet the needs of our community: • Case Management • Goal Planning Through Life Action Maps • Job Training • Employment and Education Referrals • Financial Education • Referrals to Other Services and Programs • Follow-up and ongoing support • Emergency Financial Assistance • Utility Assistance • Eviction Prevention • Shelter/Housing Referrals • Food and Clothing Referrals	(480) 892-5331 132 W Bruce Ave, Gilbert AZ 85233 heritage@azcend.org
Gilbert Rent & Utility Assistance	Assisting residents of Gilbert with Rent & Utility Assistance, Foreclosure Prevention & Lending Information	https://www.gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/foreclosure-prevention-predatory-lending-information
Guadalupe CAP	Mortgage, rent, utilities assistance inquiries by phone. Call Mondays 9am to noon to get name on list. Staff will call by Thurs and, if qualify, will provide appt for the following week. Weekly food pantry 7am-8am. ID required. Food boxes for seniors 60+ only. Proof of residency (utility bill or rental/lease agreement) required.	(480) 730-3039 9241 S Avenida Del Yaqui, Guadalupe AZ 85283 www.guadaluperaz.org
Labor's Community Service Agency - Phoenix	Emergency Relief Fund to prevent individuals from further hardship with a one-time financial assistance towards basic needs such as utilities, food and eviction prevention. If you are in need of our affordable housing program's services, please fax the complete application to LCSA. The application is downloadable via their website	(602) 263-5741 3117 North 16th Street Phoenix, AZ 85016 https://www.rentassistance.us/li/az_LaborS_Community_Service

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Lutheran Social Services Southwest	A limited amount of financial assistance is available each month. Eligibility and availability are based upon a variety of factors. Please call for more information.	(480) 654-4539 https://www.lss-sw.org/what-we-do-home
Mesa CAN / Turn A New Leaf	MesaCAN attempts to assist as many clients as we can with the provision of available funding and staff. Whether trying to receive assistance for rent or utilities, please be mindful that the volume of requests is very high. Due to very limited rental assistance funding, we can only take a limited number of appointments when clients are calling in from 2 – 2:30 pm on Thursday. When the funding is gone for the month, we stop taking appointments. From 9:30 – 10:00 am on Fridays is when we take calls for utility assistance. While there are more funds available for utilities, there is limited available staff to handle the appointments allowed during the half-an-hour call-in period. If you have not been previously assisted with utilities at MesaCAN, you can walk-in between 8 and 10 am. Make sure you have all of the required documents to show eligibility for assistance; one of the most important qualifiers is that you must be a Mesa resident. Please remember, this also depends on the availability of staff and as well as funds. Please be accepting that we can't take care of everyone who attempts to call in.	(480) 833-9200 https://www.turnanewleaf.org/services/financial-empowerment/mesacan.html
St Vincent dePaul - Tempe	Offers assistance with rent, utilities & food boxes. Call Mon-Fri 9am-11am. Other times leave message. Boundaries: North side of Baseline to 1st Street; East of Priest to East 2700 on University and East 1800 on Broadway	(480) 966-1974 OLMC Parish 2121 S Rural Rd Tempe AZ 85282
Salvation Army Financial Assistance (Statewide)	The Salvation Army has a number of assistance programs across Arizona. Some of them can provide direct financial help for paying rent, utility bills, medications and more. The amount of cash provided depends on funding. Other locations listed below of the Salvation Army in Arizona will not provide monetary assistance, but instead distribute food, clothing, free Christmas gifts or holiday assistance, offer school supplies and case management services.	(480) 833-8322 https://www.needhelppayingbills.com/html/arizona_salvation_army_financi.html

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Salvation Army, Apache Junction	Provides Food Pantries and Meal Services to families and individuals in need in Apache Junction. Shelter and clothing services available. Provides emergency assistance when available for people in need including food boxes, clothing and furniture, rent and utility bill payment assistance, and prescription payment assistance. Also provides church services and Sunday school. Food boxes Tues-Thurs 8:30am to 11:30 am. Bread 8:30 am to 11:30 am and 12:30 to 3:00 pm. Walk-ins served. No referral required. Photo ID & proof of address needed.	(480) 982-4110 605 E. Broadway Avenue, Apache Junction https://apachejunction.salvationarmy.org/
Salvation Army, Chandler	Provides assistance to individuals and families in need. Project Service to Help Arizonans with Relief on Energy (SHARE) for electric and gas utility bill payment assistance, and financial assistance with first month's rent or eviction notices for people in need. Food boxes hours: Tues-Fri 8:30 am to 11:30 am. Walk-ins served. No referral required. Photo ID & proof of address needed.	(480) 963-2041 85 E Saragosa St Chandler AZ 85225 www.salvationarmychandler.org
Salvation Army Corp Community Service Center, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need. Youth ministries provides a residential camp in Heber offering week-long sessions with activities designed to stimulate creative ability, self-esteem, and Christ-centered character building in children and teens. Angel Tree Program distributes donations for Christmas including at least 2 new toys, clothing, and stocking stuffers for children in need. Distributes food vouchers to families in need.	(480) 962-9103 241 E 6th St Mesa AZ 85201 www.salvationarmyusa.org/
Salvation Army - Tempe	Assistance with mortgage, rent, and utilities for Tempe/Guadalupe residents. Call for appointment Mon 9am. Call for food assistance requirements.	(480) 967-8649 714 S. Myrtle Ave. Tempe AZ 85281 www.salvationarmyusa.org
Scottsdale CAP	Mortgage, rent, utilities (electric/gas only) assistance by phone only to schedule appointment. Mon-Fri 8am-5pm. For food assistance, call for appointment Mon-Fri 8am-5pm	(480) 312-2323 7700 E Roosevelt Rd. Scottsdale AZ 85251 www.scottsdaleaz.gov

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Scottsdale City Social Services	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(480) 312-2323 7700 E Roosevelt St Scottsdale AZ 85251 http://www.scottsdaleaz.gov
Scottsdale LIHEAP	LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) available for eligible Scottsdale Residents. Visit website for eligibility requirements	(480) 312-2323 https://www.scottsdaleaz.gov/Assets/ScottsdaleAZ/Social+Services/Vista+Programs/Utility+Assistance+Available.pdf
St Vincent de Paul - Metro Phoenix area	To prevent families from having to experience homelessness plus the emotional trauma and life recovery challenges that go with it, we provide one-time assistance for rent, mortgage and utility bills.	(602) 850-6722 https://www.stvincentdepaul.net/programs/homelessness-prevention
Tempe CAP	The Arizona Department of Housing handles their Eviction Prevention and Emergency Homeless Housing (EPEH) Program out of this office. Services may include rental eviction prevention, mortgage foreclosure help, rental security and utility deposit help or utility assistance when funds are available. Please contact them directly for more information.	(480) 350-5880 2150 E Orange Tempe AZ 85281 https://www.rentassistance.us/li/az_Tempe_Cap
Vista del Camino Community Services (Scottsdale)	Vista del Camino provides a variety of services to Scottsdale residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress and assist individuals to maintain self-sufficiency	(480) 312-2323 https://www.scottsdaleaz.gov/human-services/vista-del-camino#help
AFFORDABLE RENTALS - FAMILIES		

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Arizona Dept of Housing	Public housing agency that helps provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Arizona Department of Housing manages several funded programs and has a total of 60 subsidized affordable housing units for rental assistance. Arizona Department of Housing administered a total of 518 Section 8 Vouchers. Arizona Department of Housing currently has Section 8 as its program type. Arizona Department of Housing is located at 1110 W. Washington St., Ste. 310, Phoenix, AZ, 85007 and serves the city of Phoenix. Income limits, fair market rents and rent rates vary with each agency. Please contact Arizona Department of Housing at, (602) 771-1000 for more information about coverage area and program availability.	(602) 771-1000 http://www.azhousing.gov/
Barrio Nuevo Housing	Housing resources/low-cost apartment housing. Hours: Mon-Fri 8:00am to 5:00pm	(480) 820-2772 or (480) 820-3410 5805 E Calle Fortunato Serrano Guadalupe AZ 85283
Chandler Housing Authority	There are eligibility requirements to qualify for Public Housing, Section 8 or other affordable rental housing. Some of the main criteria are: • Qualifies as an individual, family, elderly or disabled person; • Income that does not exceed the annual posted income limits; • Meets citizenship/eligible immigrant criteria; • Provides required documentation, including Social Security Numbers; • Signs consent authorization. • Pass criminal background history review • Pass tenancy history review (not applicable to Section 8 applicants) • Pass credit history review (not applicable to Section 8 or Public Housing applicants) • In addition, families must meet other eligibility and screening criteria	https://www.chandleraz.gov/residents/neighborhood-resources/housing-and-redevelopment/how-to-apply-for-housing
HUD Office - Phoenix Field Office (Section 8)	HUD helps apartment owners offer reduced rents to low-income tenants. To apply, contact or visit the management office of each apartment building that interests you. Housing resources locator	(602) 379-7100 https://resources.hud.gov/ https://www.hud.gov/states/arizona/offices

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HUD Homeless Resources site	Search for HUD offices, public housing agencies, multifamily and public housing locations and homeless coordinated entry system points of contacts	https://www.hud.gov/states/arizona/homeless
Low Income Housing US	Online listing of "affordable" housing by area	https://www.lowincomehousing.us/AZ/mesa.html
Mercy Housing	Online low income housing & programs listing	https://www.mercyhousing.org/find-housing/
Mesa Housing Authority	There are eligibility requirements to qualify for Public Housing, Section 8 or other affordable rental housing. Some of the main criteria are: • Qualifies as an individual, family, elderly or disabled person; • Income that does not exceed the annual posted income limits; • Meets citizenship/eligible immigrant criteria; • Provides required documentation, including Social Security Numbers; • Signs consent authorization. • Pass criminal background history review • Pass tenancy history review (not applicable to Section 8 applicants) • Pass credit history review (not applicable to Section 8 or Public Housing applicants) • In addition, families must meet other eligibility and screening criteria	(480) 644-3536 https://www.gosection8.com/Mesa-Housing-Authority/HA409
Nuestro Senora Apartments	Low-cost apartment housing. Hours Mon-Fri 9am-5pm	(480) 247-8139 5420 E Calle Cerrito Guadalupe AZ 85283
Phoenix Housing Authority	Eligibility is dependent on the program which you are applying for. Typically PHAs have housing programs specifically for low-income families, veterans, the disabled and elderly. Low-Income ranges are published yearly by HUD and are dependent on family size and location.	(602) 534-1974 https://www.gosection8.com/Mesa-Housing-Authority/HA409
Rental Housing Deals (Section 8)	Online listing of Section 8 housing by area	https://www.rentalhousingdeals.com/section-8-housing
Save the Family	Offers a variety of programs designed to empower families to conquer homelessness and achieve life-long independence. Through targeted services that align with the goals and strategies set by Valley of the Sun United Way and the Maricopa Association of Government's Continuum of Care, families at Save the Family end the damaging effects of family homelessness by: improving their education and employment opportunities, accessing safe, permanent housing, and building family competencies	(480) 898-0228 https://savethefamily.org/need-affordable-housing/

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Section 8 Housing	Listing of Section 8 housing by area	www.gosection8.com
Tempe Housing Authority	Eligibility is dependent on the program which you are applying for. Typically PHAs have housing programs specifically for low-income families, veterans, the disabled and elderly. Low-Income ranges are published yearly by HUD and are dependent on family size and location.	(480) 350-4311 https://www.gosection8.com/Tempe-Housing-Authority/HA1120
Affordable Housing Online	Online Low-income apartment/housing listing	https://affordablehousingonline.com/housing-search/Arizona/Mesa
Alma Park Apartments (Section 8)	Section 8 Project Based Housing Community offering housing to low income tenants.	(480) 964-9136 http://www.blivenpm.com/subsidized-housing
Apartments.com	Online listing of low-income housing	https://www.apartments.com/mesa-az/low-income/
Apartments.com	Online listing of apartments by area & cost	https://www.apartments.com/mesa-az/under-500/
ApartmentFinder.com	Online listing of income-restricted housing	https://www.apartmentfinder.com/Arizona/Mesa-Income-Restricted-Apartments
ApartmentGuide	Online listing of "affordable" apartments by area	https://www.apartmentguide.com/apartments/Arizona/Mesa/cheap-apartments-for-rent-4la/
Arroyo Terrace Apartments	This affordable, accessible apartment building is located at 333 North Chippewa Place in Chandler, AZ. Arroyo Terrace Apartments offers the best in independent living. Residents have their own apartment and the opportunity to arrange their own supportive living services. Qualifying households pay rent based on 30% of household monthly income. Income limits apply, but no minimum income is required to qualify.	(480) 963-1358 http://www.accessiblespace.org/arroyo-terrace-apartments
Encore on Farmer - Tempe	Housing for seniors, aged 55 yrs & older. Applicants must have verifiable income that meets the minimum income required and does not exceed the maximum income for the number of household members that will be residing in the apartment home	(480) 966-3085 http://encoreseniorhousing.com/farmer/
Grandfamilies Place	Affordable housing for multi-generational families in Phoenix area	(602) 354-4897 5150 S. 18th Pl Phoenix AZ 85040 https://www.grandfamiliesplace.net/
Legacy on Main II (Income-based)	Participant in the Low-Income Housing Tax Credit (LIHTC) and HOME Investment Partnerships Program programs.	(480) 649-5673 https://affordablehousingonline.com/housing-search/Arizona/Mesa/Legacy-on-Main-II/10044586
Mesa Senior Meadows (Seniors 62+)	Single-story senior community consists of 40 units of housing for low-income seniors 62 years and older. With on-site Resident Services, residents receive monthly newsletters and calendars filled with age in place programs, activities, and services.	(480) 615-7893 https://www.mercyhousing.org/mountain-plains/mesa-senior-meadows/

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Public Housing Network	Affordable housing network, including Section 8 housing by area	https://www.publichousing.com/city/az-mesa
RentCafe	Online listing of "cheap" apartments by area	https://www.rentcafe.com/cheap-apartments-for-rent/us/az/mesa/
Rental Housing Deals	Online listing of "affordable" housing by area	https://www.rentalhousingdeals.com/AZ/MESA
RentBlurb	Online listing of Section 8 housing by area	http://www.rentblurb.com/section-8-city.asp?c=Mesa&s=AZ
RJ Piltz - Vista Bonita Apartments	Accessible, affordable housing. Residents enjoy the privacy of their own apartments and have the opportunity to arrange their own supportive services. Must have a qualifying disability, and also pass criminal, credit, & rental history Qualifying households pay rent based on 30% of their monthly household income. Income limits apply, but no minimum income is required to qualify.	(480) 889-0893 http://www.accessiblespace.org/rj-piltz-vista-bonita-apartments
San Fernando Apartments - Mesa	"Affordable" housing community	(480) 981-3388 http://www.sanfernandoapts.com/
Southern Ridge (Section 8)	Apartments in Mesa. Accepts Section 8	(480) 827-9325 https://www.apartments.com/southern-ridge-apartments-mesa-az/8b6zkw2/
Tierra Antigua Apartments - Mesa	"Affordable" housing community	(480) 924-8102 http://www.livetierraantigua.com/
Village at Sun Valley (Section 8)	Apartments in Mesa. Accepts Section 8	(480) 985-1580 https://www.thevillageatsunvalley.com/brochure.aspx
AFFORDABLE RENTALS - ELDERLY		
Affordable Housing Online	Website listing links and info for "affordable" housing by area	https://affordablehousingonline.com/housing-search/Arizona/Mesa/Mesa-Silvercrest/10021327
Centennial Village (Section 202)	HUD-subsidized apartments for qualified senior adults	(480) 833-6036 130 W Brown Rd Mesa AZ 85201 http://www.centennialvillage.org/
Christian Care Manor IV	ALTCS is the State of Arizona's Medicaid program that provides long term care services, at little or no cost, to financially and medically eligible Arizona residents who are 62 years of age or older, blind, disabled, and need ongoing services at a higher level of care. Certain program requirements about residency, age, disability, and citizenship status, as well as general guidelines for financial eligibility which includes resources and income also apply.	(480) 374-8233 118 S. 70th Street Mesa AZ 85207 https://christiancaremesa.org/

