

MAY 2025



STRONG ROCK CHRISTIAN SCHOOL ALUMNI NEWSLETTER



The mission of Strong Rock Christian School is to glorify God and partner with families in educating and inspiring their children to impact the world for Jesus Christ – **The Strong Rock.**

WELCOME OUR NEWEST ALUMNI CLASS OF 2025



Greetings Alumni!

The time has finally come... the class of 2025 has graduated! Saying those words aloud feels impossible. I first came to Strong Rock in the fifth grade, and since then, graduating has felt years away. However, those years quickly passed, and we are now known as SRCS alumni. Soon, the classmates we have spent most of our lives with will scatter throughout the nation, facing the world, and following the plans God has for each of us.

Strong Rock, for many of us, has been our second family; the second family that prays for our future and has taught us how to face the world through a Biblical lens. I am filled with gratitude that I am a graduate of Strong Rock, the school that has watched each of us grow into the young adults we are today. Despite the feeling of excitement to finally graduate, it is bittersweet to know that we've sat in our high school classes for the last time. I recognize that the teachers and staff of Strong Rock have immense love and care for each of us. They will continue to be our mentors even as we move on from SRCS and into our career paths. While I have been class president, I have witnessed many of the amazing ideas and hard work by my fellow classmates. My classmates have a gift of turning anything into something fun while still striving for success.

During senior retreat, the senior class claimed the word of the year to be "unity". As a class, we decided to present a senior gift of an awning cover for the playground area. This gift supports the word "unity", in which friends and family can gather. Our class hopes to leave a legacy of what it looks like to unite not only as a class, but as a school-wide community. To put this gift into action, the senior class held a car wash fundraiser for the Strong Rock staff. All the generous donations helped to make this gift possible as well as providing the seniors with yet another fun memory. Strong Rock has not fallen short of living up to their motto, "Blessed to be a blessing." This beloved school has been a blessing to each student that has walked down the halls. The various classes and conversations throughout high school have prepared the senior class to go out into the world and shine the light of Jesus. As we step into the next chapter of our lives, we will look back on the strong foundation that Strong Rock has set for us. On behalf of the class of 2025, I thank you for the honor of our class joining the alumni community as we will continue living out the mindset of "Blessed to be a blessing".

-CLASS OF 2024 STUDENT BODY PRESIDENT

LAYNA NEELY

Our Newest Alumni Addition to the

"Wall of Patriots"

Reid Musgrove

CLASS OF 2024

In December 2024, Reid finished Basic Training and AIT (Advanced Individual Training).

He is planning on starting at the University of North Georgia in the fall, enrolling in their Cadets program and ROTC (Reserve Officers' Training Corps).



THANK YOU FOR YOUR
SERVICE TO OUR COUNTRY.
WE ARE SINCERELY GRATEFUL
FOR YOU.

Sara McCracken

CLASS OF 2021

Sara McCracken was commissioned as a Second Lieutenant in the United States Space Force

Sara graduated summa cum laude from Liberty University with a Bachelor of Science – Aeronautics in Unmanned Aircraft Operations and received the following awards:

- United States Space Force Commander's Award
- Top Aerospace Professional Award
 - The award is given to a student, selected by the faculty and staff, for excellence in all aspects of student life. A positive attitude, unmatched work ethic, involvement in extra-curricular activities, and desire to better one's self through honest self-evaluation are the hallmarks of a student eligible for this award. The nominations are considered by the faculty, staff, and leadership and the award is given based on a consensus of that group.
- Top Academic Student Award for the Liberty University School of Aeronautics
 - Nominations are based on the overall cumulative Liberty University GPA. In the likely event multiple students share the highest overall cumulative GPA, the LUSOA Dean will determine the award winner based on additional factors provided by the LUSOA faculty and staff including (but not limited to) personal integrity, character, leadership, and teamwork. Historically, this is an extremely competitive award.

After getting married this summer, Sara will report to Peterson Space Force Base, formerly Peterson Air Force Base, located in Colorado Springs, Colorado.

SARA HAS WORKED HARD AND IS GOING TO DO GREAT THINGS TO
SERVE OUR NATION.
WE ARE SINCERELY GRATEFUL FOR HER SERVICE!



Alumni Christmas Event @ Queen Bee



Alumni gathered at Queen Bee Coffee Company for our second annual Christmas Event.

ALUMNI ON CAMPUS

McKenzie Parks CLASS OF 2024



Lincoln Parks and his daughter McKenzie spoke to Student Leadership on January 9. **McKenzie Parks** (2024) is a freshman at Coppin State University, a Division 1 University, and McKenzie was a starter on their Women's Volleyball Team. Lincoln is the owner and founder of Web Mobile Fusion and a member of the Strong Rock Christian School Board of Trustees.

McKenzie shared that her faith in God and her relationship with her family made a positive difference in transitioning from Locust Grove to Baltimore. She shared that even in lonely times, she knew God had called her to Coppin State for a reason, and she had confidence in Him that He would provide for her. This was the first time Strong Rock has had a father/daughter team speak to Student Leadership Institute.

