

JUNE 2024

Caston School Summer Feeding



School Information: All Summer Meals are offered to all children 18 and under. Meals are to be ate in the Caston Café.



Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 22.



MONDAY

This Institution is an equal opportunity provider.

Menu is subject to change without notification.

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

Bosco Stick 3
 Marinara Sauce
 Broccoli
 Fruit
 Milk Choice

Chicken Tenders 4
 Mashed Potatoes
 Corn
 Fruit
 Milk Choice

Hamburger on Bun 5
 Lettuce Leaf/Tomato Slice
 French Fries
 Green Beans
 Fruit
 Milk Choice

Orange Chicken 6
 Rice
 Mixed Vegetables
 Mandarin Oranges
 Milk Choice

Deli Sandwich 7
 Baked Chips
 Baby Carrots
 Cookie
 Apple
 Milk Choice

Popcorn Chicken 10
 Mashed Potatoes
 Corn
 Gravy
 Shredded Cheese
 Pear
 Milk Choice

Mini Corndog 11
 Mixed Salad
 Mixed Fruit
 Snack
 Milk Choice

Biscuits & Gravy 12
 Sausage Links
 Grapes
 Hashbrown
 Milk Choice

Quesadilla Pizza 13
 Salsa
 Romaine Salad
 Peaches
 Milk Choice

Assorted Pizza 14
 Cucumber Slices w/Ranch
 Strawberries
 Garden Salad
 Milk Choice

Dino Nuggets 17
 Broccoli
 Goldfish Crackers
 Fruit Cup
 Milk Choice

Cheeseburger on Bun 18
 Pickles, Lettuce, Tomato
 Oven Fries
 Blueberries
 Milk Choice

Country Fried Steak 19
 Mashed Potatoes
 Gravy
 Green Beans
 Milk Choice

Hot Dog on Bun 20
 Watermelon
 Side Salad
 Popcorn
 Milk Choice

Uncrustable 21
 Grapes
 Carrot/Celery Sticks
 Milk Choice

Bread Chicken Snd 24
 Pineapple
 Mixed Vegetables
 Jell-O
 Milk Choice

Calzone 25
 Orange Slices
 Green Beans
 Snack
 Milk Choice

Chicken Bacon Wrap 26
 Goldfish Crackers
 Banana Slices
 Baby Carrots/Tomatoes
 Milk Choice

Bosco Stick 27
 Cheese Dip
 Green Peas
 Apple Slices
 Milk Choice

Deli Sandwich 28
 Baked Chips
 Cucumber Slices
 Cookie
 Fruit
 Milk Choice