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Discovery Point Apartments	Retirement Community provides an environment that encourages health, wellness, friendship, and a strong connection to a supportive community for residents 55 years and above	(480) 924-6474 6210 E Arbor Ave, Mesa, AZ 85206 https://www.discoverypointretirement.com/
Foundation for Senior Living	Affordable Group Homes & Senior Housing. We provide affordable housing for individuals and families in Arizona, we operate residential behavioral health group homes, and we train and monitor sponsors of the Adult Foster Care and Adult Behavioral Health Therapeutic Home programs.	(602) 285-1800 https://www.fsl.org/a-safe-home/
Grandfamilies Place	Affordable housing for multi-generational families in Phoenix area	(602) 354-4897 5150 S. 18th Pl Phoenix AZ 85040 https://www.grandfamiliesplace.net/
Mercy Housing	Links to affordable housing by area, type, needs, etc. (Includes seniors, disabled, veterans, etc.)	https://www.mercyhousing.org/find-housing/
Mesa Senior Meadows (Seniors)	Single-story senior community consists of 40 units of housing for low-income seniors 62 years and older. With on-site Resident Services, residents receive monthly newsletters and calendars filled with age in place programs, activities, and services.	(480) 615-7893 https://www.mercyhousing.org/mountain-plains/mesa-senior-meadows/
Mesa Silver Crest Apartments (Section 202)	82 apartment units. Project-based rental assistance. Accessible units. Supportive housing for the elderly (seniors aged 62+)	(480) 649-9117 255 E 6th St, Mesa AZ 85201 https://affordablehousingonline.com/housing-search/Arizona/Mesa/Mesa-Silvercrest/10021327
Orchard Mesa Apartments	Offers affordable adult living in a beautiful garden atmosphere for those 55 and older.	(480) 725-3018 108 N Greenfield Rd, Mesa, AZ 85205 https://www.orchardmesaapts.com/
Page Commons in Gilbert	Apartments serving seniors 55 years and older with incomes between 30 percent and 60 percent of the area median income	(480) 813-4609 170 N. Oak St., Gilbert AZ 85233 https://www.mercyhousing.org/mountain-plains/page-commons/
Public Housing Network	Affordable housing network, including Section 8 housing by area	https://www.publichousing.com/city/az-mesa
Senior Housing Net	Website listing low-income housing for seniors by location	https://www.seniorhousingnet.com/seniorliving-search/mesa_az/low-income-senior-housing_type
Ventana Estates Mesa (Section 8)	Affordable senior (55+) living apartments. Accepts Section 8.	(480) 984-6600 9422 E Broadway Rd Mesa, AZ 85208 https://www.after55.com/listing/8930/ventana-estates
ELDERLY ASSISTANCE		
DES Adult Protective Services	Protective services & assistances for adults	Helpline (602) 255-0996

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Agency on Aging /Senior Helpline - Maricopa County	Offers a large variety of programs and services that enhance the quality of life for residents of Maricopa County, Arizona. We advocate, plan, coordinate, develop and deliver services for adults aged 60+, adults aged 18+ with HIV/AIDS, adults aged 18+ with disabilities and long-term care needs, and family caregivers	(602) 264-4357 https://www.aaaphx.org/
ALTCS (State Health Care)/Senior Planning	For those seniors whose disabilities and health conditions prevent them from living at home, ALTCS (Arizona Long Term Care System) is a program designed to pay for the expense of your care. ALTCS eligibility is determined by a financial assessment as well as a functional and medical assessment. If you're not sure about your status, we'd be happy to go over the application process with you to see if you qualify. Senior Planning is committed to helping our patients who qualify for ALTCS benefits. We will guide you through the application process and we can even find you a place to live while you are still waiting for your benefits to kick in. It is our job to make this difficult, time consuming process quick and painless for you.	(855) 941-3322 4041 N. Central Ave Ste 515 Phoenix AZ 85012 https://www.seniorplanning.org/altcs-arizona-long-term-care/?gclid=EAIaIQobChMIkoiUuMHH5QIVMBitBh3zvQhZEAAYAiAAEgIUtvD_BwE
Arizona DES Aging/Adult Programs/Services	Programs and services available for the elderly through AZ DES	(602) 264-2255 https://des.az.gov/services/older-adults/healthy-living
Arizona Senior Citizen Law Project	Working in collaboration with the Arizona Senior Citizens Law Project, the Area Agency provides legal assistance to low-income seniors age 60 and older. In addition, our own in-house staff attorney can provide legal information and referral services to clients and legal assistance to staff. Clients can meet with a licensed attorney, have documents reviewed, receive information and referral or advocacy services and be assured of confidentiality. If clients require further legal representation, the Agency's staff attorney refers them to the Arizona Senior Citizens Law Project or to private attorneys with expertise in the specific legal area. By working together, the Agency's staff attorney and the Arizona Senior Citizen Law Project have enhanced the cost-effectiveness of legal services, improved client service and built a successful partnership.	(602) 264-HELP https://www.aaaphx.org/program-services/legal-assistance/
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/

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Foundation for Senior Living	Affordable Group Homes & Senior Housing. We provide affordable housing for individuals and families in Arizona, we operate residential behavioral health group homes, and we train and monitor sponsors of the Adult Foster Care and Adult Behavioral Health Therapeutic Home programs.	(602) 285-1800 https://www.fsl.org/a-safe-home/
Mesa Senior Center/East Valley Adult Resources	Listing and links to resources available to seniors in East Valley	(480) 962- 5612 247 N MacDonald, Mesa, AZ 85201 https://www.evadultresources.org/welcome.html
Native Health (helps general public & Native Americans)	Services include: Primary medical care (Family Practice); Well and Sick Visits; Well Women, Men and Children's Exams; Pediatrics; Immunizations; Individual counseling for ages 6+; Integrated Medical Care; Free HIV testing; Monthly literacy classes including Raising a Reader, Tell Me a Story and Read it and Eat; Health Start-New mothers program for pregnant women or with children up to age 2; Home Visiting Program for pregnant Native American women or with children through age 5; WIC Program Food distribution for needy East Valley families; Arizona Department of Economic Security, SNAE&T Assistance, etc. Call or visit website for details.	(480) 550-4048 777 W Southern Ave Bldg C #301, Mesa, AZ 85210 https://www.nativehealthphoenix.org/locations-patient-resources/native-health-east/
EMERGENCY HOME REPAIR		
City of Mesa Housing Rehab Program	Program helps qualified residents repair and rehabilitate their homes using Community Development Block Grant (CDBG) funds. The program eliminates health and safety issues, improves the livability of a house and brings it up to existing Housing Quality Standards set by the Department of Housing and Urban Development (HUD). The program benefits very low-, low-, and moderate-income families living within Mesa city limits. Assistance is contingent on available funding. If you would like to be placed on the Homeowner Rehab waiting list, please call 480-644-3208 or fill out the Homeowner Rehab Questionnaire below. Your position on the waiting list depends on what your needs are and the condition of your home.	(480) 644-3208 https://www.mesaaz.gov/residents/community-development/repair-my-home

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First Southern Baptist	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(602) 242-6104 3100 W Camelback Rd Phoenix, AZ 85017 http://www.firstphx.org
Foundation for Senior Living	You or someone you care about may be living in a home that has hazards or problems that make daily tasks challenging. Fixing these issues may be too expensive or too confusing, so many seniors or people with disabilities learn to live with them. You don't have to live like this, and FSL Home Improvements can help make your home the safe and comfortable place it's supposed to be.	(602) 285-1800 https://www.fsl.org/a-safe-home/
Scottsdale City Social Services	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(480) 312-2323 7700 E Roosevelt St Scottsdale, AZ 85257 http://www.scottsdaleaz.gov
FINANCIAL AID, EDUCATION, COUNSELING / BENEFITS ASSISTANCE		
AZ Dept Economic Security	Financial assistance in the form of programs. Eligibility requirements determined by program	https://des.az.gov/services/child-and-family/cash-assistance
Credit Union National Association	Offers a series of interactive modules to learn more about banking, credit, debt, budgeting and asset building	http://anytime.cuna.org/22287/

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FDIC Money Smart	Provides a comprehensive financial education curriculum designed to help low and moderate income individuals outside the financial mainstream enhance their financial skills and create positive banking relationships	https://www.fdic.gov/consumers/consumer/moneysmart
Greenpath	Offers free financial counseling	Statewide Toll Free (800) 550-1961 www.greenpath.com
Money Management International	Provides financial education and counseling to consumers struggling with debt, housing, budgeting, and student loan concerns. Services are available over the phone, online and select face-to-face locations	Statewide (713) 394-3232 www.moneymanagement.org/locations/arizona/phoenix
Own It at YMCA	Own It Financial Education Program is a 4-week program that gives women and their families the skills and tools to own their financial future	Statewide: (602) 258-0990 https://vwcaaz.org/own-it-financial-education/
Social Security Administration	The Supplemental Security Income (SSI) program provides support to disabled adults and children who have limited income and resources, as well as people age 65 and older who are not disabled but have limited income and resources. If you lose a loved one, we are there to help you get through the difficult time. We pay survivors benefits to widows, widowers, and to the dependents of eligible workers. Find out more about how we help protect you and your family. Medicare is our country's health insurance program for people 65 or older. Certain people younger than age 65 can qualify for Medicare too, including those with disabilities and those who have permanent kidney failure. Social Security works with the Centers for Medicare and Medicaid Services to ensure the public receives the assistance they need If the unexpected happens, Social Security may be able to help. We pay disability benefits to those who can't work because they have a medical condition that's expected to last at least one year or result in death. Find out how Social Security can help you and how you can manage your benefits.	https://www.ssa.gov/benefits/
Valley of the Sun United Way	Provides resources for financial literacy and education in Maricopa County	Statewide: (602) 631-4800 https://vsuw.org/community-objectives/increase-financial-stability

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Veterans Administration	As the spouse or dependent child of a Veteran or service member, you may qualify for certain benefits, like health care, life insurance, or money to help pay for school or training. As the survivor of a Veteran or service member, you may qualify for added benefits, including help with burial costs and survivor compensation. If you're caring for a Veteran with disabilities, you may also qualify for support to help you better care for the Veteran—and for yourself. Find out which benefits you may qualify for and how to access them	https://www.va.gov/family-member-benefits/
WIC (Women, Infants & Children - Mesa)	Special supplemental nutrition program for women, infants & children	(480) 984-1068 430 N Dobson Rd, Ste 111 & 112 Mesa AZ 85201 https://azdhs.gov/prevention/azwic/
WIC (Women, Infants & Children - Queen Creek)	Special supplemental nutrition program for women, infants & children	(877) 809-5092 x1527 36235 N Gantzel Rd, San Tan Valley AZ 85140 http://www.pinalcountyaz.gov/publichealth/Pages/home.aspx
HEALTH CARE & BEHAVIORAL HEALTH & CRISIS ASSISTANCE		
AHCCS	Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid agency that offers health care programs to serve Arizona residents. Individuals must meet certain income and other requirements to obtain services	(855) 432-7587 https://www.azahcccs.gov/
American Academy of Child & Adolescent Psychiatry	National professional medical association dedicated to treating and improving the quality of life for children, adolescents and families affected by psychiatric disorders.	www.aacap.org
Adelante Health Care (health care svcs)	Provides quality, affordable care regardless of your ability to pay. If you are insured, you may qualify for programs or services at a reduced fee, based on income & family size. Services provided include (but are not limited to): well checkups; prenatal care and infant delivery; breast & cervical cancer in women; health screenings for diabetes, colon cancer, high blood pressure, high cholesterol, osteoporosis (bone density/bone loss), prostrate cancer in men; immunizations, pediatrics, internal medicine, and chronic care. **Hours:** Monday thru Thursday from 7:00 am to 7:00 pm, Fridays 7:00 am to 6:00 pm. WIC hours: Monday thru Wednesday 8:00 am to 6:00 pm	(877) 809-5092 2204 S. Dobson Rd, Ste 101 Mesa AZ 85202
Adult Children of Alcoholics (Maricopa County)	Offers 12-step support meetings at confidential locations	(602) 241-6760

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Affordable Family Clinic - Apache Junction	This clinic is NOT free, but it is affordable. Low-cost family clinic for patients who have no insurance or have high deductible plans.	(480) 357-6275 11518 East Apache Trail Suite 117 Apache Junction AZ 85220
Al-Anon Family Group Meetings Information Line	Offers national meeting information from 8am to 6pm (EST)	(800) 344-2666
Al-Anon / Alateen	Offers 12-step support meetings at confidential locations	(602) 249-1257 www.srvais.org
Alcohol & Drug Helpline	Offers drug and alcohol referrals 24 hrs a day	(800) 821-4357 wellplace.com
Archways Recovery Center	Premier sober living community for men and women struggling with substance abuse. The sober living homes provide a safe, comfortable environment in which individuals can build a strong foundation in recovery as they transition into a thriving new life	(602) 531-1090 https://archwaysrecoverycenters.com/
Arizona Community & Referral Services (211arizona.org)	Online listing/database of all known resources within the state of Arizona, including food/clothing/help paying bills, housing & shelter, domestic violence shelters & services, veteran & military services, health & dental, disability-related services, etc. Information and referral services provided through the website, an automated phone system and our mobile app	dial 2-1-1 211arizona.org/
Arizona Council on Compulsive Gambling	Provides referrals to local Gamblers Anonymous meetings	(602) 212-0278
AZ Behavioral Counseling & Education - valleywide	Arizona Behavioral Counseling and Education, Inc. offers Substance Abuse Education and Treatment, Anger Management, and Domestic Violence Treatment. We have been offering quality services for over 30 years. We are an Arizona State-Licensed agency specialized in court, MVD or probation ordered assessments, education and out-patient treatment/counseling services	(602) 788-1116 http://www.azbehavioralcounseling.com/
Arizona Dept of Health Services - Division of Behavioral Health Services	Provides access to high quality prevention, support, rehabilitation, and treatment services to individuals with behavioral health needs	24 Hr free & confidential info on substance use disorder issues & referral to treatment **(800) 662-HELP** Statewide Toll Free (800) 867-5808 www.azdhs.gov/bhs/aboutbhs.htm
Arizona Dept of Health Services - Office for Children with Special Health Care Needs	Provides info and referral to families who need assistance in finding the services available to their child, provides training to families & professionals on best practices related to medical home, cultural competence, transition to adulthood, and family & youth involvement; and support telemedicine to provide services to remote areas of the state	Statewide (602) 542-1860 Toll Free (800) 232-1676 email: OCSHCN@azdhs.gov www.azdhs.gov/phs/owch/ocshcn/index.htm

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Arizona DES / Division of Developmental Disabilities (DDD)	Provides support and services to individuals with developmental disabilities and their families such as: case management, in-home and residential support services, day support, employment services, home health aide, home modifications, home nursing, therapies, transportation, and behavioral health services.	Statewide: (602) 542-0419 email: DDDWeb@azdes.gov www.azdes.gov/landing.aspx?id=2470
Arizona DES / AHCCS / American Indian Health Program	Tribal Liaison works with the 22 tribes in AZ, 3 Indian Health Services, tribally operated health programs, urban Indian health programs, and other organizations to improve the quality and accessibility of health care for American Indian AHCCCS members	Statewide: (602) 417-4610 www.azahcccs.gov/tribal/relations/liaison.aspx
Arizona Dept of Health Services - Bureau of Women's & Children's Health	Works to improve the health of AZ women and children. Activities focus on assessment of health status and identification of health issues, development of partnerships and planning to address health issues, and provision of "safety net" services	Statewide: (602) 364-1400 TDD: (602) 542-1200 www.azdhs.gov/phs.owch
ASU Clinical Psychology Center	Sliding fee scale, open evenings, counseling for children and families for a variety of issues	(480) 965-7296 ASU Psych building, 2nd floor http://psych.la.asu.edu/research/ccenter
Banner Behavioral Health	Offers inpatient and outpatient substance abuse and mental health services. Offers both a basic financial assistance program and an enhanced financial assistance program. No proof of citizenship required. Also provides access to all Banner facilities to determine inpatient bed availability. Offers free support groups on a wide range of topics.	(602) 254-4357 www.bannerhealth.com
Care Partnership Clinic (Prenatal & Pediatric) - Mesa	Prenatal Care & pediatric outpatient clinic. Program provides a safety net for people who struggle to survive while making difficult choices between food, housing, health, child care and other basic needs. **Medical services** range from prenatal & post-natal care to preventive, traditional and naturopathic medical treatment for acute and chronic conditions. **Dental services** range from screenings & fluoride varnish treatments to extractions and fillings. Hours: Monday thru Friday. 7:30 am to 6:00 pm. Must call for appointment	(480) 833-8987 466 S Bellview St Mesa AZ 85204