Bryson Koby CLASS OF 2024



Bryson Koby (2024) returned to Strong Rock on January 16 for Student Leadership Institute.

He participated in a Q&A with Mr. Mann about his college experience at Auburn University.

Bryson encouraged our students to continue to work hard, and they will be prepared for college!

ALUMNI ON CAMPUS

Chelsea (Mann) Adams

CLASS OF 2011



Chelsea (Mann) Adams (2011) returned to Strong Rock on January 14 for chapel.

She did an incredible job sharing about the many voices in our lives vying for our attention. She encouraged our staff and students to keep pursuing Christ and to always recognize His voice above all others.

Hannah-Grace (Mann) Hedgecoth

CLASS OF 2017

Hannah-Grace (Mann) Hedgecoth (2017) returned to Strong Rock on February 13 to speak to the Biblical Womanhood class.

She spoke with them about dating, marriage, and purity from a Biblical worldview versus what the world says about these topics. She did a fantastic job and said so many things they needed to hear!



Meg Jones CLASS OF 2024

Wes Jones CLASS OF 2019

Danielle (Goodine) Green CLASS OF 2019



Bowen Jones, one of Strong Rock's Board members and a dedicated Strong Rock dad to **Wes Jones** (2019), **Jake Jones** (2021), **Emma Jones** (2024), and **Meg Jones** (2024) gave an encouraging message at Donuts with Dad on March 21.

It was a fantastic time of fellowship, encouragement, and fun! Fathers were challenged to live out their faith boldly and to lead their families in prayer. Seeing dads praying with their children was a powerful reminder of the impact of a godly father.



Bowen Jones (center) with **Meg Jones** (2024) & **Wes Jones** (2019) (left side).

Danielle (Goodine) Green (2019) with her dad, David Goodine (right side).

Mary-Susan (Milam) Moore

CLASS OF 2013

TEACHER OF THE YEAR!!



The following was shared by Academy Principal Perian Calhoun -

"1 Thessalonians 5: 11 says, 'Therefore encourage one another and build each other up, just as you are doing.' For the last small group lesson, we discussed what your legacy is and how you want to be remembered. As I have gotten to know Mrs. Mary Susan Moore during my brief tenure here at Strong Rock, I know that she is going to leave a lasting impact on her students and instill great Biblical qualities. Mrs. Moore does an awesome job of encouraging our students and champions them in all that they do. Each day, you would never know if she is having a bad day or down because each time you are around her, she is always positive and encouraging. When you go into her classroom you sense this feeling of confidence and motivation, and the students are constantly learning. You can feel the presence of the spirit in the room.

Mrs. Moore also does an awesome job of communicating with parents and building great relationships. And no matter what, she is always trying to make sure that every one of her students reaches their full potential in whatever endeavor that they choose. She uniquely and genuinely does what is best for kids. In addition to her teaching responsibilities, she goes out of her way to help other teachers, help lead her grade level and peers, and offer prayers to those in need. Mrs. Moore has done an outstanding job of being a great ambassador for our community and the Strong Rock Christian School mission/vision.

I'm proud to announce that Mrs. Mary Susan Moore is our Academy Teacher of the Year!"

OUR FIRST ALUMNI TEACHER OF THE YEAR!

Chick-fil-A Remarkable Futures Scholarships!

Cole Dervan CLASS OF 2024
Mackenzie Mayfield CLASS OF 2023
Landon Neely CLASS OF 2024



We celebrate Cole Dervan, Mackenzie Mayfield, and Landon Neely, who earned the Chick-fil-A Remarkable Futures Scholarship!

Congratulations! Signed & Ready!

CLASS OF 2025

DAVID PARRISH



SIGNED

David Parrish

WORCESTER POLYTECHNIC INSTITUTE

COMMITTED

BROOKS BIBBY

ANDREW COLLEGE



COMMITTED

BLAKE BURGHARDT

YOUNG HARRIS COLLEGE



DARBY MERRITT



SIGNED

Darby Merritt

BERRY COLLEGE

COMMITTED

EMERSON ASKEW

COLLEGE OF COASTAL GEORGIA



COMMITTED

JAY HOLCOMBE

FLAGLER COLLEGE



COMMITTED

GABRIEL HUNTER

OGLETHORPE UNIVERSITY



COMMITTED

LONDON STANCIL

HUNTINGDON COLLEGE



COMMITTED

RENE SCOTT

NIAGARA UNIVERSITY



SIGNED

Garrison Davis

ASBURY UNIVERSITY



SIGNED

Leah Longino

GEORGIA MILITARY COLLEGE



Sabre Mswia

CLASS OF 2017

On January 9 Strong Rock Christian School alumni and former class of 2017 president Kanyika Trem Mswia (AKA Sabre) graduated from Florida's Volusia County Sheriff's Academy earning awards for Class Leadership, Physical Fitness, Top Gun Marksmanship, and Top Cop which came with a new 2025 Ford Explorer duty patrol cruiser.

Congratulations, Deputy Sheriff Kanyika Trem (Sabre) Mswia!



