

June 2024

HARKER Lunch Menu SWEDESBORO-WOOLWICH

DAILY VEGGIE BAG OPTIONS:




MONDAY : CUCUMBER

TUESDAY: BABY CARROTS

WEDNESDAY: GARLIC ROASTED CHICKPEAS

THURSDAY: CELERY

FRIDAY: GRAPE TOMATOES

Monday	Tuesday	Wednesday	Thursday	Friday
DAY C ___ 3 ENTRÉE #1 PASTA W/MEATSAUCE ENTRÉE #2 CHICKEN QUESADILLA ENTRÉE #3 CEREAL LUNCH BAG Sides: GREEN BEANS Fruit of the Day	DAY D ___ 4 ENTRÉE #1 BEEF NACHO GRANDE ENTRÉE #2 EGG & CHEESE BAGEL ENTRÉE #3 CEREAL LUNCH BAG Sides: BROCCOLI 100% JUICE CUP	DAY E ___ 5 ENTRÉE #1 CONFETTI PANCAKE W/CHICKEN SAUSAGE ENTRÉE #2 CHEESE QUESADILLA ENTRÉE #3 CEREAL LUNCH BAG Sides: POTATO FRIES Fruit of the Day	DAY F ___ 6 ENTRÉE #1 CHICKEN NUGGETS W/GARLIC BREADSTICK ENTRÉE #2 EGG & CHEESE BAGEL ENTRÉE #3 CEREAL LUNCH BAG Sides: CARROTS 100% JUICE CUP	DAY A ___ 7 ENTRÉE #1 CHEESE PIZZA ENTRÉE #2 CHEESE QUESADILLA ENTRÉE #3 HOT DOG ON BUN Sides: BAKED BEANS Fruit of the Day
DAY B ___ 10 ENTRÉE #1 CHICKEN TENDERS W/GARLIC BREADSTICK ENTRÉE #2 MOZZARELLA STICKS & SAUCE ENTRÉE #3 CEREAL LUNCH BAG Sides: MIXED VEGETABLES Fruit of the Day	DAY C ___ 11 ENTRÉE #1 BEEF TACO WRAP ENTRÉE #2 EGG & CHEESE BAGEL ENTRÉE #3 CEREAL LUNCH BAG Sides: CORN 100% JUICE CUP	DAY D ___ 12 ENTRÉE #1 PANCAKES W/CHICKEN SAUSAGE ENTRÉE #2 CHEESE QUESADILLA ENTRÉE #3 CEREAL LUNCH BAG Sides: POTATO FRIES Fruit of the Day	DAY E ___ 13 ENTRÉE #1 CHICKEN PATTY ON BUN ENTRÉE #2 EGG & CHEESE BAGEL ENTRÉE #3 CEREAL LUNCH BAG Sides: BROCCOLI 100% JUICE CUP	DAY F ___ 14 ENTRÉE #1 CHEESE PIZZA ENTRÉE #2 HOT DOG ON BUN ENTRÉE #3 CEREAL LUNCH BAG Sides: GREEN BEANS Fruit of the Day
17 	18 	19 * REMEMBER TO RENEW YOUR MEAL APPLICATIONS ANNUALLY EVERY SEPTEMBER!	20 	21

Lunch Includes: **Protein Grain Fruit Veggie Milk**
 Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!

23/24 SY Lunch Prices

Student Paid: \$3.10
 Free & Reduced Status: free!
 Adult Lunch: \$5.00

SNEAK PEEK: September 5 MENU CHOICES:

ENTRÉE #1: CHICKEN NUGGETS
ENTRÉE #2: MOZZ STICKS

CAFÉ CONTACT INFO:

GINA DADAMO
 FOOD SERVICE
 DIRECTOR
 SWE@NSFM.COM
 Phone: 856-241-1552
 ext 1097
 *Menu subject to change

View/Set up your lunch account: www.schoolpaymentportal.com

(Enter a zero in front of grade: ie 4th grade: 04, KF—full day kindergarten)

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CAFETERIA WEBSITE: <https://www.swedesboro-woolwich.com/link-one/cafeteria-menus-cafeteria-lunch-information>

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