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Care Partnership Clinic (Behavioral Health) - Mesa	Resources and expertise to address issues of behavioral health, housing, family and children's services, employment, crisis intervention, and community and cultural education. We work hard to build personal responsibility, stabilize families, and assist individuals in achieving their recovery goals – helping to make our communities safer, stronger and healthier. Services include: adult program, child & family program, crisis services, Rally Point Arizona Military Navigator Program, suicide prevention & postvention, and trauma healing services	(480) 784-1500 or (800) 273-8255 24-hour Sexual Assault Hotline (480) 736-4949 24-hour Vets and Military Hotline (855) 725-5948 http://lafrontera-empact.org/
Catholic Charities Community Services	Fees based on income. Bilingual Spanish speaking counselor. Evening appointments available. Other satellite offices	(602) 749-4405 : Marisela (602) 287-6501 : Linda Burrier 2220 S Country Club DR #106 Mesa AZ 85204
Center for Hope	Provides residential and comprehensive support services for homeless pregnant women dealing with substance abuse issues, including counseling, parenting classes, health classes, and more.	(480) 461-1711 www.communitybridges.org
Center for Psychiatric Rehabilitation	Offers resources for living well with a psychiatric disability in work and school Interactive and informative website for people with a psychiatric condition that addresses issues and reasonable accommodations related to work and school	www.bu.edu/cpr/jobschool
Chandler Care Center	Chandler Unified School-based family resource center. Children receive medical, dental & counseling services	(480) 812-7900 777 E. Galveston St., Chandler 85225 https://www.cusd80.com/page/999
Chandler Health Center	Medical care provided on sliding-scale fee basis for those who don't qualify for AHCCCS but are unable to afford healthcare services. Program requirements apply	(480) 344-6100 www.mihs.org
Child Crisis Center Counseling Services	Offers general mental health counseling to children ages birth to 18 year old for $75.00 per hour. Specializing in abuse, neglect, attachment, bonding, foster care and adoption for birth to 5 years old.	(480) 222-0194 www.childcrisis.org
Childrens Rehabilitative Services (CRS)	Visit website for list of covered and excluded conditions. Must be under age 21, a US citizen or qualified alien and live in Arizona.	(602) 914-1520 www.myapipacrs.com

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Choices Pregnancy Centers (locations in Mesa, Tempe, Glendale & Phoenix)	Centers are staffed by medical professionals who believe you should have accurate, reliable information about your pregnancy and sexual health. We believe you deserve to be treated with respect and armed with all the facts so that you can make informed decisions. Our centers provide free, safe and confidential consultations with caring client advocates and nurses who are here to address your questions and concerns. Services include free pregnancy tests and ultrasounds, post-abortion recovery assistance, material assistance and community referrals.	(480) 733-2740 1818 E. Southern Ave. #13A Mesa, AZ 85024 **(480) 306-4612** **605 E Broadway Tempe AZ 85282** (602) 368-4922 1907 W. Camelback Road Phoenix AZ 85015 **(623) 486-5232** **10555 N. 58th Drive Glendale AZ 85302** https://www.choicesaz.com/
Christian Family Care & Pregnancy Counseling	Offers free, confidential, nonjudgmental pregnancy counseling. It's never too early or too late to make a plan for you and your baby. Whether you just found out you're pregnant, have just had a baby, or you are anywhere in between – we want to help. Adoption is a loving and courageous option when parenting isn't an option. When you make an adoption plan, we can often help financially with: medical bills, housing, transportation, basic living needs (food, clothing, hygiene). You can choose to meet & communicate with the adoptive family, decide how much time you spend with baby in the hospital, how much openness you want in the adoption (full open, semi-open, or closed). We specialize in open adoption at CFC. All our adoptive families are ready for an open adoption, if that's what you desire. Call or Text a pregnancy counselor in your area any time to ask questions or set up a time to meet and talk in person.	(520) 200-2066 (Southern AZ) (602) 451-6977 (avail 24/7) (602) 234-1935 2346 N. Central Ave. Phoenix, AZ 85004 (928) 228-0657 (Northern AZ) https://cfcare.org/
Community Bridges Central City Addiction Recovery Center (CASS) for Single Men	Low demand shelter for single adult males. Services include Community Voice Mail. Test. **Hours:** Daily 5pm-7am **Eligibility:** Single adult males **Documents To Bring:** Visit shelter	(602) 256-6945 2770 E Van Buren St Phoenix, AZ 85008 http://cass-az.org
Community Bridges East Valley Access Point	Offers behavioral health services including assessment, brief intervention and support of ongoing care through contracted network providers. Offers a Transition Point for individuals who need targeting overnight support	(877) 931-9142 358 E Javelina Ave Suite 101 Mesa AZ 85210
Community Bridges Pathway to Hope	Offers behavioral health services including assessment, brief intervention and support of ongoing care through contracted network providers. Offers a Transition Point for individuals who need targeting overnight support	(877) 931-9142 N. 99th Ave Avondale AZ

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Compassion Care/Compassion Connect AZ	Mobilizing people of faith to serve together in their own backyards using proven models of service that have helped bring physical and spiritual healing to thousands of broken people. Community health clinics & care center. (Human trafficking intervention coming soon)	(480) 987-0885 5418 E Skyline Dr San Tan Valley, AZ 85143 https://compassionconnectaz.org/
Covenant House	Crisis Hotline for troubled teens and families. Provides referrals to shelters and counseling services.	(800)999-9999
Depression & Bipolar Support Alliance	Offers referrals for support groups, counseling services, medication services and many other support services/materials	(800) 826-3632 www.dbsaliance.org
DES Family Assistance Administration	Basic needs, child & family, disabilities, older adults & employment services/programs	(480) 777-1168 [Mesa location] https://des.az.gov/digital-library/family-assistance-programs-what-you-need-know-englishspanish
Desert Vista Behavioral Health Center	Outpatient psychiatric services for adults, children and adolescents including psychiatric evaluation, individual psychotherapy, psychodynamic, cognitive behavioral, brief, supportive therapies, family therapy and prescription of medication. Therapy is provided at affordable rates for those who do not have health insurance. Services provided by psychiatric residents under the supervision of Board Certified attending psychiatrists.	(480) 344-2100 end_of_the_skype_highlighting for screening appointment. 570 W. Brown Rd Mesa AZ 85201
Dignity Health Free Immunization Clinic	Provides FREE weekly walk-in immunization clinic for children 0-18 yrs old with no insurance, insurance that doesn't cover vaccines, or who are on AHCCCS. Native America or Alaska Native immunization for adults with no insurance or insurance that doesn't cover adult immunizations. **Hours:** Monday thru Friday 7:30am to 3:30 pm. Closed Saturdays and Sundays	(480) 728-2004 Dignity Health Chandler Care Center 777 E. Galveston St Chandler AZ 85224
Dignity Memorial Network	Provides free grief counseling via telephone 24 hours/day. Also offers referrals for support groups and individual counseling	(800) 854-8080
East Valley Family Resource Center	Counseling through AHCCCS and private pay (no sliding scale). Free parenting classes	(480) 834-9424

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Ebony House (Drug Treatment Adult Men & Outpatient Services)	Ebony House Inc.'s Men's Level II 14 bed Residential Treatment Program seeks to provide a gender specific program to adult men, eighteen years of age and older, that demonstrates an diverse system of intensive treatment based on American Society of Addiction Medicine Criteria (ASAM); with an expected length of stay determined by individual assessment and ASAM standards. Ebony House follows the guidelines established by Arizona Department of Behavioral Health Services.	(602) 276-4288 6222 S. 13th Street Phoenix, AZ 85042 http://ebonyhouseinc.org/programs.asp
Ebony House Youth & Young Adult Treatment & Outpatient Services	Ebony House, Inc. (EHI) provides individualized therapeutic guidance and direction to children who need to adjust and stabilize behaviors that negatively affect relationships with parents, caregivers, siblings, and peers. The treatment milieu includes home-based or other off-site interventions; psychiatric assessment and medication monitoring; parent/family advocacy, public education and collaborative linkage with the court system,. Program goals include stabilizing behaviors, avoiding delinquency, and achieving success in school and/or the workplace.	Crisis Number: (602) 796-6775 Office (602) 254-6137 http://ebonyhouseinc.org/programs.asp
Ebony House Outreach / HIV Education & Early Prevention Services	Trained health educators and staff focus their efforts on community high risk populations. Our team works to improve the lives of people living with HIV/AIDS by providing; one-on-one behavioral interventions, peer-led support groups, health education & risk reduction and comprehensive Medical and Non-Medical Case Management services. Our team of highly respected HIV advocates, educators and staff are trained on Rapid HIV testing and mobilized to provide confidential testing in various locations at no cost to individuals in the community.	(602) 254-6180 http://ebonyhouseinc.org/programs.asp

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Ebony House Parent Aide Services	Parent Aide services collaborate with the Arizona Department of Child Safety (DCS) in an effort to reunify families. Our Parent Aide program is designed to enhance the parenting skills and abilities of parents/caregivers whose children are involved in DCS. Trained Parent Aides provide supervision of visitation between children and their parents/guardians or care givers. Participants receive individualized services that include: parenting skills, behavior modification, education on child development, and appropriate discipline techniques. Consumers are connected to community resources and supports in order to help sustain the family.	(602) 265-3743 http://ebonyhouseinc.org/programs.asp
Elba House (Drug Treatment for Pregnant and/or Parenting Women)	10-bed Level II residential program, Elba House provides comprehensive substance abuse treatment and rehabilitative services targeting pregnant and parenting women, ages 18 and older, in a 24-hour supervised environment. Admission is based on the American Society of Addiction Medicine (ASAM) and treatment is individualized. Elba House accepts eligible applicants who present with co-occurring disorders who are stable on their medication. Elba House is licensed and credentialed through the Arizona Department of Health Services and the Regional Behavioral Health Authority. Children ages under 10 may be eligible to accompany their mothers in treatment. Services may be funded through the Substance Abuse Block Grant	(602) 243-5492 http://ebonyhouseinc.org/programs_elba.asp
El Zaribah Shriners	Orthopedic & burn & spinal cord injury care. All services and medical treatment are free for any child under 18 who qualifies based on condition	(602) 231-0300 or (800) 784-6980 www.shrinershospitalsforchildren.org
EMPACT Suicide Prevention Center	Provides crisis response, counseling, psychiatry, substance abuse, support groups, prevention, and trauma services to individuals and families	(480) 784-1500 618 S Madison Dr Tempe AZ 85281 http://www.lafronteraarizona.org
Families Anonymous	Provides 12-step meeting information for families of people who use drugs or alcohol. Also offers online meeting format	(800) 736-9805 www.familiesanonymous.org
Family Resource Center	Offers wide variety of free or low cost classes and activities for parents and children, including anger management. Offers Dad's Support group on the 1st & 3rd Wednesday of the month from 6pm-7:30pm. Also offers a Dad's for Children with Special Needs Support Group on 2nd and 4th Wednesday of the month at the same time. Please call for info	(480) 834-9424 http://www.childcrisis.org/index.html

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Family Service Agency	Counseling for adults only. AHCCCS and sliding scale fee available	(602) 264-9991
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
Florence Crittendon	Community-based services program designed to support teens & youth so they can discover their self-worth and reach a higher level of independence	(602) 274-7549 715 W. Mariposa St Phoenix AZ 85013 www.flocrit.org
Guadalupe Healthcare Center	Medical care provided on sliding-scale fee basis for those who don't qualify for AHCCCS but are unable to afford healthcare services. Program requirements apply	(480) 344-6000 www.mihas.org
Hope's Door	Offers pre-crisis services in hopes of preventing actual crisis. Offers ways to learn how to achieve whole-person wellness.	(602) 248-0368 4707 N. 12th St Phoenix AZ 85014 www.recoveryempowermentnetwork.com
Hope Women's Center (Apache Junction)	Christian non-profit organization that provides vulnerable women and teen girls with education, mentoring, and support. Our mission is to **engage, encourage, and equip** vulnerable women and teen girls by providing support for their physical, emotional, and spiritual needs.	(480) 983-4673 252 N Ironwood Dr, Apache Junction AZ 85120 https://hopewomenscenter.org/apache-junction/
Hope Women's Center (Coolidge)	Christian non-profit organization that provides vulnerable women and teen girls with education, mentoring, and support. Our mission is to **engage, encourage, and equip** vulnerable women and teen girls by providing support for their physical, emotional, and spiritual needs.	(520) 723-8888 850 N California Ave, Coolidge AZ 85128 https://hopewomenscenter.org/coolidge-center/
Hope Women's Center (Maricopa)	Christian non-profit organization that provides vulnerable women and teen girls with education, mentoring, and support. Our mission is to **engage, encourage, and equip** vulnerable women and teen girls by providing support for their physical, emotional, and spiritual needs.	(520) 568-0532 45978 W McDavid Rd, Maricopa AZ 85139 https://hopewomenscenter.org/maricopa-center/
Hope Women's Center (Phoenix)	Christian non-profit organization that provides vulnerable women and teen girls with education, mentoring, and support. Our mission is to **engage, encourage, and equip** vulnerable women and teen girls by providing support for their physical, emotional, and spiritual needs.	(602) 715-0999 1640 E McDowell Rd, Phoenix AZ 85006 https://hopewomenscenter.org/phoenix-center/
Hope Women's Center (West Valley)	Christian non-profit organization that provides vulnerable women and teen girls with education, mentoring, and support. Our mission is to **engage, encourage, and equip** vulnerable women and teen girls by providing support for their physical, emotional, and spiritual needs.	(623) 875-4549 12101 NW Grand Ave, El Mirage AZ 85335

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House of Refuge Sunnyslope	Provides a faith-based working men's shelter and transitional housing for men. Includes room and board for 2 year program. **Hours:** Mon-Fri 1pm-5pm except holidays for intake; Mon-Fri 9am-5pm administration **Eligibility:** Homeless men looking for employment and those already employed. Call for details.	(602) 678-0223 9844 North 7th Place Phoenix AZ 85020 http://www.houseofrefuge.us
In10 (LGBQT)	Provides safe social environment for LGBQT youth. Offers drop-in social support services for LGBQT youth ages 14-22 to develop positive self-acceptance through life enhancing programs and connection with local resources. Offers two weekly meetings & various social events & resources. Offers GED services, job development, benefits assistance, HIV testing and soup kitchen/food box kitchens 4 days/week. All services are free. No citizenship requirements	(602) 754-1175 4121 N. 7th Ave Phoenix AZ 85013 www.in10.org
Indian Health Services	Provides primary care (inpatient & outpatient) to tertiary care and specialty services, as well as dental services, behavioral health, public health nursing, health education and environment health services.	Statewide: (602) 364-5300 www.ihs.gov/phoenix
Interfaith Counseling Services	Counsels children under 17 years old. AHCCCS only	(602) 992-7521 12835 N. 32nd St Phoenix AZ 85032
Jewish Family & Children's Clinic (Valleywide)	Nonprofit, nonsectarian organization dedicated to strengthening the community through quality behavioral health and social services to children, families and adults. Offering counseling & behavioral health services, domestic violence victim's assistance, medical primary care, substance abuse counseling & recovery, Jewish community services, older adult services.	(480) 820-0825 Mesa Clinic (602) 353-0703 Central Phx Clinic (623) 234-9811 West Valley Clinic (623) 486-8202 Glendale Clinic https://www.jfcsaz.org/
Juvenile Alternatives in Glendale (JAG)	Offers free groups to youth ages 13-17 in anger management, substance abuse and positive choices. Also offers short-term (23 hour) non-secure alternative to detention for youth when there is a crisis in the home.	(623) 847-7040
LaFronterra/EMPACT/SPC	24 hours/7days per week crisis response for behavioral health crisis situations and a sexual assault hotline	Crisis Hotline (480) 784-1500 www.empact-spc.com
Marc Community Resources (Healthcare)	Provides opportunities for people who have disabilities to determine where and how they live, learn, work and play	(480) 969-3800 https://marccr.com/about/#
Maricopa County Crisis Line	24 hrs/7days Behavioral health crisis hotline run by Mercy Care for Maricopa County area	(800) 631-1314 or (602) 222-9444 www.maricopacrn.org or https://www.azahcccs.gov/BehavioralHealth/crisis.html