Pictured with his mother Enid Mswia and father Morris Bailey & friends from work and college.

Will Miller

CLASS OF 2020



Will Miller was named Georgia Tech's Student Government Association's Most Outstanding Graduating Senior for the Class of 2025.

The award is given to a graduating member of Georgia Tech's SGA to recognize their outstanding accomplishments and dedication to the organization and student body. It's awarded by the current SGA's members who nominate graduates and then vote.

Will served this past year as the Vice President of Finance, overseeing the allocation of roughly \$4.6 million of funding from over 400 student organizations and campus departments.

Congratulations, Will!

Jamie Gibson

CLASS OF 2024

Strong Rock Christian School proudly hosted the Southern Men's Lacrosse League Championship, "Shootout for Soldiers," on April 12. The highly anticipated event welcomed collegiate teams from across the Southeast, including Georgia College & State University, Mississippi State University, Morehouse College, Emory University, Samford University, Western Carolina University, Western Kentucky University, University of Tennessee Chattanooga, and University of South Alabama.

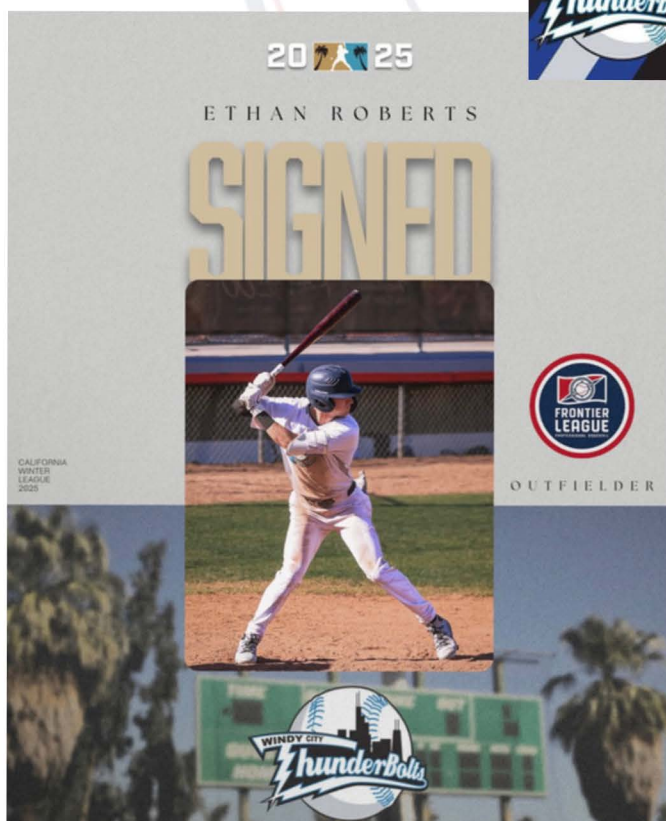
Among the players was 2024 Strong Rock graduate Jamie Gibson, who contributed to Georgia College's impressive performance, helping lead his team to victory in the championship.

The event showcased the growing talent in collegiate lacrosse and celebrated teamwork, sportsmanship, and continued tradition of excellence on and off the field.



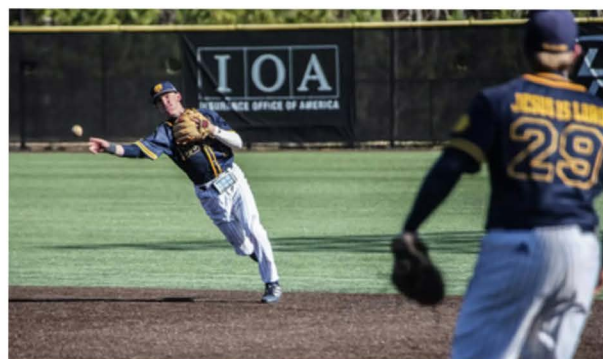
Ethan Roberts

CLASS OF 2020



As of February 12 Ethan is officially a professional baseball player having signed a Uniform Player Agreement with the Windy City Thunderbolts in the Frontier League.

After graduation, he played for Truett McConnell University. Ethan recently completed a short winter season in the California Winter League where he "tore it up" with a .368BA, .515OBP, and led the league in runs scored.



Hunter Rosich

CLASS OF 2017

Hunter Rosich is a lawyer! He is a staff attorney for the Ocmulgee Judicial Circuit.

While attending Strong Rock, Hunter presented his College Search Project in Mrs. Mann's class, which included his plans of becoming a lawyer. Now, eight years later, Hunter has fulfilled that goal. He completed four years at the University of Georgia and three years at the University of Arkansas.



Hunter in high school (November 2016) at Youth Assembly where he received an award for Outstanding Senate Statesman.

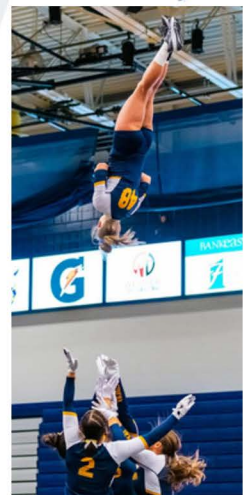
Kylee Kerce

**AUGUSTANA
ACROBATICS & TUMBLING —
4TH IN THE NATION!**



CLASS OF 2022

- 1.) Inaugural season – 2023
- 2.) #13 by NCATA preseason poll – 2024
- 3.) Rose to #10 – 2024
- 4.) #11 by NCATA preseason poll – 2025
- 5.) Rose to #4 – 2025
- 6.) 1st NCATA National Championship appearance as fourth seed – 2025
- 7.) Defeated fellow Division II University, Fairmont State in quarterfinals which means they were the highest ranked Division II Acrobatics & Tumbling team – 2025.
- 8.) 2025 season ended with a record of seven - one. Only defeated by the nine-time NCATA champions, Division I Baylor Bears.



**CONGRATULATIONS KYLEE AND
THE AUGUSTANA ACROBATICS &
TUMBLING TEAM!**

GO VIKINGS!

Demetrius Knight Jr.

CLASS OF 2019

**DRAFTED BY THE
BENGALS!!**



From Strong Rock Christian School in Locust Grove, Demetrius Knight Jr. @the_chozenknight1 is the Cincinnati Bengals No. 49 pick in the #nfdraft

Draft coverage: <https://2wsb.tv/4cMTFBY>



We couldn't be prouder of Demetrius Knight for being drafted by the Cincinnati Bengals! His journey is a powerful testimony to hard work, perseverance, and character. Demetrius has not only been a standout athlete, but he's also been an exceptional young man—humble, driven, and a leader on and off the field.



Jensy (Rush) (2020) & Demetrius Knight (2019)

The Bengals are getting more than a great player—they're getting someone who will make a difference in the locker room and the community.

We'll be cheering you on every step of the way, Demetrius! This is just the beginning!



Photo Credit - University of South Carolina
Instagram - gamecockfb & bengals



Joseph Eichelberger

CLASS OF 2020

Congratulations, Joseph!

He was selected as one of the Top 44 HBCU Baseball Prospects in the country!

Catch him May 31 in Kannapolis, North Carolina, at Atrium Health Ballpark for the Minority Baseball Prospects HBCU All-Star Game!

May 29 - Battle of the Bands

May 30 - Minority Softball HBCU Showcase

May 31 - MBP HBCU All-Star Game

Tickets & Info: minorityprospects.com



**TOP HBCU PROSPECT
IN COUNTRY**

Addi Nichols CLASS OF 2023

Jackson Palmer CLASS OF 2022

Dylan Silvey CLASS OF 2022

Grace Webb CLASS OF 2023



Jackson Palmer (2022)



Dylan Silvey (2022) and **Grace Webb** (2023)

Northside Baptist Church in Milledgeville, Georgia, had college day on March 2. This was a Sunday where the church had the regular-attending, college students give testimonies, lead worship, and preach. Four of the seven students involved were Strong Rock alumni.



Addi Nichols (2023)



This picture includes the pastor on the far left and on the far right, the college ministry leader, Jodi.

Patriots in the Sky!

Captain Cade Howell

CLASS OF 2019

First Officer TJ Blalock

CLASS OF 2019



The flight crew for Delta Connection on January 1 were Strong Rock graduates – Captain Cade Howell and First Officer TJ Blalock.

We believe this is a first for our alumni.

First Officer Brandon Shelnutt

CLASS OF 2019



First Officer Brandon Shelnutt is also flying with Delta Connection.

Haley Pearson

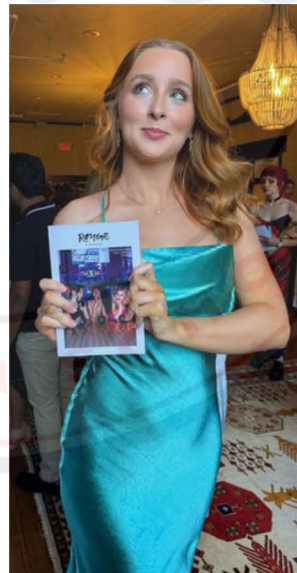
CLASS OF 2023



Haley is currently an Advertising major at the University of Georgia with a minor in Fashion Merchandising. She has been diving headfirst into the world of media, marketing, and fashion. Last summer, Haley interned at Modern Luxury, the #1 luxury media brand in the nation. It was an incredible experience where she led social media for Modern Luxury Weddings, won the intern sales competition, and even got to plan high-end events with budgets of \$25K+ at luxury hotels and a \$7M home.

Right now, Haley is the Creative Director of Rouge Magazine, UGA's student-run fashion and lifestyle publication. Rouge recently launched the Style Lab issue, which explores the science behind fashion: learning how psychology, history, and personal expression shape the way we dress every day. Haley states, "It has been amazing to blend creativity with research and dive deeper into what makes fashion so impactful."

"Being so involved at SRCS gave me the confidence to lead outside the classroom and the excitement to carve my own path after graduating. Coming from such a close-knit school, stepping into a larger world was both an adjustment and an adventure, but I've loved every second of it!"