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Mesa CAN (A New Leaf)	Programs to help low-income households across the city with a host of services that include: immediate financial assistance, employment support, financial planning, education, and health services.	(480) 833-9200 635 E Broadway Rd, Mesa, AZ 85204 https://www.turnanewleaf.org/services/financial-empowerment/mesacan.html
Mesa Health Center	Medical care provided on sliding-scale fee basis for those who don't qualify for AHCCCS but are unable to afford healthcare services. Program requirements apply	(480) 344-6200 www.mihas.org
Mission of Mercy Mobile Medical Clinic	Offers a wide range of services for their patients, from medical treatment to diagnostic and prescription services. Collaborative relationships with local hospitals and other specialty care providers enable our patients to receive additional no cost medical care, including lab tests and X-rays through our established Compassionate Community Partners network. Visit website for hours & locations	Chandler Clinic Appointment Line (480) 758-8343 (bi-lingual) Phone line open on Mondays from 9am – 2pm. Mesa Clinic Appointment line (602) 486-7798 (bi-lingual) Phone line open on Tuesdays from 1pm-6pm and Thursdays from 9am-2pm https://www.amissionofmercy.org/arizona/clinic-schedule/
Mountain Park Health Center - Tempe	Medical services, family medicine, pediatrics, and women's health on a sliding scale. Accepts most forms of insurance but the uninsured and underinsured are also welcome. Scheduling: Mondays 8:00am to 8:00 pm, and Tuesday thru Friday 8:00 am to 5:00 pm	(602) 243-7277 Mountain Park Health Center 1492 S. Mill Avenue Ste 312 Tempe AZ 85281
Narcotics Anonymous	Provides information for local 12-step groups open to all.	(480) 897-4636 www.arizona-na.org
National Alliance on Mental Illnesses	Offers multiple support groups, educational programs and seminars for recipients and family or friends throughout the valley	(602) 244-8166 5025 E Washington St Phoenix AZ www.namiaz.org
National Institute on Drug Abuse Hotline	Offers information and referrals for addiction, treatment and recovery	(800) 662-4357 www.nida.nih.gov
Native Health	Offers 12 week Anger Management groups for adults ($180) and teens ages 13-17 yrs ($5 per session). Program will teach individuals how to manage anger effectively, stop violence or the threat of violence, and develop self-control over thoughts and actions. Also offers a variety of free community health education events. Topics include home safety, car seats, parenting classes, fathers mentoring, HIV/AIDS, etc. Schedules and topics change monthly. Call for details	(602) 279-5262 x3205 (Adults)

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New Horizons Counseling Services	Provides individual & family counseling and education services with slide scale fee option. Services include general counseling, substance abuse treatment, domestic violence counseling, parenting education and skills training, anger management treatment, and sexual offender treatment.	(623) 939-6567 www.newhorizonscounselingservices. org
Omega Counseling	Provides individual & group counseling on variety of issues including domestic violence, substance abuse, and anger management. Call for fee information. No verification of citizenship required	(602) 495-9306
Organization for Non-Violence Education	Provides individual and group counseling for anger management and domestic violence up to 52 weeks. Sessions are gender-specific and court order approved. Mens groups are offered in the East Valley and Glendale. Womens groups are offered in Glendale	(623) 934-0696 www.oneincusa.org
Parenting Services Information Hotlines	Parenting support information and referral line offers info about programs, classes and agencies in Maricopa County	(480) 834-9365
Parenting Skills Program	Specialized private classes for parents. 10-week class held in evenings. No sliding scale option. Office hours: 9am-5pm Mon-Fri	(480) 967-6895
Pascua Yaqui Behavioral Health Services	Serves Tribal members only but spouse & children seen even if they are not enrolled. Adult living with member can be seen, even if not enrolled, with notarized letter from member if they have been together over a year. Hours: Mon-Fri 8:00am to 5:00pm	(480) 768-2024 Lupe Alvarez or (480) 768-2000 x236 9405 S Avenida del Yaqui Guadalupe AZ 85283
Phoenix Indian Medical Center	Offers outpatient substance abuse treatment and mental health counseling, as well as inpatient medical service for Native Americans belonging to a federally recognized tribe	(602) 263-1200 4212 N. 16th St Phoenix AZ 85016
Recovery Empowerment Network	Offers free education and training programs for learning more about mental illness and becoming a peer support specialist as well as free peer advocacy services	(602) 465-2185 www.recoveryempowermentnetwork.com

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Risas Dental Free Dental on Labor Day Event	Event is held every Labor Day. Provides free dental care at all Risas Dental locations. **Next Event to be held Monday, September 2, 2019 from 8:00 am to 12:00 pm (noon)** for free dental, music, games, giveaways, and more. No appointments accepted. Treatment is provided on a first-come, first-served basis. Only the first 100 patients at each office on the day of the event will be guaranteed free treatment. Patients can choose one (1) of the following treatment options: basic cleaning, filling, simple extraction, exam & x-ray. Free orthodontics consultation also offered for any patients interested in braces or clear aligner treatment.	Risas Dental - Find location nearest to you. No appointments accepted.
Safe Families for Children (Operated by Christian Family Care)	Safe Families for Children is a prevention program that offers a secure and temporary home to thousands of children, minimizing the risk for abuse or neglect, and giving parents the time and tools they need to help their families thrive. Our counselors can help with assessment, behavior management, emotional healing, and parenting strategies. CFC provides the extra classes, counseling, and coaching needed to ensure stable placements and connections at little to no cost to adoptive and foster families. A wide range of courses that build up families & equip parents & guardians to interact authentically & effectively with at-risk children are offered.	(520) 200-2066 (Southern AZ) (602) 451-6977 (avail 24/7) (602) 234-1935 2346 N. Central Ave. Phoenix, AZ 85004 (928) 228-0657 (Northern AZ) https://cfcare.org/
St Luke's Behavioral Health Center	Full spectrum of inpatient and outpatient services for seniors, adults, adolescents, and children requiring psychiatric and chemical dependency care. Call to schedule an evaluation for admission	(602) 251-8535 end_of_the_skype_highlighting OR (800) 821-4193 1800 E Van Buren St Phoenix AZ 85006
SAMHSA's National Mental Health Info Center	Provides info on local mental health and substance abuses services	(800) 789-2647 www.mentalhealth.samhsa.gov
Salvation Army Corp Community Service Center, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need. Youth ministries provides a residential camp in Heber offering week-long sessions with activities designed to stimulate creative ability, self-esteem, and Christ-centered character building in children and teens. Angel Tree Program distributes donations for Christmas including at least 2 new toys, clothing, and stocking stuffers for children in need. Distributes food vouchers to families in need.	(480) 962-9103 241 E 6th St Mesa, AZ 85201 www.salvationarmyusa.org/

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SHARE	Offers a support hotline for women diagnosed with breast or ovarian cancer. Website also provides info and resources, as well as online support	(866) 891-2392 www.sharecancersupport.org
SMART Recovery	Offers free, self-empowering, science-based mutual help groups for abstaining from any substance or activity addiction. Seven weekly meetings in the Phoenix area. See website for details	http://www.smartinphoenix.or
Southwest Lending Closet - Avondale	Loans durable home health equipment free of charge for up to 90 days. At its founding, a good percentage of the equipment was donated to the Closet by people who found they no longer had a need for the items.	(623) 932-1016 The Lending Closet 218 N. Central Ave Avondale, AZ 85323 http://www.southwestlendingcloset.org/contact-us-.html
State Health Insurance Assistance Program	A free health benefits counseling service for Medicare beneficiaries and their families or caregivers. Educates, advocates, counsels & empowers people to make informed benefit decisions. SHIP is an independent program funded by federal agencies and is not affiliated with the insurance industry	Statewide Toll Free (800) 432-4040 www.azdes/gov/das/ship/
Standing Strong Teen Program	Offers a 12-wwk outpatient and community-based substance abuse treatment program with a focus on minority teens	(602) 424-2060
Stonewall Institute	Provides safe and confidential services for adults with psychiatric and addiction issues. Accepts private insurance or $125/hour, but willing to consider financial circumstances	(602) 535-6468 www.stonewallinstitute.com
Strong Hearts Native Helpline	M-F, 9am-5:30pm	(844) 762-8483
Substance Abuse & Mental Health National Helpline (SAMHSA)	24 Hours	Helpline: (800) 662-4357 (HELP) Toll Free (877) 726-4727 (SAMHSA) TTY (800) 487-4889
Suicide Crisis Hotline **TEXT NUMBER**	Counselors available 24/7 to assist with any crisis	text "CONNECT" to 741741 https://www.crisistextline.org/textline?gclid=EAIaIQobChMI19HH8b3l5QIVdB-tBh0c5gVIEAAYASAAEgIK5vD_BwE
Suicide/National Suicide Prevention Hotline	National network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.	(800) 273-8255 (TALK), Espanol (888) 628-9454, Deaf & Hard of Hearing (800) 799-4889

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Suicide/Teen Crisis Line	We are just here to listen and to help find a solution to whatever is happening in life. At Teen Lifeline, teens can talk to someone their own age who understand what they are going through because they have gone through it too. This is not an advice hotline. Teen Lifeline is a place where teens can help empower other teens to help themselves.	(800) 248-8336
Suicide/LGBTQ Crisis Line	LGBTQ resources & support. Counselors available 24/7 to assist with crisis	(866) 488-7386 or text "LGBTQ" to 741741 https://www.sewi.org/lgbtq-landing?gclid=EAIaIQobChMIoPiUn77l5QIVEh6tBh0btwC5EAAYASAAEgKXuvD_BwE
Teen-2-Teen through Bloom 365	24 Hours. Peer to peer advocacy. Individual crisis counseling by appointment only	Text or call (602) 799-7017 Helpline (888) 606-4673 (HOPE)
Tempe Social Services	Licensed counselors for individuals, families, and couples counseling. Mediation services. Substance abuse assessment services for adolescents and adults. Care7 Crisis Response team (mobile crisis intervention) Depression screening. Order of Protection assistance. Eligibility: Tempe residents and families that have children enrolled in school within the city boundaries IF they DO NOT have insurance or AHCCCS. Fees based on family size & income	(480) 350-5400 Hours: Mon-Thurs 8am-6pm. Fri 8am-5pm
Trevor Lifeline Suicide Hotline (LGBQT)	LGBTQ. 24 Hours.	(866) 488-7386 (800) 273-8255 Espanol: (888) 628-9454 Deaf & Hard of Hearing (800) 799-4889 **24 hour chat:** https://suicidepreventionlifeline.org/chat/
University of Phoenix Counseling Skills Center	8 week individual and couples counseling sessions at various times throughout the year. Students under supervision of Ph.D. faculty member offer free counseling for individuals over the age of 12 years old. (Sessions videotaped for training purposes)	(602) 557-2217
Valleywise Health (formerly MIHS) - 17 locations across Maricopa County	Phoenix area's only public teaching health system, governed by a publicly elected Board of Directors focused on exceptional care for all who turn to Valleywise Health. Services include health services, behavioral health services, and emergency services	(833) 855-9973 https://valleywisehealth.org/locations

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Veterans Resource Center (Mesa)	Provides a centralized location in Mesa offering comprehensive resources to access services and personal assistance with employment, soft skills training, resume building, benefit claims and counseling, healthcare, transportation, workshops, homelessness, and mental health.	(480) 834-2105 165 N Centennial Way #101, Mesa, AZ 85201 https://www.mesaunitedway.org/mesa-veterans-resource-center/
Vineyard Community Pregnancy Center	A place to help people who think they might be pregnant, or are pregnant, get the services they need to have a healthy baby. Vineyard Community Pregnancy Center's purpose is to encourage, educate, and equip people in Queen Creek with the resources you need to have a happy, healthy pregnancy and parenting experience. Our goal is to meet you at your point of need. Whether you are just finding out you are pregnant or suspect you might be, or your newborn is already here, we can help. Sometimes an unplanned pregnancy causes some concerns and you may wonder, "what will I do?" Let us come alongside you and help you sort out all your options. With life-centered counseling a birth plan can be constructed. Sometimes our past choices have left us wounded and in need of healing. We can help with this as well Office Hours: Tuesdays 4:30-7:30 pm.	(480) 773-5340 Amadeo Church 21805 S. Ellsworth Road Suite A102-2 Queen Creek, AZ 85142 http://www.amadeochurch.com/ministries/vineyard-community-pregnancy-center
Wildfire.org (formerly AZ Community Action Assoc)	Wildfire is a growing movement to end poverty. We advocate for fair practices. We collaborate on policy issues. We support community action initiatives. Beyond easing the effects of poverty, our efforts aim to ignite lasting change: to stop poverty before it starts. This is advocacy in action for an Arizona where all may thrive.	(602) 604-0640 wildfireaz.org
Youth Evaluation & Treatment Valley Clinical Services	Provides outpatient behavioral health services to include medication management, individual adult and child counseling services, eating disorder treatment and substance abuse treatment with sliding-scale fee option. Multiple valley locations. No proof of citizenship required	(480) 661-1075 http://www.youthetc.org
DENTAL CARE		
Abrazo School -based health Centers	Provides preventive and primary medical & dental care to children who are uninsured and underserved in specific Phoenix school districts	(602) 246-5597 http://www.abrazohealth.com/services/schoolbasedcenters.aspx
Dave Pratt Dental Clinic	Ages 6-18 only. Need proof of income or AHCCCS denial letter. Residency not required. Tues-Fri 7am-6pm. $20 initial fee. Thereafter depends on income	(602) 271-9961

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MIHS-South Central Dental Clinic	AHCCCS or MIHS.	(602) 344-6489
Mountain Park Dental Clinic	AHCCCS and sliding fee. Adults & children	(602) 243-7277
Phoenix Indian Medical Center	By appointment only.	(602) 263-1592
Phoenix Periodontal College	Cleaning & x-rays only. School calendar schedule	(602) 285-7323
Reach Out Health Care	Big Smiles mobile dental service at school sites. Coordinated by school nurse. Free for those on AHCCCS. Uninsured students can receive services through One More Child Foundation.	no contact info
Rio Salado College Dental Hygiene School	Cleaning & x-rays only.	(480) 377-4100 or (480) 517-8020
Risas Dental & Braces - Mesa	Contact Risas for more info	(480) 729-6090 http://www.risasdental.com
Risas Dental & Braces - Tempe	Contact Risas for more info	(480) 339-3535 http://www.risasdental.com
St Vincent de Paul Virginia Piper Dental Clinic	Need to call. Low income with no insurance. No emergency services. By lottery only.	(602) 261-6868
VISION & HEARING MEDICAL RESOURCES		
Alex Optical	Reduced fee exams	(480) 820-1980 https://alexopticalinc.com/
Childrens Rehab Services (Catholic Relief Services)	No cost to family for hearing aids, ear molds or fitting fees for those who meet the financial criteria. Contact for application	(877) 435-7277 info@crs.org
HEAR for Kids	Program of EAR Foundation of AZ. Eligibility based on income and having no health insurance. No costs to family. Ear molds are covered for the first year as many times as needed. Applications must be submitted by the audiologist who will help select and fit the hearing aid(s)	(602) 690-3975 www.earfoundationaz.com
Lesco Optical	Reduced fees. Eyeglasses only. Prescription needed.	(480) 947-7441
Lion's Club	Open to public. Reduced fees. School nurses coordinate at participating schools	(602) 267-7573 or (800) 747-4448
Lion's Club AHAP (Affordable Hearing Aid Program)	Eligibility is income-based and determined by the individual club. Each club has their own criteria and application forms. Use website to locate a club nearby	(630) 467-6771 www.lionsclubs.org
Lyon's Sight & Hearing	Hearing aides & eye surgeries only.	(602) 954-1723 https://www.lshf.org/
Sertoma Clubs (**Ser**vice **to Ma**nkind)	Clubs are encouraged to assist American who have speech & hearing disorders. Additional information can be found on website	www.sertoma.org
Tzu Chi Foundation - Chandler	Provides free vision exams once a year	(480) 838-6556