"To my fellow SRCS alumni— Chase the things that light you up! You never know where a passion project or an unexpected opportunity might lead. Don't be afraid to take a chance on something new, even if it feels out of your comfort zone—growth happens in the moments that challenge you the most.

And if anyone wants to talk about fashion, media, or social strategy, I'm always happy to connect!"

Caleb Boutwell

CLASS OF 2021



Caleb was raised in a strong Christian household, regularly attending church and surrounded by faithful parents who were deeply involved in ministry. Although he considered himself a Christian growing up, his personal faith was largely rooted in his parents' beliefs. This changed dramatically just before his 16th birthday when his father suddenly passed away from a stroke. This traumatic event marked a turning point in his life, deeply affecting him and setting the stage for years of struggle.

After his father's death, Caleb fell into a pattern of addiction involving marijuana, alcohol, and pornography. These issues persisted through high school and worsened during his first years at Georgia Southern University, where fraternity life intensified his struggles. Eventually, he reached a breaking point, physically and emotionally drained. During this despair, he began to reflect, returned to the gym, and started dating a girl named Amber. Together, they began to seek God again and attended the Passion Conference in Atlanta, where he fully surrendered his life to Christ.



"At the funeral there were so many people, but I remember one thing in particular, Coach Jacobi and Darrell Herring from Strong Rock were the very first ones in line to come see me and my family. This meant so much to me even to this day."

From that moment, Caleb began actively serving as the fraternity chaplain, leading Bible studies and encouraging others in their faith. However, challenges remained, particularly in his relationship with Amber. When they discovered she was pregnant, Caleb initially responded with fear and a desire to take control, leaving God out of the picture. But through prayer and reflection, he recommitted to God's will and returned to school. This renewed faith led to marriage, the birth of their son, and graduation from college. Though their future remains uncertain, they express hope and trust in God's continued guidance.

"Looking back on my life, I can see that the reason God had me at Strong Rock was to teach me about the firm foundation to stand on with Christ."



Max Bateman

CLASS OF 2020

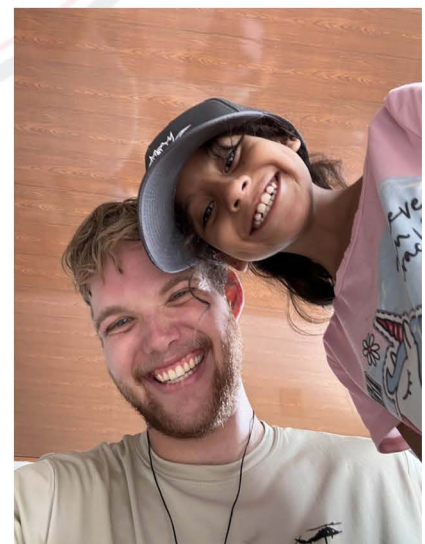
Max's heart for missions began in Padre Ramos, Nicaragua, on a high school mission trip, where he first encountered the power of God's love in relational ministry. After that trip, he was hooked, pursuing missions throughout high school until the global pandemic hit. He began attending the University of Georgia (Go Dawgs!) in the Fall of 2020 and, while there, joined a Christian fraternity in pursuit of godly community—a choice that would ultimately lead him back into the mission field.

In March 2023, Max went to Costa Rica for the first time on a spring break trip with his fraternity. While there, he once again felt the power of relational ministry, showing the love of God through every game played and every meal served. A sprained ankle turned into a calling to return over the summer; following his graduation, Max spent eight weeks deepening relationships as a Summer Staff Member for 6:8 Ministries. The summer was filled with many memories, from teaching his first English class barefoot to meeting lifelong friends, but his biggest takeaway was the purpose he felt each day waking up to serve others in God's name.

Following his summer experience, Max took a gap year to discern God's direction for the next chapter of his life, and every road kept leading back to Costa Rica. After returning the following summer, he officially committed to full-time mission work, stepping into dual roles as the Director of English as a Second Language and Director of Social Media Marketing for 6:8 Ministries. He spends his days teaching English, playing with kids, serving the homeless, and sharing the work God is doing in Costa Rica.

"I can say with full confidence that I am doing my dream job; every day, I get to roll out of bed and show people the love of God. Looking back, it's obvious God was working in my life to bring me to this moment."

Max would be honored for you to partner with him, in prayer and in financial giving, in God's ministry to the beautiful country of Costa Rica.