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United Healthcare Children's Foundation	Applicant must be covered by commercial health benefit plan and limits for the requested services are either exceeded or no ca overage is available, and/or the copayments are serious financial burden on the family. Not eligible if on AHCCCS or KidsCare. Funding is limited. Apply online.	www.uhccf.org
Zenni Optical	Online ordering only. Need prescription.	(800) 211-2105 www.zennioptical.com
DRUG REHAB & TREATMENT		
Addicted.org	Website includes links and resources for women in addiction, in early recovery or transitioning	https://www.addicted.org/
Alcohol and Drug Helpline	Offers drug and alcohol referrals 24 hours a day	(800) 821-4357 wellplace.com
Alcohol Treatment Referral Line	National referral source for treatment programs	(800) 252-6465 recoverynowtv.com
Archways Recovery Center (Mesa)	Premier sober living community for men and women struggling with substance abuse. The sober living homes provide a safe, comfortable environment in which individuals can build a strong foundation in recovery as they transition into a thriving new life.	(480) 418-6302 or (800) 310-0590 2222 S Dobson Rd #1002, Mesa, AZ 85202 https://archwaysrecoverycenters.com/
AZ Behavioral Counseling & Education	Arizona Behavioral Counseling and Education, Inc. offers Substance Abuse Education and Treatment, Anger Management, and Domestic Violence Treatment. We have been offering quality services for over 30 years. Arizona State Licensed agency specialized in court, MVD or probation ordered assessments, education and out-patient treatment/counseling services for: DUI • Substance Use • Domestic Violence Offenders • Anger and Conflict Resolution • Misdemeanor Criminal Behaviors. A.B.C. offers a variety of locations and appointment times in Maricopa and Yavapai counties. All locations are coordinated by a central administrative office. Clients have immediate access to all locations by making one phone call. Court staff also have immediate access with the administrative office by phone, fax, mail and e-mail.	(602) 788-1116 http://www.azbehavioralcounseling.com/
Camelback Recovery Center (Scottsdale)	Provides sober living homes and recovery coaching in a structured and supportive environment that promotes long term transformational changes in our clients by focusing on 12-Step fundamentals, human connection, and accountability.	(602) 466-9880 https://camelbackrecovery.com/

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Drug & Alcohol Hotline	Offers information about alcohol abuse and referrals for getting help in your community	(866) 925-4030 alcoholhotline.com
Drug Rehab AZ	Website with links and resources, including a complete drug rehab resource guide	(866) 339-0661 https://www.drug-rehabs-arizona.com/
Ebony House (Drug Treatment Adult Men & Outpatient Services)	Men's Level II 14 bed Residential Treatment Program seeks to provide a gender specific program to adult men, eighteen years of age and older, that demonstrates an diverse system of intensive treatment based on American Society of Addiction Medicine Criteria (ASAM); with an expected length of stay determined by individual assessment and ASAM standards. Ebony House follows the guidelines established by Arizona Department of Behavioral Health Services.	(602) 276-4288 6222 S. 13th Street Phoenix, AZ 85042 http://ebonyhouseinc.org/programs.asp
Elba House (Drug Treatment for Pregnant and/or Parenting Women)	10-bed Level II residential program, Elba House provides comprehensive substance abuse treatment and rehabilitative services targeting pregnant and parenting women, ages 18 and older, in a 24-hour supervised environment. Admission is based on the American Society of Addiction Medicine (ASAM) and treatment is individualized. Elba House accepts eligible applicants who present with co-occurring disorders who are stable on their medication. Elba House is licensed and credentialed through the Arizona Department of Health Services and the Regional Behavioral Health Authority. Children ages under 10 may be eligible to accompany their mothers in treatment. Services may be funded through the Substance Abuse Block Grant	(602) 243-5492 http://ebonyhouseinc.org/programs_elba.asp
Faces & Voices of Recovery	Online database of available community resources for addition recovery	(202) 737-0690 www.facesandvoicesofrecovery.org
Family Service Agency (Mesa & metro Phoenix)	Providing out-patient behavioral health clinic that provides general and intensive services in both individual and group treatment; Medication services are provided and include psychological evaluations, medication monitoring and follow-up services; counseling as tool to improve personal, interpersonal, marital or social adjustment problems; Substance Abuse Treatment Program provides holistic treatment that addresses the social and emotional needs of the client; and Employment Resource Services are provided to FSA Clients.	(480) 507-8619 (Mesa) or (602) 863-1862 (metro Phoenix) https://fsaphoenix.org/
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/

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Free Rehab Centers	Website with links to facilities and resources for treatment	https://www.freerehabcenters.org/details/aznovaoutpatientsubstandeabusetreatment
NOVA Outpatient Substance Abuse Treatment	Receive specialized services designed to meet their individual needs which promote healing and lasting recovery. Services include individual and group counseling as well as an intensive substance abuse recovery program. Hours Mon-Thu 8am-8pm; Fri 9am-1pm Program Fees: Sliding scale Languages: English, Spanish Eligibility: No restrictions. Intake Process: Call for an appointment	(623) 937-9203 4425 W Olive Ave, Ste 200 Glendale, AZ 85302 https://www.freerehabcenters.org/details/aznovaoutpatientsubstandeabusetreatment
Phoenix Rescue Mission (Phoenix)	The Phoenix Rescue Mission is a charitable organization that offers a number of Christ-centered program and services for men, women, and children in the Phoenix, Arizona metro area who are struggling with homelessness, drug addiction, and trauma.	Men's Facility Intake (602) 346-3390 Women's Facility Intake (602) 688-6219 https://phoenixrescuemission.org/
Salvation Army Drug Rehab (Phoenix)	Program provides long term, social model, and residential recovery programs for individuals seeking to deal with substance abuse and other addictions. They seek to help participants regain self-worth, learn how to build an orderly and disciplined life and become contributing members of society. Each program participant is provided with a clean and healthy living environment, nutritious food, group and individual counseling, spiritual direction, work therapy assignments and recreational activities.	(602) 256-4500 https://www.salvationarmyphoenix.org/adult-rehabilitation-center
Salvation Army Corp Community Service Center, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need. Youth ministries provides a residential camp in Heber offering week-long sessions with activities designed to stimulate creative ability, self-esteem, and Christ-centered character building in children and teens. Angel Tree Program distributes donations for Christmas including at least 2 new toys, clothing, and stocking stuffers for children in need. Distributes food vouchers to families in need.	(480) 962-9103 241 E 6th St Mesa, AZ 85201 www.salvationarmyusa.org/
SAMSHA National Treatment Hotline	Free, confidential, 24/7, 365-day-a-year nation-wide treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders	(800) 662-4357 https://www.samhsa.gov/find-help/national-helpline

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The Crossroads	Arizona Department of Health Services licensed substance abuse treatment provider with proven expertise in serving addicted men, women, and Veterans through the provision of high quality, successful, and affordable residential and outpatient recovery programs	(602) 263-5242 https://thecrossroadsinc.org/
The Potters House Substance Abuse Center - Phoenix	Outpatient substance abuse Treatment Program. Our objective is to provide clinically sound outpatient substance abuse treatment to men and women 18 and older of all ethnic groups, who are experiencing substance use disorders (abuse, dependency), including education of criminal offenders.	(602) 254-9701 1717 W Northern Ave #101 Phoenix, AZ 85021 http://www.thepottershousesacenter.org/
TLC Pride House - East Valley Intergroup of Alcoholics Anonymous	24/7 Help Hotline for Alcoholics Anonymous. Website lists meeting halls & Alano groups valley-wide	(480) 834-9033 http://aamesaaz.org/
Together AZ	Provides info and resources to assist with addiction issues. Hosts a yearly expo to offer free education, resources & solutions for addiction recovery & behavioral health	(602) 684-1136 http://togetheraz. com
Together We Stand	Sober living facility to assist men with recovery from alcohol and drugs. $110/week includes cable & all utilities but not meals. Willing to accept men without money up front and assist in locating employment. Required to complete 90 meetings in 90 days. Must have ID and proof of citizenship.	(602) 299-7291
Total Life Change Treatment Center - Mesa	Offers individualized, evidenced-based, quality, ethical treatment and services. We'll find the right place for you, even if it is not with us. We specialize in you, the client and we will find a place that suits your needs	(833) 852-5433 https://www.transitionalliving.org/
Transitional Living Communities - valleywide	Offers treatment services & sober living. Locations throughout valley & Tucson area	(480) 461-1033 https://www.transitionalliving.org/locations
Transitional Living Communities - Mesa	Offers treatment services & sober living	(480) 969-1471 (Treatment) or (480) 833-0143 (Other services) 32 S. MacDonald Street Mesa, AZ 85210 https://www.transitionalliving.org/
Valle del Sol community Health - Phoenix	Offers help and hope for heroin and opiate addicts to put their lives back together for the better. If you have an opiate addiction of at least 12 months and are at least 18 years old, Valle del Sol can help through its comprehensive Opiate Addiction Outpatient Treatment Program. Also offers primary care, same-day psych evaluations, court diversion programs, & youth-family services	(602) 258-6797 http://www.valledelsol.com/

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Valley Hospital	Private, freestanding hospital specializing in mental health & chemical dependency care. Offers inpatient, outpatient and partial hospitalization programs for adults. Offers free initial mental health and chemical dependency assessment and referral services for adults. Most major insurance accepted. No sliding-scale option.	Intake (602) 952-3939 http://www.valleyhospital-phoenix.com
VALYPAA	Provides opportunity for young people in AA to engage in fellowship with each other and provide service to their community	(480) 236-9928 www.valypaa.com
Vogue Recovery Center - Phoenix	36-bed residential drug & alcohol rehabilitation center for adult men and women (18+) who are struggling with drug addiction, alcoholism, and co-occurring substance abuse and mental health disorders (Dual Diagnosis)	(877) 694-9291 https://www.voguerecoverycenter.com/vogue-recovery-center-phoenix-az/?utm_medium=cpc&utm_source=google&utm_campaign=1622363196&utm_content=333194230047_c_1o1&utm_matchtype=b&utm_term=behavioral%20health%20arizona&gclid=EAIaIQobChMI3JPElLTq5QIVk6DsCh15QQU2EBAYASAAEgK5mvD_BwE
Women in New Recovery	A women's only program, offering inpatient detoxification, residential rehabilitation, halfway house services, sober living services. The program is immensely helpful to addicted women. Website includes links and resources for women in early recovery or transitioning in need of housing by area	(480) 464- 5764 or (800) 304-2219 https://www.addicted.org/directory/item/women-in-new-recovery.html
Women Sober Housing	Website with links and resources for women in recovery or transitioning in need of housing by area	https://www.womensoberhousing.com/city/az-phoenix.html
Youth Evaluation & Treatment Valley Clinical Services	Provides outpatient behavioral health services to include medication management, individual adult and child counseling services, eating disorder treatment and substance abuse treatment with sliding-scale fee option. Multiple valley locations. No proof of citizenship required	(480) 661-1075 http://www.youthetc.org
CAREER/EMPLOYMENT ASSISTANCE		
Arizona@Work	Provides services & resources to job seekers to pursue employment opportunities	www.arizonatwork.com/job-seekers-overview
Arizona Career Information Center (Azcis)	Online tool offering career and interest assessments, descriptions of different jobs and steps needed in order to get into that field, employment & educational opportunities, and college and degree exploration	https://azcis.infocareers.org/materials/portal/home.html *Click on "just browsing" to search the website without making an account
Career One Stop	Online tool for career exploration, interest assessment, training opportunities, and job searching	www.careerinfonet.org

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Chandler/Gilbert Community Colleges	Career development begins the moment you step on campus. Utilize career resources early and often. Be sure to attend our career readiness workshops, campus career fairs, and employment-related events. Make an appointment with a career advisor. Take online self-assessments and explore how potential careers connect to your interests, skills, and preferences. Identify academic majors that relate to your intended career pathway. Develop techniques to confidently present yourself to employers and other industry professionals. Create a professional resume and cover letter that will get you noticed	(480) 857-5211 Email: Career.Advisor@cgc.edu CGCC Career Svcs Campuses in Chandler, Gilbert, Mesa, Queen Creek & Sun Lakes https://www.cgc.edu/Academics/Careers/Pages/Home.aspx
Cup O'Karma / National Advocacy Training Network	Cup O-Karma is a coffee shop in Chandler library connecting survivors with job training, aiding in their financial independence	(480) 782-2770 22 S Delaware St Chandler AZ 85225 (inside downtown Chandler Library) www.natn-az.org
Disability Solutions Talent	National, non-profit consulting practice working with corporate leaders to leverage the engagement of talented jobseekers with disabilities – solving a workforce employment challenge where everyone wins	(203) 482-3824 https://www.disabilitysolutionstalent.org/
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
Goodwill Industries - Arizona Career Centers	Provides one-on-one career coaching, resume development & critiquing, on-site hiring events, job leads, labor market information, computer & customer service skills training, job search strategies, career assessments, and access to community resources.	Central & Northern Arizona (602) 534-4440 http://www.goodwillaz.org Southern Arizona (520) 582-1004 www.goodwillsouthernaz.org
Goodwill Career Centers (Mesa)	Offers resume and interview skills development, digital & online job skills training (using computers, Word, Excel, Outlook, Internet, etc) and on-site hiring events, all free of charge, to help you land a job.	(602) 535-4444 106 E. McKellips Rd. Mesa AZ 85201 https://www.goodwillaz.org/locations/?filter=career-center

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LDS Mesa Employment Resource Center (Mesa)	LDS Employment Resource Centers provide additional support that individuals may need to become self-reliant, including access to information about community resources, one-on-one coaching and mentoring, as well as additional workshops and classes that might be needed. These centers serve as a place where jobseekers can find employment opportunities, learn how to write a résumé or cover letter, and receive one-on-one mentoring and guidance. Some centers occasionally host job fairs. LDS Employment Centers may also serve as a gathering place for Church members and other members of the community seeking to strengthen their temporal and spiritual self-reliance. Centers are open to the public and the services are free of charge. Centers operating hours vary in order to best meet the needs of local Church members	(480) 829-8999 235 S El Dorado CirMesa, AZ 85202 https://www.ldsjobs.org/ers/ct/center/68528?lang=eng
Linkages/Direct	Connecting business to people with disabilities who are seeking work	Statewide (520) 571-8600 www.linkagesarizona.org/
Maricopa Work Force (Chandler-Gilbert Community College)	Employment opportunities, customized training, careers, degrees & certificates	(480) 497-0350 2626 East Pecos Road, Chandler AZ 85225 https://www.cgc.edu/Academics/Workforce/Pages/Home.aspx
Maximus Jobs Program / AZ Works- Maricopa County	The Jobs Program is Arizona's mandatory employment and training program for work-eligible individuals, generally adults, in households receiving Temporary Assistance for Needy Families (TANF) Cash Assistance. The program engages people in a variety of work-related activities to increase their employable skillset, and may offer supportive and some specialized services to remove barriers to employment. These activities and supportive services are provided to encourage and promote self-sufficiency through employment at the earliest opportunity	(480) 305-2900 https://maximus.jobs.net/en-US/

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Maximus Jobs / AZ Works - Tempe	The Jobs Program is Arizona's mandatory employment and training program for work-eligible individuals, generally adults, in households receiving Temporary Assistance for Needy Families (TANF) Cash Assistance. The program engages people in a variety of work-related activities to increase their employable skillset, and may offer supportive and some specialized services to remove barriers to employment. These activities and supportive services are provided to encourage and promote self-sufficiency through employment at the earliest opportunity	(480) 730-1170 1845 E Broadway Rd # 104, Tempe, AZ 85282 https://maximus.jobs.net/en-US/
Mesa CAN (A New Leaf)	Programs to help low-income households across the city with a host of services that include: immediate financial assistance, employment support, financial planning, education, and health services.	(480) 833-9200 635 E Broadway Rd, Mesa, AZ 85204 https://www.turnanewleaf.org/services/financial-empowerment/mesacan.html
Paz de Cristo Career Center	At Paz de Cristo, we help our guests get new jobs. One-on-one assistance searching through openings, writing resumes, applying for jobs online and preparing for interviews propels people forward. Essentials for the job search are provided including email addresses, bus passes for transportation to interviews, birth certificates and vouchers for Arizona identification. Other homeless neighbors are overwhelmed by barriers including addiction as well as behavior and mental health issues. Still others are experiencing the consequences for their own bad choices and habits. For those who are in such extreme need, we give on-site access to Marc Community Resources. Three full-time Navigators help adults with developmental and physical disabilities as well as behavioral health challenges. They learn job and life skills and find the resources they so desperately need	(480) 464-2370 424 W Broadway Rd Mesa AZ 85210 https://pazdecristo.org/what-we-do/empower/
Phoenix Indian Center	Provides employment, education, cultural enrichment and community engagement for urban American Indians residing in Maricopa County	Maricopa County (602) 264-6768 4520 N. Central Ave Ste 250 Phoenix AZ 85012 www.phxindcenter.org