Want to Donate? - Follow the link and click
on Max's profile.
<https://68ministries.org/staff/>

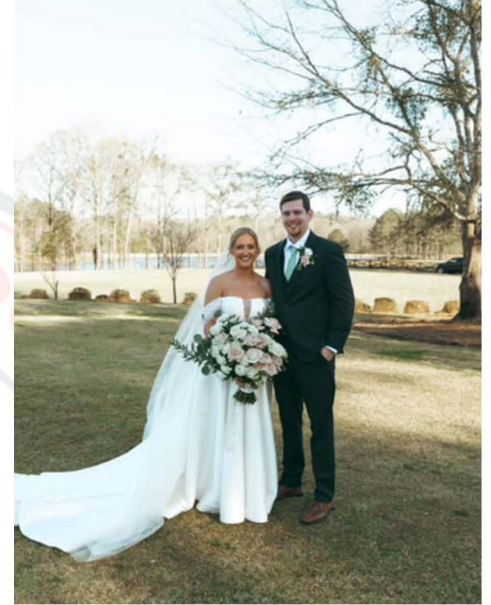
ALUMNI NEWS- Weddings



Ansley (Hutcheson) (2017) &
Andrew Bailey
Married December 2024



Bailey (Adams) (2019) &
Hunter Jenkins
Married January 2025



Grace (Wagers) (2017) &
Zach Kennedy (2016)
Married March 2025



Palmer &
Nic Waddell (2020)
Married March 2025



Julie &
Cody Hall (2019)
Married March 2025

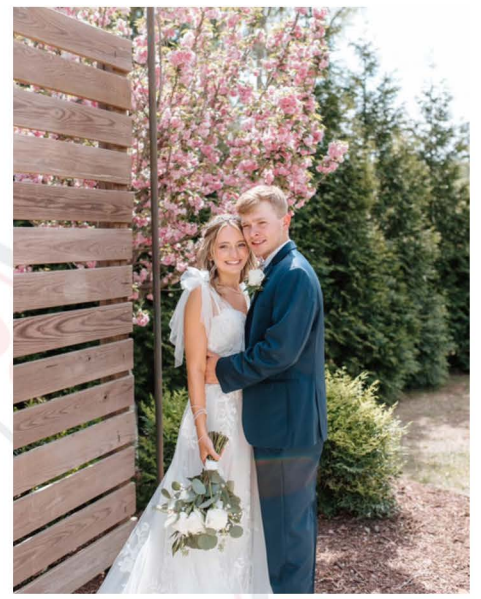
ALUMNI NEWS- Weddings



Katie &
Kenny Mills (2019)
Married April 2025



Grayce (Keefer) (2019) &
Kennedy Moorman (2018)
Married April 2025



Anslee (Sprayberry) (2021) &
Michael Wanzer
Married April 2025



Brooke (Cain) (2021) &
Brayden Eidson (2019)
Married April 2025



Rachel &
Coleman Shockley (2017)
Married May 2025

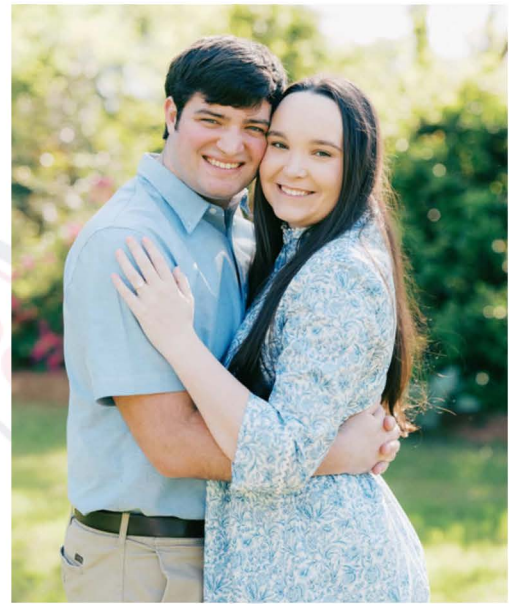
ALUMNI NEWS – Engagements



Alexis Brown (2021) &
Manning Morris
Engaged



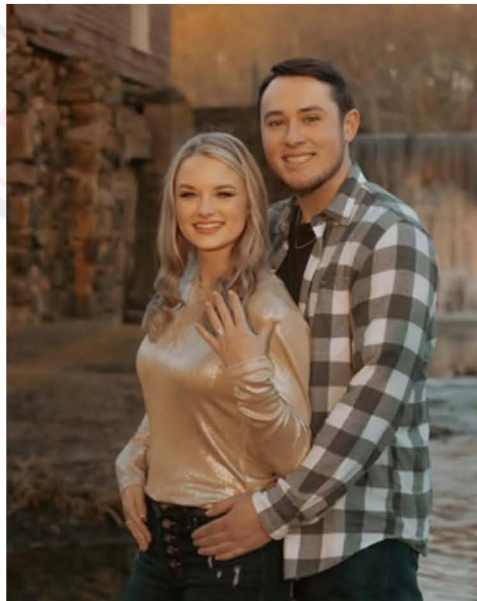
Hannah Reagan (2023) &
Alex Wright
Engaged