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Save the Family Career Center (Mesa)	Career Development Services are available to Save the Family Clients. You must be a Save the Family client in order to access our Career Development Center and Services. Operates in collaboration with St. Joseph the Worker & Mesa Community College. Weekly job skills workshop presented in partnership with the business community where adults learn employment strategies. Adults gain knowledge and confidence to conduct themselves professionally during interviews and at work, including reliability in the workforce. Job Club workshops provide excellent opportunities for clients to meet with hiring managers in a supportive setting, which can expedite job interview process and potential placement. GED tutoring and classes scheduled in partnership with the local education community. Onsite volunteer support, including AmeriCorps and other community volunteers, to help with general job searching questions, mock interviews, and resume building. Short-term vocational training on a limited basis. Provides referrals to salons and stylist for haircuts, referrals for bicycles. Funding available to pay for job readiness needs, such as CPR, First Aid, work boots, flash drives, uniforms, etc. Kid's Care Room expanded into Little Kids Works and available for parents. Classroom. Professional clothing closet	(480) 898-0228 125 E University Drive Mesa AZ 85201 https://savethefamily.org/career-services-2/
Scottsdale City Social Services	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(480) 312-2323 7700 E Roosevelt St Scottsdale, AZ 85257 http://www.scottsdaleaz.gov
Vocational Rehabilitation Svcs (Chndlr/Glbrt Ofc)	AZ DES-based program providing a variety of services to persons with disabilities, with the ultimate goal to prepare for, enter into, or retain employment.	(480) 926-5100 125 E Elliot Rd, Chandler, AZ 85225 https://des.az.gov/services/employment/rehabilitation-services/vocational-rehabilitation-vr

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Vocational Rehabilitation	Offering services to individuals with disabilities who have the ability and desire to learn and function productively. Services include education, job training & skills needed to get and keep a job. Visit the website for locations and information about eligibility	Statewide Toll-Free (800) 563-1221 TTY: (855) 475-8194 https://des.az.gov/services/employment/rehabilitation-services/vocational-rehabilitation-vr
EDUCATION:		
Arizona Dept of Education: Adult Education	Provides information about adult education including adult basic education (ABE), English language acquisition for adults (ELAA), citizenship classes, and GED preparation, testing & transcripts	Statewide (602) 542-5393 Toll Free (800) 352-4558 www.azed.gov/adultedservices/
Arizona Dept of Education: Career & Technical Education	Prepares students to enter the workforce with the academic and vocational skills needed to successfully compete in the job market	Statewide (602) 542-5242 Email: AZCTE@azed.gov www.azed.gov/career-technical-education
Arizona Dept of Education - Exceptional Student Services	Provides high quality service that builds capacity to improve outcomes for all students: all students, including those with disabilities, are prepared for college, technical/trade school, career, job, or other means of engagement. Establishes a system of support that wraps around educators to improve student outcomes - academically, behaviorally & functionally	Phoenix (602) 442-4013 Flagstaff (928) 637-1860 Tucson (520) 628-6330 Email: ESSDesk@azed.gov www.azed.gov/special-education/
Arizona State University Disability Resource Center	Provides resources, accommodations and support services to qualified students with disabilities on all ASU campuses. Offices located at Downtown, PolyTechnic, Tempe, and West campuses	Statewide (480) 965-1234 Email: DRC@asu.edu https://eoss.asu.edu.drc
Earn to Learn	Earn to Learn empowers low- to moderate-income students to successfully complete college.	http://earntolearn.org/our-work/about-earn-to-learn/mission-and-vision/
Goodwill Industries Online Tutorials	Free online tutorials/training for many skills/knowledge needed to obtain and advance in almost any job (through Goodwill)	https://edu.gcfglobal.org/en/
	Digital Skills Training	https://edu.gcfglobal.org/en/
	Computer Basics	https://edu.gcfglobal.org/en/computerbasics/
	Typing tutorials	https://edu.gcfglobal.org/en/typing/typing/1/
	MS Access 2010	https://edu.gcfglobal.org/en/access2010/
	MS Excel 2010	https://edu.gcfglobal.org/en/excel2010/
	MS Outlook 2010	https://edu.gcfglobal.org/en/outlook2010/
	MS PowerPoint 2010	https://edu.gcfglobal.org/en/powerpoint2010/
	MS Publisher 2010	https://edu.gcfglobal.org/en/publisher2010/
	MS Word 2010	https://edu.gcfglobal.org/en/word2010/
	Internet (Chrome, Firefox, Edge, Explorer, etc)	Internet (Chrome, Firefox, Edge, Explorer,
Grad Solutions	Assists young adults ages obtain their High School Diplomas. Must be ages 16-21 years to qualify.	(480) 628-2303 1440 S. Clearview Ave. Ste 101, Mesa AZ 85209 www.iwantmydiploma.com

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Maricopa Community Colleges - Disability Resource Centers	Supplies students, faculty & staff with information and tools needed to support Maricopa's commitment to equal educational employment opportunities to persons with disabilities. Each college has a disability resource center to assist you with your education needs	**Chandler Gilbert Community College** **(480) 857-5188** Estrella Mountain Community College (623) 935-8863 **Glendale Community College** **(623) 845-3080 VP f/t deaf (480) 525-6472** Gateway Community College (602) 286-8170 **Mesa Community College** **(480) 461-7447 (Dobson Campus)** **(480) 654-7711 (Red Mountain Campus)** Phoenix College (602) 285-7477 **Paradise Valley Community College** **(602) 787-7171** Rio Salado Community College (480) 517-8562 **Scottsdale Community College** **(480) 423-6517** South Mountain Community College (602) 243-8395
Northern Arizona University: Institute for Human Development	Offers many informational & educational programs available to the public. The Institute for Human Development sponsors several programs that help students become better education in issues & practices relevant to the disabled community & community members gain access to disability resources	Statewide (928) 523-7032 TTY (928) 523-1695 http://nau.edu.sbs/ihd/welcome
University of Arizona Disability Resource Center	Provides access to University classes, programs & activities for individuals with disabilities. Through an interactive process, the program facilitate access either through reasonable accommodation or by redesigning aspects of the university experience. Processes are designed to be convenient to the student	Statewide (520) 621-3268 Email: drc-info@email.arizona.edu https://drc.arizona.edu
TUTORING SERVICES		
Boys & Girls Clubs	Academic enrichment, tutoring assistance & other programs. Libraries tend to have tutoring help	https://www.bgca.org/programs/education
ADE Tutoring	Tutoring program through Title One	http://www.azed.gov/state-tutoring
StudyPool	Free, online tutoring link	https://www.studypool.com
TutorVista	Online tutoring link	http://www.tutorvista.com
Matific	Free & low-cost math tutoring	https://www.matific.com
Find a Tutor	Online assistance with finding tutors	http://www.care.com

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CHILD ASSISTANCE / PARENT & FAMILY SUPPORT / CHILDCARE CENTERS		
Alecia's Day Care (24/7)	Operating 20+ years. Providing care & some educational activities. Can work with almost any schedule. Full & part-time.	(602) 642-4319 23005 E Ray Rd, Mesa, AZ 85212 https://www.care.com/b/l/alecia-s-daycare/mesa-az
Arizona Child & Family Advocacy Network	Advocacy centers located through AZ are designed to provide onsite service to child victims of either physical or sexual abuse, as well as neglect. Some centers provide services to adult victims of sexual assault, domestic violence, or vulnerable adult abuse	(928) 713-9248 http://www.acfan.net/index.htm
Arizona Helping Hands	Provides cribs and twin beds for new and existing foster care placements. Supplies diapers, wipes, personal care packages, and clothing to foster families. Hours: Call for an appointment Eligibility: Foster families with a Notice to Provider Documents To Bring: Call or visit website	(480) 889-0604 7850 E Gelding Dr #500 Scottsdale AZ 85260 http://www.azhelpinghands.org
Boys & Girls Club - Chandler Compadre Branch	Offers a variety of activities and programs for youth 5-18 years of age	(480) 899-8302 www.clubzona.org/locations/chandler
Bridges Preschool (East Valley)	"Nationally Accredited" and/or "Quality Rated" family owned and operated preschool serving the East Valley. Our campuses are located in Gilbert, Tempe, Chandler, Mesa and Queen Creek.	http://bridgespreschool.com/
Brightstar Day Care (24/7)	Offers in-home child care. Delivers compassionate, professional care you can trust. RN-led child care services range from babysitter and nanny services to highly skilled pediatric nursing.	(480) 898-0880 1223 S Clearview Ave Ste 110, Mesa, AZ 85209 https://www.brightstarcare.com/gilbert-mesa/home-care/child-care-services
Care.com	Website with links to individuals and centers who provide child care and day care.	Care.com
Casa de Amor	Distributes food and clothing to people in need. Offers assistance with Health-e-Arizona applications. Provides free diapers, clothes, and pregnancy tests. Hours: Mon-Wed 9am-noon food, clothing, and Health-e-Arizona application assistor; Wed 9am-noon pregnancy center offers free diapers, clothes, and pregnancy tests. Eligibility: No restrictions Call for information about required documentation to receive assistance.	(480) 464-2877 819 S MacDonald Mesa AZ 85210 http://www.thebridgewebsite.com/
Chicanos por la Cause (CPLC)	Offers extensive services in economic development, education, community development (housing) and social services	Statewide (602) 257-0700 www.cplc.org

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Chicanos por la Cause (CPLC) Parenting AZ	Provides family support services statewide through various programs and services. Through home visitation programs (health families/parents as teachers), education classes, resource centers and parent aide services.	Phoenix area (602) 248-0428 x 221 Guadalupe/Tempe area (602) 248-0428 x 230
Child Crisis Center East Valley / Child Crisis Center Arizona (Abused kids)	Child Crisis Arizona operates an Emergency Children's Shelter facility for children up to age 10 who have had to be removed from their homes due to family hardships, abuse or neglect. Child Crisis Arizona licenses and certifies foster and adoptive families. We support these families through education and training, child-family matching services and post-placement support. We offer a wide variety of free parenting classes and workshops, support groups and resources. We also offer specific support groups and additional services for kinship families, or relatives raising a relative child. Child Crisis Arizona's Home Visitation Program helps ensure kids are prepared for school before they enter kindergarten through free in-home development screenings and in-home support. Additionally, Child Crisis Arizona's Early Education Services Program offers high quality education to neighborhood children who live within four miles of the Phoenix location.	(480) 969-2308 or (480) 834-9424 817 N Country Club Dr, Mesa AZ 85201 http://childcrisisaz.org/
Child Care Resources Listing	Website with links & basic information such as size, location, and licensing information for child development centers in Mesa (can also investigate other areas) into a single location. Simply click on the links below to learn more about Mesa childcare centers that are dedicated to providing families with safe, quality childcare. You can also read reviews about various childcare providers to learn more about which is the right choice for your family	https://childcarecenter.us/arizona/mesa_az_childcare
Childcare Resource & Referral	Helps families take the guesswork out of choosing care by providing: information about local child care programs per your request information on state licensing rules and regulations (requirements)information on availability of child care subsidies Information on quality child care indicators. CCR&R provides guidance by phone, in person, and in other ways, such as the internet.	(602) 244-2678 https://www.azccrr.com/

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DES Child Care Assistance & Providers Connection	Finding quality child care you can trust can be challenging. DES can help by connecting you to state-contracted providers and reliable resources to make your decision easier	(800) 308-9000 www.azchildcare.org
Family Involvement Center	Provides information, support, resources, and parent education for parents/caregivers raising children with emotional, physical and behavioral health care needs in Phoenix and Northern Arizona. Offers workshops, support groups and parent-to-parent support	(602) 288-0155 www.familyinvolvementcenter.org
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
Kids Incorporated (Chandler & other locations)	Provides infant, toddler, pre-school and school-aged programs for kids	(480) 899-5437 2350 S Gilbert Rd, Chandler, AZ 85286 https://www.kidsinclearningcenters.com/
Kids Play Learning Center (Country Club & Brown)	Day care facility	(480) 733-9004 1207 N Country Club Dr # 1, Mesa, AZ 85201
Kids Play Learning Center (Southern & Longmore)	Day care facility	(480) 962-9759 1430 W Southern Ave # 3, Mesa, AZ 85202 https://www.facebook.com/pages/Kids-Play-Learning-Center-II/105209556210940
Kids Play Learning Center (Mesa Dr & University)	Day care facility	(480) 615-1768 460 E University Dr, Mesa, AZ 85203
Love & Learn (Alma School & Guadalupe)	Provides child care 24/7	(480) 222-8484 2717 S Alma School Rd, Mesa, AZ 85210 https://www.facebook.com/lovetolearnschool/
Maricopa County Public Health Dept Mesa Immunization Clinic	Immunizations services for children ages 0 years up to 19th birthday. Other clinic locations available as listed on website.	(602) 506-2660 or (602) 506-6767 635 E Broadway Road Mesa, AZ 85204 https://www.maricopa.gov/Facilities/Facility/Details/East-Mesa-Clinic-6
MIKID	Offers respite, living skills instruction, peer support, youth summits, training, transition programs and family support	Central Phoenix (602) 253-1240 www.mikid.org
New Life Pregnancy Center	Offers parenting classes, and material assistance for children such as diapers and clothing. Offers Bible-based, post-abortion counseling and education. Hours: Tue 9am-4pm Eligibility: No restrictions. Documents To Bring: Call or visit office	(480) 838-9071 1001 E Southern Ave Tempe AZ 85282 http://www.newlifepregnancy.com

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Raising Special Kids	Serves families of children and young adults from birth to age 26 with all types of disabilities across Arizona. Assistance includes: obtaining appropriate education and services for children with disabilities, working to improve education results, resolving problems between families and school or other agencies, connecting families to community resource that address their needs	Phoenix area (602) 242-4366 www.raisingspecialkids.org/resources/education
Small Wonders Child Care (Open 24/7)	4-Star Quality First Child Development Center , a signature program of First Things First	(619) 761-9092 21925 E Rosa Rd, Queen Creek, AZ 85142 http://www.smallwondersllc.com/
Sunrise Preschool (Gilbert & Guadalupe)	Preschool located at Gilbert Crossing, Gilbert	(480) 633-2506 https://www.sunrisepreschools.com/locations/gilbert-guadalupe/
Suntopia Child Care & Assistance resources	Free diapers, clothing, formula plus free and reduced cost daycare services for children of families in need. There are 10 child care programs in the Mesa, Arizona area.	https://www.suntopia.org/mesa/az/child_care.php
Women-Infant-Children/WIC (birth to 5 yrs)	*WIC provides:* Breastfeeding support, Healthy foods, Nutrition information, Referrals to health care and other social services *WIC serves:* Breastfeeding women, Children (under age 5), Infants, Postpartum women, Pregnant women	(480) 668- 2822 https://www.maricopa.gov/1491/Women-Infants-Children-WIC
CLOTHING & HOUSEHOLD GOODS ASSISTANCE		
Abby's Place	AZ Southwest Behavioral Health's Thrift Store offers all Magellan members a 50% discount on all merchandise every day. Each day of the week also offers a special discount opportunity. Open Mon - Fri 9:30am-4pm	(602) 733-7523 5707 N. 7th Street Phoenix AZ 85014
Andre House	Offers clothing closet for adults on Mon, Wed & Thurs at 10am and Saturday at 1pm	(602) 255-0580 213 S 11th Ave Phoenix AZ 85007 www.andrehouse.org
Casa de Amor	Distributes food and clothing to people in need. Offers assistance with Health-e-Arizona applications. Provides free diapers, clothes, and pregnancy tests. Hours: Mon-Wed 9am-noon food, clothing, and Health-e-Arizona application assistor; Wed 9am-noon pregnancy center offers free diapers, clothes, and pregnancy tests. Eligibility: No restrictions Call for information about required documentation to receive assistance.	(480) 464-2877 819 S MacDonald Mesa AZ 85210 http://www.thebridgewebsite.com/