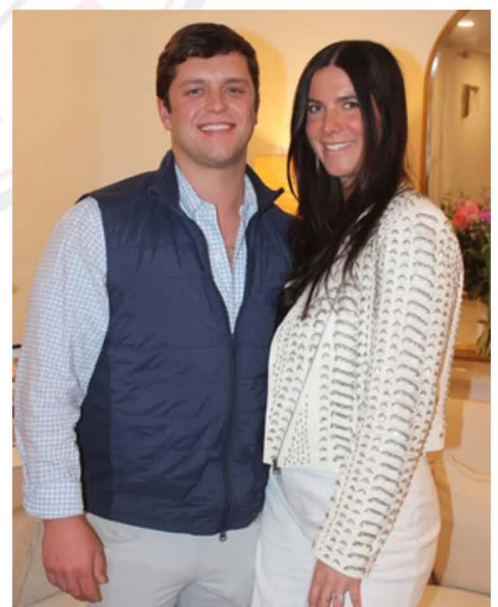
Addison Clark (2019) &
Mathew Gordon
Engaged



Peyton Walker (2019) &
Jackson Mulkey
Engaged

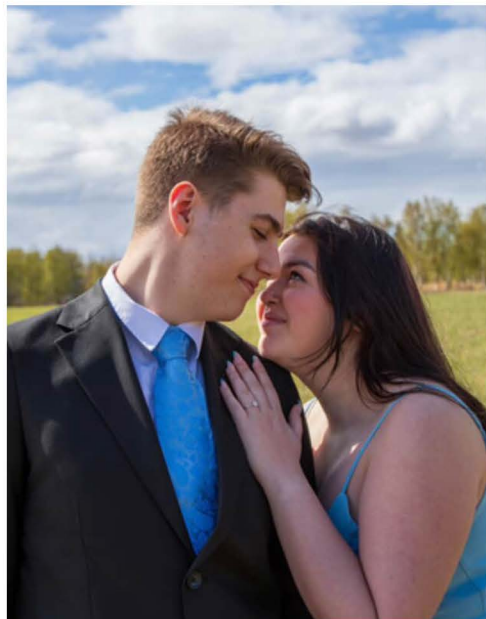


Camryn Fields (2017) &
Cash Rabinowitch
Engaged



Liddy Strickland (2015) &
George Hart
Engaged

ALUMNI NEWS - Engagements



Faith Rice &
Isaiah Peterson (2023)
Engaged



Mallory Moss (2016) &
Taylor Cranford
Engaged



Jessica Marant &
Trevor Borom (2020)
Engaged



Samantha Malek (2023) &
Eli Middlebrooks
Engaged



Claire Waggoner (2022) &
Allen Martin
Engaged

ALUMNI NEWS- Babies



Kaylee &
Tyler Rice (2013)
Boy - Redburn Saint (Red)
December 2024



Kirsten &
Austin Hester (2014)
Girl - Calla Jo
December 2024



Taylor (Blevins) (2015) &
Grant Crane
Girl - Charley Ann
December 2024



London &
Seth Thompson (2017)
Boy - Phillip Laine
December 2024



Ashley (Henderson) (2012) &
Tate Gardner
Boy - Graham Matthew
December 2024

ALUMNI NEWS- Babies



Juli (Higginbotham) (2015) &
Neal Stewart
Girl - Blair Elizabeth
January 2025



Bethany (Britt) (2012) &
Silas Yarbrough
Boy - Brooks Taylor
January 2025



Amber &
Caleb Boutwell (2021)
Boy - Bo Dixon
January 2025



Kaylin (Smith) (2016)
& Jonah Whitten
Girl - Collins LeeAnna
February 2025



McKenzie (Washington) (2017)
& Brice Dodson
Boy - Baylor Brandon
May 2025

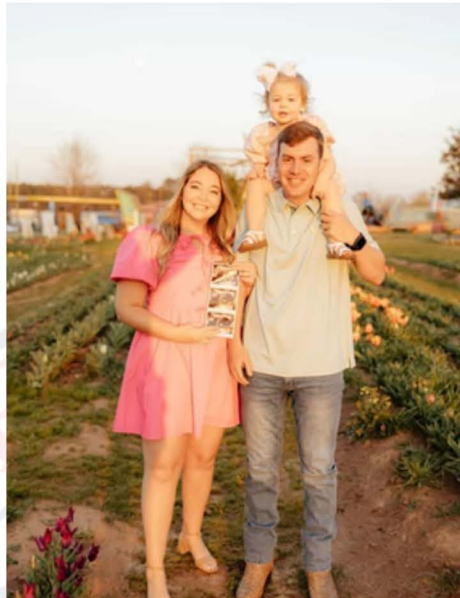


Bryson (Moorman) (2020)
& Andrew Greer
Girl - Adalyn Sage
May 2025

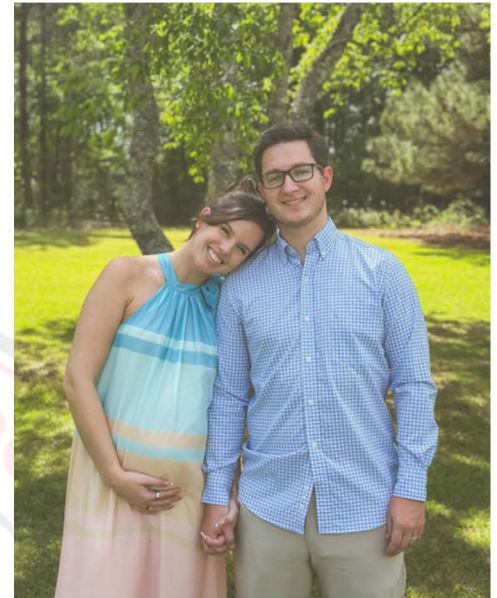
ALUMNI NEWS- Expecting



Hannah-Grace (Mann) (2017)
& Hudson Hedgecoth (2016)
Expecting



Savannah (Ward) (2014) &
Todd Gregory
Expecting



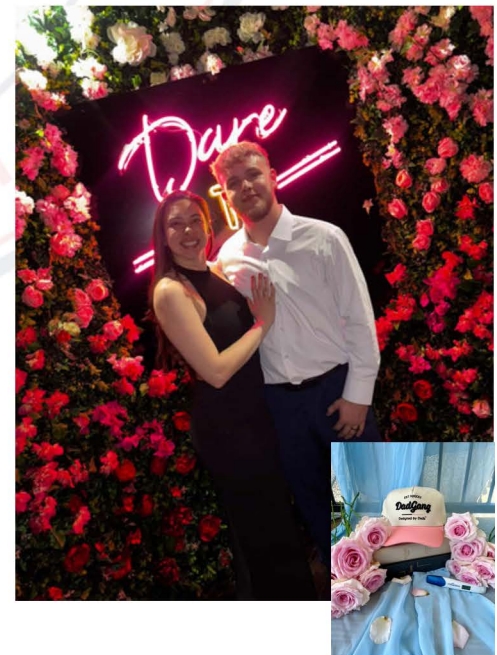
Sarah &
Zach Moss (2013)
Expecting



Morgan (Hutcheson) (2013) &
Grant Hatch
Expecting



Chelsea (Mann) (2011) &
Jesse Adams (2014)
Expecting



Kaci &
Matthew Gaudry (2017)
Expecting

ALUMNI OWNED BUSINESSES



CALEB CYPRIAN

Caleb is proud to provide excellent insurance in Cumming, GA and the surrounding areas of Alpharetta, Dawsonville, Duluth, and Roswell. Licensed to service the entire state of Georgia, Caleb's State Farm Cumming, GA office focuses in the areas of:

- Auto Insurance
- Home & Renters Insurance
- Small Business Insurance
- Health Insurance
- Life Insurance
- & more!



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Morgan Dallas
Fashion Brand



www.morgandallas.com



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Keep Christ at the Center of Summer Plans



*"For God is working in you, giving you the desire and the power to do what pleases him."
(Philippians 2:13)*