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Chandler Community Action	Offers clothing & food box referrals for walk-ins on Monday through Thursday from 8:00am to 10:30am. Must come in and fill out application. Proof of Citizenship not required. Closed Fridays	(480) 963-4321 650 N. Arizona Ave Chandler AZ 85225
Clothes Cabin/One Small Step	Helps children, families, and individuals living in poverty to attain a more productive life by providing quality clothes, shoes, and other support services.	(480) 285-4111 1100 N Alma School Rd Ste 9 Chandler AZ 85224 https://onesmallstepaz.org/
Concerned Citizens for Community Health	Offers vouchers for clothing and onsite food bank. Must make appointment. Proof of citizenship required	(480) 312-2323 7700 E. Roosevelt Scottsdale AZ 85251
Eagle Pathway, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need.	(480) 225-6664 241 E 6th St Mesa AZ 85201 www.salvationarmyusa.org/
East Mesa Baptist Church	Provides emergency food items, clothing, and personal hygiene products for people in need. Clients must bring their own boxes and be on time.	(480) 986-9827 752 S Ellsworth Rd Mesa AZ 85208 http://www.eastmesabaptist.com/
Fans Across America	Assists in providing daily living necessities for homeless students, families in transition, victims and children of domestic violence, and homeless veterans. Provides basic daily living necessities to less fortunate (infants through adults): clothes, shoes, personal and dental hygiene items, diapers, household necessities, kitchen utensils, small appliances, school supplies and backpacks, school uniforms, and other basic items to provide the families a new start in life. The primary requirement for assistance from Fans is a child must be enrolled full time in a School District or a youth on their own. These families are Arizona residents and may be receiving Temporary Assistance for Needy Families (TANF) benefits, low-income households, or have chronically ill or physically disabled children.	(480) 821-3013 78 W. Ray Rd. Ste 3 Chandler AZ 85225 https://fansacrossamerica.org/
FIBCO	Provides daily lunches, emergency food boxes, clothing, and toiletries to people in need. HOURS: Tue-Fri 9am-3pm. Register for food boxes Tue 10:30am-1:30pm, Wed 10:30am-11:30am. Pick up food boxes Fri 10am. Clothing and sack lunches available Tue, Wed, Fri 10:30am-1:30pm. No restrictions to eligibility. Documents to bring: call, visit, email or write for info	(602) 385-3900 1141 E Jefferson St Phoenix AZ 85034 http://www.fibco.org
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
First Southern Baptist Open Arms Ministry	Every Wednesday morning several church members serve our community with food and clothing assistance.	(602) 242-6104 3100 W Camelback Rd Phoenix AZ 85017 http://www.firstphx.org

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First United Methodist Church, Tempe	Homeless ministry offering clean clothes, showers, and an all-you-can-eat hot meal, showers, hair cuts, and miscellaneous health care services. Native Health offers free Hep C and HIV testing once a month, ASU School of Nursing also provides educational programs.	(480) 967-3376 215 E University Dr Tempe AZ 85281 www.urbanoutreachaz.org/
Friends Resale Boutique	Boutique carries both resale and new items, such as kitchen items, purses, jewelry, games, pictures, collector's items, small appliances, items from local artists and more, all at very reasonable prices.	(480) 285-4111 1100 N Alma School Rd #11 Chandler AZ 85224 http://www.clothescabin.org
Helen's Hope Chest (thru Mesa United Way)	Provides clothing, personal hygiene products, school supplies, backpacks, school uniforms, blanket, stuffed animal and other services to kids and young adults in foster care.	(480) 969-5411 126 E University Dr Mesa AZ 85201 http://mesaunitedway.org
Herbert K Cummings Community Center	Provides family activities, including back to school clothing for children, household items, supplemental canned food, domestic violence assistance and referrals for counseling. Also offers ESOL and literacy classes. Proof of citizenship required	(623) 772-2760
Interfaith Cooperative Ministries	Food and Clothing bank - call for details	(602)254-7450 501 S 9th Ave Phoenix AZ 85007 WWW.icmaz.org
Jose's Closet	Resource Center provides foster, kinship, and adoptive families with clothing, gear, and lots more to help ease the financial burden of raising these special children. Also provides gently used, donated items to families. Tries to support those who are raising children not originally their own.	(480) 309-1743 550 S. Ironwood Dr, Apache Junction AZ 85120 https://josescloset.org/
National Odd Shoe Exchange	Resource for new, quality single shoes and pairs of significantly different sizes. Many have this need due to injury, disease and genetic disorders.	(480) 892-3484 3200 N Delaware St Chandler AZ 85225 http://www.oddshoe.org
Open Arms Care Center, Gilbert & Higley	Food boxes & clothing to those in need to residents of Gilbert & Higley. Hours Mon, Wed 1pm-3pm; Tue, Thu 9am-11am, 6pm-8pm; Sat 9am-11am	(480) 539-0175 522 N. Gilbert Rd #103 Gilbert AZ 85234 www.openarmscc.com
Paz De Cristo Outreach Center	Distributes food boxes and clothing to people in need. Offers information about and referrals to available services. Prepares and serves evening meals. Assists with some prescription expenses.	(480) 464-2370 424 W Broadway Rd Mesa AZ 85210 www.pazdecristo.org/
Phoenix Neighbors Helping Neighbors	Community outread program that offers food, clothing, toys and personal items. Trading encouraged particularly kids clothes they've outgrown. Appointment via email requested.	(480)725-1617 westphoenixneighbors@hotmail.com

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Resurrection Street Ministry, Mesa	Providing assistance to Veterans, Senior Citizens, Homeless, Low Income Families and Group Home Residents in Arizona. We also provide non-emergency transportation to Homeless, Low Income, and Disabled Veterans to their clinics, appointments, and local service organizations. In addition, our services include clothing donation and providing household items as needed through our S.T.U.F.F. Thrift Store in Mesa, AZ	(480) 615-2799 1135 E Main St Mesa AZ 85203 www.rsmaz.org
Rise Athletics	Provides food boxes and clothing for people in need. Offers backpacks and school supplies for students in the Higley School District. Provides Thanksgiving dinners and an adopt-a-family program for Christmas	(602) 391-8876 18521 E Queen Creek Rd Queen Creek AZ 85142 www.riseanddreamfoundation.com
Salvation Army	Provides Food Pantries and Meal Services to families and individuals. Shelter and clothing services available. Food boxes Tues-Thurs 8:30am to 11:30 am. Bread 8:30 am to 11:30 am and 12:30 to 3:00 pm. Walk-ins served. No referral required. Photo ID & proof of address needed.	(480) 982-4110 605 E. Broadway Avenue, Apache Junction https://apachejunction.salvationarmy.org/ or (602)267-4122 www.salvationarmyusa.org
Salvation Army Corp Community Service Center, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals and families in need. Youth ministries provides a residential camp in Heber offering week-long sessions with activities designed to stimulate creative ability, self-esteem, and Christ-centered character building in children and teens. Angel Tree Program distributes donations for Christmas including at least 2 new toys, clothing, and stocking stuffers for children in need. Distributes food vouchers to families in need.	(480) 962-9103 241 E 6th St. Mesa AZ 85201 www.salvationarmyusa.org/
Scottsdale City Social Services	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(480) 312-2323 7700 E Roosevelt St Scottsdale, AZ 85257 http://www.scottsdaleaz.gov

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Stuff Thrift Store	Sells clothing and household goods to the general public. Provides clothing to people in need. **Hours:** Mon-Fri 10am-7pm, Sat 10am-5**pm Eligibility: No restrictions Documents To Bring:** Visit store; for free clothing, call for an appointment with a case manager	(480) 649-1288 1135 E Main St Mesa, AZ 85203 http://www.rsmaz.org
DISABILITY-RELATED RESOURCES & SERVICES		
Ability 360	Offers and promotes programs designed to empower people with disabilities to take personal responsibility so they may achieve or continue independent lifestyles within the community. Services include advocacy, peer support, information and referral, home modifications, home care, benefits counseling, and employment support.	Statewide: (602) 256-2245 AZ Relay Services 7-1-1 Toll Free (800) 280-2245 email: info@ability360.org http://ability360.org
Advocates for the Disabled	Provides resources for essential living requirements, including safe housing, food and clothing	(602) 212-2600 www.advocaesforthedisabled.org
ALTCS (Arizona Long Term Care System)	Helps seniors and individuals with disabilities afford the care they need	Visit website for more info: www.azahcccs.gov/members/ALTCSlocations.html
Arizona Bridge to Independent Living	Provides information, programs, events, and resources to assist individuals with disabilities take personal responsibility so they may achieve or continue independent living. Also offers a medical loan closet	(602) 256-2245 www.abil.org
Arizona Center for Disability Law	Protects the rights of individuals with a wide range of physical, mental, psychiatric, sensory and cognitive disabilities. Provides free legal services related to: ADA, Assisted Technology, VR, DDD, Employment, Fair Housing, Health Care, Legal Options (Guardianship), Mental Health, Special Education, Voting & Spanish guides and materials	Statewide Toll Free (800) 237-3007 Phoenix (602) 242-4366 www.azdisabilitylaw.org/guides/
Arizona Dept of Health Services - Office for Children with Special Health Care Needs	Provides info and referral to families who need assistance in finding the services available to their child, provides training to families & professionals on best practices related to medical home, cultural competence, transition to adulthood, and family & youth involvement; and support telemedicine to provide services to remote areas of the state	Statewide (602) 542-1860 Toll Free (800) 232-1676 email: OCSHCN@azdhs.gov www.azdhs.gov/phs/owch/ocshcn/index.htm
Arizona Industries for the Blind	Provides employment and training opportunities for Arizonans who are blind	http://www.azifb.com
Arizona Technology Access Program (AzTAP)	Provides technology to individuals with disabilities and their families. Offers a wide variety of comprehensive, statewide activities that make assistive technology devices and services more available and accessible to anyone who may need them in the state of AZ	(602) 728-9534 TTY: (602) 728-9536 Toll Free (800) 477-9921 http://aztap.org

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Arizona Statewide Independent Living Council (AZSILC)	Provides programs and services for people with all types of disabilities and their families. The goal of CILS is to promote and support opportunities for people with disabilities to fully participate in an integrated community and services for possibilities to live as they choose	Statewide: (602) 262-2900 www.azsilc.org/centersforindependentliving.asp
Brain Injury Alliance Resource Guide	Locate providers sorted by type of service that is specific to traumatic brain injuries	http://biaaz.org/find-resources/resource-directory/search-provider-by-type
DES Rehabilitation Services	Works with persons with disabilities to achieve their goals for employment and independence. May provide assistive technology to achieve work goals	Statewide: Toll Free (800) 563-1221 TTY: (855) 475-8194
Disability Survival Guide	Locate providers and community support which specifically work with people with disabilities. DSG is designed and written by those with disabilities	http://www.abil.org/disability-survival-manual
Family Caregiver Alliance - National Center on Caregiving	Helps family caregivers locate public, nonprofit and private programs and services nearest their loved one living a home or in a residential facility. Resources include government health and disability programs, legal resources, disease specific organizations, and more.	https://caregiver.org/family-care-navigator
MIKID	Offers respite, living skills instruction, peer support, youth summits, training, transition programs and family support	Central Phoenix (602) 253-1240 www.mikid.org
Raising Special Kids	Serves families of children and young adults from birth to age 26 with all types of disabilities across Arizona. Assistance includes: obtaining appropriate education and services for children with disabilities, working to improve education results, resolving problems between families and school or other agencies, connecting families to community resource that address their needs	Phoenix area (602) 242-4366 www.raisingspecialkids.org/resources/education
Sonoran University Center for Excellence in Disability Education Resource Publications	Produces a variety of publications and resources for individuals and their families, as well as academic and professional communities. Provides training, research, technical assistance and model programs	http://sonoranucedd.fcm.arizona.edu/resources/publications
FREE OR LOW-COST TECHNOLOGY ASSISTANCE		
Arizona Technology Access Program	Computer refurbishment program – to provide access to low cost refurbished computers and IOS devices (iPads, iPhones, etc.). There are two programs available to individuals anywhere in Arizona interested in buying high quality refurbished devices from RefurbIT.	https://aztap.org/at-reuse/achieve/

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PCs for People	Through electronic reuse/recycling PCs for People provides the opportunity for all low-income individuals and nonprofits to benefit from the life changing impact of computers and mobile internet.	https://www.pcsforpeople.org/eligibility/
Computers with Causes	Please complete the form and tell us why you are a candidate for a gifted computer. Also be advised that if you are currently receiving assistance from one or more of these sources (TANF, SSI,SSDI,Welfare, Food Stamps, etc..) acceptance of tangible property, gifts, financial assistance or services (Additional income) may affect or terminate your current benefits. PLEASE DO NOT CALL Our phone lines are dedicated to "accepting" donations. Please respect this request. We look forward to serving you in the near future!	https://www.computerswithcauses.org/application.htm
With Causes. Org	With Causes has helped touch the lives of thousands of families in need, social service agencies and numerous charitable organizations worldwide. We review each help request, case by case, and determine whether or not we can be of assistance based on our findings. If you would like to apply for help, please briefly explain your situation, needs and contact information.	https://www.withcauses.org/askforhelp.htm
HEALTHCARE/HOSPITALS		
AHCCS (AZ Health Care Cost Contain. System)		(602) 417-5437
Banner Baywood Hospital (Power & Broadway)		(480) 854-5000
Mercy Gilbert Hosp. (Val Vista & 202)		(480) 728-8000
HIGLEY UNIFIED SCHOOL DISTRICT (K-12)		
Cooley Middle School		(480) 279-8300
Gateway Pointe Elementary		(480) 279-7700
Higley High School		(480) 279-7300
Higley Traditional School		(480) 279-6800
Williams Field High School		(480) 279-8000
POST SECONDARY SCHOOLS & COLLEGES		
ASU East Polytechnic		(480) 965-3278
ASU East Williams		(480) 988-8000
Chandler Gilbert Community College		(480) 965-3278
EVIT (East Valley Institute of Technology)		(480) 308-4600
Mesa Community College		(480) 461-7000
Rio Salado Community College		(480) 517-8000

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HOME OWNERSHIP & HOMEOWNERS ASSISTANCE		
Arizona Department of Housing		(602) 771-1000
Chicano Por la Causa		(602) 253-0838
City of Phoenix Housing Dept		(602) 262-6794
CPLC (HUD housing counseling)		(480) 833-0016
Default Delinquency Counseling (Phx)		(602) 253-0838
Habitat for Humanity		(602) 268-9022
HUD (Housing & Urban Development)		(602) 379-7111
Money Management International (counseling)		(602) 246-2227
Save Our Home Foreclosure Helpline		(877) 448-1211
Springboard Mesa (HUD housing counseling)		(855) 736-7729
MANUFACTURED HOME PARKS - ASSISTANCE		
AZ Assoc of Manufactured Homeowners		(480) 966-9566
Manufactured Housing Commun. Of AZ		(480) 345-4202
LEGAL ASSISTANCE		
Elizabeth Clements, AZ Licensed Document Preparer/Paralegal	Provides legal document preparation services.	(480) 921-2118 PO Box 23836 Tempe AZ 85285
American Bar Association - Affordable Legal Services of Arizona	Programs to Help People of Modest Means Obtain Legal Help	(602) 340-7366 http://www.superiorcourt.maricopa.gov/SuperiorCourt/LawLibraryResourceCenter/
Arizona Fair Housing Center	While the Civil Rights Division of the Arizona Attorney General's Office investigates and resolves housing discrimination complaints, ADOH takes an active role in the education and training of housing providers to ensure awareness of fair housing laws.	(602) 548-1599 1402 S Central Ave B, Phoenix AZ 85004
Arizona Center for Disability Law	Protects the rights of individuals with a wide range of physical, mental, psychiatric, sensory and cognitive disabilities. Provides free legal services related to: ADA, Assisted Technology, VR, DDD, Employment, Fair Housing, Health Care, Legal Options (Guardianship), Mental Health, Special Education, Voting & Spanish guides and materials	Statewide Toll Free (800) 237-3007 Phoenix (602) 242-4366 www.azdisabilitylaw.org/guides/
Arizona Justice Institute	Consumer Law, Criminal Law, Divorce, Education Law, Family Law, Health Care Law, Municipal Law, Public Benefits, Real Estate Law	(602) 252-3432 PO Box 311 Phoenix AZ 85001 https://lawyers.justia.com/legalservice/arizona-justice-institute-9014
Arizona Tenants Advocates & Associates	Assists Arizona tenants	(480) 557-8905 https://www.arizonatenants.com/
Catholic Charities	Assistance with legal residency, citizenship, removal, deportation & refuge.	(602) 997-6105 ext 51015 www.catholiccharitiesaz.com

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Chicanos Por La Casa	Social services programs offer help with certain legal issues, including immigrations, elder services, and housing	(602) 257-0700
Child Support Enforcement Agency	Assistance with enforcing child support	(602) 252-4045
Community Legal Services (Phoenix)	Legal assistance and self-help resources for metro-Phoenix & East Valley	(602) 258-3434 https://clsaz.org/
FindHelpPhx.org	Links to free and almost-free services and aid available in Maricopa County.	https://www.findhelpphx.org/
FLAP (Family Legal Assistance Program (Maricopa Co	Family Legal Aid & Pro Bono Services throughout Maricopa County & Arizona State with links to local legal resources	(602) 506-7948 https://www.justia.com/lawyers/family-law/arizona/maricopa-county/legal-aid-and-pro-bono-services
Friendly House	Family services, immigration services, adult education & home care assistance	(602) 257-1870 www.friendlyhouse.org
Grandparents United for Children's Rights	Guardianship, dependency, termination of parental rights, adoption & child support	(602) 273-0004 www.grandsplace.org/gp4/az.html
Lawyer Referral Information Services	Community Legal Services (Mesa). Referral to lawyer for 30 minute consult. Fee charged. Online request or call	(602) 257-4434 www.maricopalawyers.org
Legal Aid AZ	Legal Aid for Referrals operates a free lawyer referral service designed to assist you in obtaining representation at discounted rates. Our programming is free and open to the public.	(480) 389-6718 https://legalaidaz.com/
Maricopa Co. Bar Assoc. Lawyer Referral Svc	Attorney referral services	(602) 257-4434
Maricopa County Volunteers Lawyer Program	Family, Bankruptcy, Divorce and Estate Planning Services	(602) 506-7948 PO Box 21538 Phoenix AZ 85003 https://lawyers.justia.com/legalservice/maricopa-county-volunteer-lawyers-program-9018
Mesa Family Advocacy Center	Where police and social workers, Department of Child Safety, Office of Child Welfare Investigations, prosecuting attorneys and on-site physicians work together to reduce the trauma of physical and sexual abuse - where victimization is transformed into empowerment.	(480) 644-4075 https://www.mesafamilyadvocacycenter.com/contact-us/
Never Again Foundation	Legal help for families who have lost a loved one due to domestic violence	(602) 761-2535 www.neveragainfoundation.org

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Southwest Fair Housing Council	Dedicated to eliminating housing discrimination and assisting victims of housing discrimination in exercising their rights. The Fair Housing Act protects people from adverse treatment in any housing transaction based upon seven protected classes: *race, color, national origin, religion, sex, disability, and familial status* . Depending on where you reside in Arizona, you may also be protected on the basis of *sexual orientation, gender identity, ancestry, age, and marital status* .	http://swfhc.com/
State Bar of AZ	Website with clear next steps and options when you are in need of legal assistance. Includes free resources you can talk to that will provide recommendations	https://www.azbar.org/legalhelpandeducation/consumerbrochures/ineedlegalhelp-whatshouldido/
Victim Rights & Witness Assist Program	Legal assistance with discrimination, housing & employment	(602) 542-5263 www.azag.org
Women's Resource Center/Fresh Start Women's Center (Phoenix)	Provides women with education, resources and support to positively transform their lives. It's helping women to create stronger communities and families.	(602) 252-8494 https://www.freshstartwomen.org/
BUS TICKETS		
First Southern Baptist	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(602) 242-6104 3100 W Camelback Rd Phoenix, AZ 85017 http://www.firstphx.org
LDS Complex Transient Services	Transient Services helps individuals who are recently out of correctional facilities or homeless by helping them to acquire clothing, as well as by referring them to other agencies who can help with housing, food, and employment.	(480) 892-8999
St Vincent de Paul Transient Services	Aid to stranded non-resident travelers in crisis within metro-Phoenix area	(602) 261-6852 https://www.stvincentdepaul.net/programs/aid-to-stranded-travelers

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Salvation Army Corp Community Service Center, Mesa	Provides assistance with food, utility payments, transportation costs, prescription costs, hygiene supplies, counseling, clothing, and other emergency assistance for individuals & families in need. Youth ministries provides a residential camp in Heber offering week-long sessions with activities designed to stimulate creative ability, self-esteem, and Christ-centered character building in children and teens. Angel Tree Program distributes donations for Christmas including at least 2 new toys, clothing, and stocking stuffers for children in need. Distributes food vouchers to families in need.	(480) 962-9103 241 E 6th St Mesa, AZ 85201 www.salvationarmyusa.org/
TRANSPORTATION		
ASU East - Commuter Options Svcs	ASU Inter-campus shuttles	(480) 965-1072 https://cfo.asu.edu/shuttles
Valley Metro Bus Service	Local Bus & Light Rail (valleywide)	(602) 253-5000 https://www.valleymetro.org/maps-schedules
Resurrection Street Ministry, Mesa	Providing assistance to Veterans, Senior Citizens, Homeless, Low Income Families and Group Home Residents in Arizona. We also provide non-emergency transportation to Homeless, Low Income, and Disabled Veterans to their clinics, appointments, and local service organizations. In addition, our services include clothing donation and providing household items as needed through our S.T.U.F.F. Thrift Store in Mesa, AZ	(480) 615-2799 1135 E Main St Mesa AZ 85203 www.rsmaz.org
Scottsdale City Social Services	Performs needs assessments and offer assistance with basic needs including emergency food boxes; rental assistance for those facing evictions; emergency utility assistance; emergency financial assistance for transportation including local bus tickets, prescriptions, and special needs; clothing and career clothing; weatherization. Provides information about and referrals to other community resources. Assists with air conditioning repairs during the summer for those who cannot afford to pay for the repairs themselves. **Hours:** Mon-Fri 8am-5pm **Eligibility:** Call for eligibility requirements	(480) 312-2323 7700 E Roosevelt St Scottsdale, AZ 85257 http://www.scottsdaleaz.gov
MOVING HELP		
Moving Help	Provides name of reputable moving companies and cost estimates	https://www.movinghelp.com/

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Hire a helper	Resource if you are moving yourself and need help	https://www.hireahelper.com/a/movingdotcom/?affil=313032&CustomReference=article
Moving anywhere in the US	This is a low cost mover for anywhere in the US	https://gomovingquote.com/?&cid=usa&aid=general&kw=moving&mt=mb&gclid=EAIaIQobChMI-82i_Nm35AIVxiCtBh1yggVgEAMYAiAAEgJBtfD_BwE
HUD can help with relocation expenses	HUD can help with relocation expenses	https://www.hud.gov/sites/documents/tenadisp.pdf
Financial assistance to help with move related expenses	Financial assistance to help with move related expenses	https://www.hifinfo.org/programs/emergency-housing-fund/
TRAINING PROGRAMS		
ADOT AZ Highway Construction Workforce Program	For young adults 18 to 24 years of age. Earn as you learn! $15.00 per hour hands-on learning. Classroom training, In-the-field training with highway construction industry experts. Must be able to pass all drug/alcohol tests and background checks and meet federal eligibility requirements.	Email Gabe Cruz for more info: gabe.cruz@maricopa.gov or https://arizonaatwork.com/city-phoenix/youth-career-services OR call (602) 534-3794
Arizona Career Readiness Credential	Free of charge training & preparation. Earn a credential by successfully completing skills assessments. Ongoing programs. Visit the Arizona@Work office near you.	https://arizonaatwork.com/
Arizona Early Childhood Network	Find & register for training & professional development opportunities near you. Find scholarships toward a degree or credential in early childhood education	http://azearlychildhood.org/about/using-the-registry/?gclid=EAIaIQobChMI2MGftIbv5AIVka_sCh1unQioEAAYASAAEgKQ-_D_BwE
Arizona Industries for the Blind	Provides employment and training opportunities for Arizonans who are blind	http://www.azifb.com
Arizona@Work Employment Academy	5-Day workshop to sharpen your employment skills and prepare you for an effective job search. Comprehensive workshop prepares you to obtain the Arizona Career Readiness Credential (listed above). Learn the essential elements needed to gain meaningful employment, evaluate your interests/skills, assess your work style, locate labor market information, prepare a targeted resume, improve your interview techniques, and more.	Visit your nearest Arizona@Work Office 735 N. Gilbert Rd Ste 134 Gilbert AZ 85234 (480) 372-9700 https://arizonaatwork.com/
Arizona@Work Financial Services Career Training	SIE Cohort Program. Obtain initial certification for financial services position in as little as 4 weeks. Zero to low cost four-week online course preparing you to sit for the SIE exam, based on funding eligibility. Eligibility: Must be authorized to work in the US. Must be 18 yrs of age or older. Must be able to pass a background check. Must not have applied with participating employers in the last 12 months. Attend an Open House to get more info.	Register for an Open House at http://phoenixchamberfoundation.com/sie/

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Arizona@Work One-Stop Career Centers	Get Career Coaching, Resume Writing, Career Assessments, Job Search Assistance, Networking, Veterans Priority of Service, Job Search Resources, Veteran Services, Vocational Training, Computer/Internet Access Obtain Job Seeker account - Get job leads & other valuable info emailed directly to your inbox	Text AZATWORK to 22828 to get started
Arizona@Work Training Programs	Apprenticeship programs - classroom and hands on training. Earn as you learn - college credits and wage. Train for many types of positions in: Health Care (CNA, MA, LPN, RN, etc) - Management - Culinary - Manufacturing	Visit https://www.azjobconnection.gov/ada/r/programs for more info
Arizona@Work Workshops & Assessments	Workshops include: Employment Academy, Adult Orientation, Resumes & More, Igniting Your Interview, LinkedIn Basics, Arizona Career Readiness Credential (ACRC), Assessment Café	(480) 372-9700 Visit your nearest Arizona@Work Office 735 N. Gilbert Rd Ste 134 Gilbert AZ 85234 https://arizonaatwork.com/
Arizona Vocational Rehabilitation Services through DES	Programs to assist disabled persons learn and obtain jobs. Vocational guidance & counseling. Job development & job placement services. Rehabilitation technology, services & devices	Visit www.azdes.gov/RSA or call toll free (800) 563-1221
Arizona Youth Services Arizona@Work Office	Serving young adults ages 16-24 with assistance in financial literacy, guidance and career counseling, career exploration, job raining. Occupational skills, leadership development, computer access, resume assistance, job leads, work experience & support service, and high school equivalency	(480) 372-9700 Arizona @ Work Office 735 N. Gilbert Rd, Ste 134 Gilbert AZ 85234 https://arizonaatwork.com/locations/maricopa-county
AWEE BankWorks Bank Career Training Program - Ongoing Programs, many are FREE	8 week long program provides training in financial industry. Information sessions held the first and third Thursday of every month. Sessions held at La Mesita Campus 2254 West Main Street Mesa, AZ 85201. Eligibility: 18 yrs or older. HS Diploma or equivalent. Basic Computer Skills. English literacy.	Call (602) 601-7211 or visit awee.org/bankworks to sign up

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Career Connections IT Certification Programs - No-cost training	IT Technology Certification thru Brighton College in conjunction with Career Connectors NO COST programs currently available: CompTIA A+ & CompTIA Network+ **Eligibility:** -17 yrs of age or older with High School diploma or GED -Eligible to work in the United State -Considered the custodial parent, legal guardian, foster parent of a dependent under 13 years of ages or older child with disability/ developmental delay? Visit website to complete online questions & inquire	(480) 442-5806 Career Connectors/Brighton College Email: contact@careerconnectors.org https://careerconnectors.org/training/?inf_contact_key=905e02a0ed21fff84599de70191ed8fe
Central Arizona College Health Careers	CNA, Lab Asst, EMT, Health Info Tech, Med Asst, Pharmacy Tech, Radiography, Diet/Nutrition, etc.	https://centralaz.edu/divisions-programs/health-careers-division/
CNA Training through Mesa Community College at brand new Red Mountain facility (10 bed lab) beginning Fall 2019	8 week program. Financial assistance available (must qualify and be selected. See website for details and/or contact MCC financial advisor)	For information or to register contact: Tamara Lawrence, tamara.lawrence@mesacc.edu or 480-461-7628 • mesacc.edu/programs/nurse-assisting
Customer Service Training Certification Program - Phoenix (Gateway College)	This 4-week training will include a national certification in customer service and will be given opportunities to network and connect with ABS partnering companies. Full Scholarships available to those who are eligible. Three information sessions will be held in the next few weeks where interested parties, clients and partners can learn more about this exciting program online and in person.	Contact James Montoya at (602) 262-6845 or email james.montoya@phoenix.gov for more info
Extreme Drywall Concepts - Mesa/Phoenix	Must be 18 years of age to become an apprentice (trainee) for positions such as Metal Stud Framers, Drywall Hangers, Tapers, Painters, Journeymen, Foremen & Superintendents	Visit www.extremedrywallconcepts.com or email chris@extremedrywallconcepts for more info
Financial Industry Training (FIT) Programs - Ongoing programs, **many are FREE**. Generally only 4 weeks long.	Programs include: Customer Service Agent Training program with ACRC Credential (starting pay $14.00-$16.00/hr. with our preferred employers). Retail Agent Training program with National Retail Federation (NRF) Credential. Bilingual Banker Training program (starting pay $14.50/hr. with our preferred employers) CNA Training Programs - Some of these are FREE (no expiration)	https://phoenixchamberfoundation.com/workforce-development/fit/
Hawkeye Electric will provide training & supplemental education in the electrical trade for the construction industry	4 year apprenticeship training program with tuition reimbursement, tool purchase assistance program & more	Visit https://hawkeyeelectric.com/careers/ to submit inquiry

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International Association of Iron Workers “Gladiator Training” Program	A FREE 40 hour (5 days) instructional class to introduce you to the Concrete Reinforcing Steel Trade, designed to provide an in-depth, visual, hands-on experience to provide a better understanding of what the Reinforcing Steel trade consists of. Classes conducted almost weekly. Employment starting at $14/hr with potential $1/hr raise after 30 days, another $1/hr raise at 60 days, another $1/hr raise at 90 days, plus paid medical benefits after 90 days.	Visit www.iwrdtt.org or call (602) 272-2836 for more info IWRDTT located at 3131 W. Lewis Ave, Suite 400 Phoenix AZ 85009.
IT/Information Technologies Free Career Training Program - Software Support (ASM)	Employer-sponsored (no cost to you). Classes held at Rio Salado College - Northern Campus	Contact Rio Salado Community College for details
Opportunities for Youth (Maricopa County)	Community programs and career training/education/assistance for youth ages 16-24 and young adults 16-35 years of age. No cost education & technical career training, training support, civil engagement & accountability programs	https://oppforyouth.org/
SNAP (Supplemental Nutrition Assistance) Employment & Training Program	Job readiness assistance to learn new skills & increase employability. Training opportunities, job search, education and/or training, unsubsidized employment, community service, work experience, etc. Potential reimbursement up to $100 toward books and/or training manuals, background checks, clothing for interviews, test fees (drug, GED, TB), fingerprinting, course registration fees, etc. Transportation reimbursement expense up for $64 every 4 weeks upon participation.	https://des.az.gov/services/employment/job-seekers/supplemental-nutrition-assistance-employment-and-training
Strengthening Working Families	You must be 17 years or older with your HS Diploma or GED, be legally authorized to work in the US, AND be responsible for the care of at least 1 dependent, age 13 years or younger, who has a disability or developmental delay	Orientation for various training programs every Tuesday from 3-4pm at Arizona at Work Office 735 N. Gilbert Rd Suite 134 Gilbert AZ 85234. Register & get more info here.
Swift Transport Driving Academy - Train to be CDL Class “A” Truck Driver	Train to be a CDL Class "A" Truck Driver. Can qualify for tuition reimbursement, scholarships, and more. Careers in high demand. Earn competitive pay	https://careers.swifttrans.com/driver-jobs/student-hiring/?utm_campaign=Student_ZipRecruiter_V1&source=SwiftLead&number=8885468037
HOMELESS RESOURCES FOR PETS		
Lost Our Home Pet Rescue	5 different programs provide compassionate options for pets and pet parents in crisis	(602) 445-7387 2323 S. Hardy Dr Tempe 85282 www.lostourhome.org

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