Whether you have a busy summer ahead, or you are looking forward to taking time off to relax, it is important to keep Christ at the center of your summer plans.

Sometimes, it is easy for us to slip into a routine and feel as though we do not have purpose. However, the Bible warns us about being neutral when it comes to our faith. Matthew 12:30 says, "Whoever is not with me is against me, and whoever does not gather with me scatters."

How can we live intentionally for Christ? We must change our perspective to realize that every moment can be used to fulfill God's calling on our lives. When we remember that God is transforming us and working through our lives, we can keep Him at the center of our plans.

So, what does this look like?

It is important to keep Christ as the focus in all aspects of our lives, no matter how small they may seem. For example, we can strive to keep Christ at the center of our relationships, whether they are relationships we have with our family, friends or coworkers.

In addition, by living intentionally and spending time in God's Word, we can discern right from wrong and avoid sin. Hebrews 5:14 says, "Solid food is for those who are mature, who through training have the skill to recognize the difference between right and wrong."

Furthermore, we can be intentional in the way we pray. Colossians 4:2 says, "Devote yourselves to prayer, being watchful and thankful."

This summer, I encourage you to live intentionally and allow Christ to be at the center of everything you do. No matter where we are or what we are doing, we are called as Christians to be intentional for Christ. Allow Him to be the focus of every area of your life and completely submit to His will.

As a result, He will empower you to live a purposeful life that glorifies Him!

Posted - April 22, 2016 by [Lauren Abraham](#)
in [[Spiritual Life](#)] on GCU.edu



Have a Great Summer!

The Strong Rock faculty & staff are cheering you on and praying for you always!



UPCOMING EVENTS

STRONG ROCK ALUMNI VOLLEYBALL GAME

TUESDAY
AUGUST 5, 2025
6:00PM IN THE MAIN GYM



RSVP TO

ppitmanstrong-rock.com
alumni@strong-rock.com



FREE
ALUMNI
EVENT @

Queen Bee
Coffee Co.

DECEMBER 2025



WELCOME HOME!

**ALUMNI
DINNER**

OCTOBER 17, 2025

ALUMNUS, SPOUSE & CHILDREN
6:30PM - 8:30PM AT THE FIELDHOUSE

FOOTBALL GAME 7:30PM

RSVP AT
STRONGROCKCHRISTIANSCHOOL.COM/ALUMNI
OR
ALUMNI@STRONG-ROCK.COM



The SRCS Drama Department
Dates Coming Soon

Do you want to be featured in the next Alumni
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