



The  
Frederick  
Gunn  
School

# BOYS LACROSSE PROGRAM

*Elite Level Program and Lifelong Learning*

The Frederick Gunn School has built a strong lacrosse tradition in which our players strive for both academic and athletic excellence. Our program honors our founder, Mr. Gunn, by concentrating on the four cornerstones of character: scholarship, integrity, respect, and responsibility.

We offer many things only possible in a school of 325 students: the chance to know and be known by every fellow student; the individualized care for students only possible when every faculty member

knows every student by name; multiple early opportunities for leadership and discovery. We believe that all of our students are encouraged and expected to contribute, in the classroom, in the community, and on the playing fields.

We ensure that we are developing all of our players in games and practices. Our goal is to develop young men of character who will become leaders in our community, outstanding students, and exceptional lacrosse players. We stress player development, personal excellence, respect, and sportsmanship, and we look to develop these traits within the structure of the team. Each year we begin our season with a spring break training program organized by the coaching staff. The trip is an excellent opportunity to come together as

a team and hone our skills before returning to campus for tryouts. During this time, we compete against teams from around the country in preparation for our regular season schedule.



We play in one of the premier leagues in New England, the Western New England Secondary School Lacrosse Association (WNESSLA).

In speaking to college coaches, they consistently remark about how our

players are developed and ready to play in college. We attribute this to the premium we put on developing each player on a daily basis and the quality of competition in our league. Simply put, there are no days off in our league. Our players play at a high pace day in and day out in practice and face every game situation imaginable through the course of our season in games.

I hope this information has helped to answer some of your questions. If you would like more information, please contact me at [marichm@frederickgunn.org](mailto:marichm@frederickgunn.org) or 860-350-0175.

**GoGunn!**

Coach Marich

## OUR PROGRAM

The Frederick Gunn School has built a strong lacrosse tradition in which our players strive for both academic and athletic excellence. Our goal is to develop young men of character who will become leaders in our community, outstanding students, and exceptional lacrosse players. In one of New England's premier leagues, we prioritize the comprehensive development of every player, both on and off the field, to prepare them for college.

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### HEAD COACH MIKE MARICH

A Long Island, New York native, Mike played lacrosse and basketball in high school and played four years of Division I Lacrosse at Hofstra for John Danowski, where he received a BBA.

At Gunn, Mike is the Director of Athletics and was named the Head Boys' Varsity Lacrosse Coach in 2016. In his time here at Gunn, Mike has coached four US Lacrosse All-Americans, an Offensive Player of the Year, a Defensive Player of the Year, 30+ First-Team All-WNESSLA selections, and countless players who have gone on to play at some of the most selective and competitive college programs in the country. In the off-season, Mike has coached for 3d Lacrosse, the CONNY New Balance All-America Highlight Team, and PLL Junior Championships.

The team clinched the WNESSLA League Championship in 2016, and the Colonial Cup Tournament title in 2016, 2022, and 2024. Mike has also won the WNESSLA Coach of the Year Award in 2016 & 2019.

### ASSISTANT COACH BLAKE HOLLINGER



Coach Hollinger was a multi-sport athlete in high school in football, wrestling, and lacrosse. After graduating from Salisbury School, he went on to play football and lacrosse at Hamilton College, where he received a bachelor's degree in communications and was captain of the men's lacrosse team his senior year.

Prior to joining the Gunn community, Coach Hollinger and his family lived for over a decade in the Washington D.C./Maryland area, where he was a coach for the 2019 Madlax National Team (ranked #1 at their age group) and a Defense/Goalie Coach at Landon School. In addition to coaching, Coach Hollinger is the Associate Director of Admissions & Financial Aid at Gunn and a house parent. During the 2022-23 season, Coach Hollinger received the Beven Dupre Assistant Coach of the Year Award in WNESSLA.

### ASSISTANT COACH CONNOR MOONEY



Coach Mooney graduated from Avon Old Farms School, earning U.S. Lacrosse All-American honors in his senior year. He went on to play four years of Division I Lacrosse at The University of Massachusetts-Amherst, where he was a captain of the men's lacrosse team his senior year and earned a place in the USILA North-South All-Star Game, and was awarded USILA Scholar All-America honors.

Prior to joining the Gunn community, Coach Mooney coached at Western New England University, the Williston Northampton School, and 3d New England South Lacrosse.

## 2023 POSTSEASON AWARDS

### U.S. LACROSSE ALL-AMERICAN

Will Marich '23

### ALL-NEPSAC HONORABLE MENTION

Andrew Rainville '24

### FIRST TEAM ALL-LEAGUE:

Dom Nicholas '24

Owen Laatsch '25

Will Marich '23

### ALL-LEAGUE HONORABLE MENTION

Luke Calabria '24

Jack Ellman '24

Mike Pizzo '23

Seamus Story '23

Christian Wood '23

## 2024 POSTSEASON AWARDS

### ALL-NEPSAC

Andrew Rainville '24

Owen Laatsch '25

### ALL-NEPSAC HONORABLE MENTION

Pucker Mears '26

James Timmons '26

### FIRST TEAM ALL-LEAGUE

Beau Fairbanks '25

Dom Nicholas '24

Tyler Johnson '24

Luke Calabria '24

Mercer Fernandes '24

Drew Delouchry '25

### ALL-LEAGUE HONORABLE MENTION

Jake Pellicane '25

Chauncey Payne '24

Ace Watson '26



## COLLEGE READY

*In speaking to college coaches, they consistently remark about how players on our team are developed and ready to play in college. – We attribute this to the premium we put on developing each player on a daily basis and the quality of competition in our league.*

*Simply put, there are no days off in our league. Our players play at a high pace day in and day out in practice and face every game situation imaginable through the course of our season.*

### RECENT HIGHLANDER PLAYERS IN COLLEGE

Jared Rainville '19 ..... Connecticut College

Cody Sipher '19 ..... St. Lawrence University

Dylan Donnery '20 ..... Quinnipiac University

Ryan Donnery '20 ..... Quinnipiac University

Henry Hoyt '20 ..... St. Lawrence University

Patrick Thomas '20 ..... Rollins College

Riley Edwards '21 ..... Adrian University

Bobby Wells '21 ..... St. Lawrence University

Blake Maracle '22 ..... Limestone University

Eddie Rayhill '22 ..... Cornell University

Allan Szydlowski '22 ..... Washington College

Théo Weidinger '22 ..... The College of Wooster

Jay Ashforth '23 .....Sewanee: The University Of The South

Will Marich '23 .....Kenyon College

Seamus Story '23 ..... Oberlin College

Tyler Johnson '24 ..... Stevens Institute of Technology

Andrew Rainville '24 ..... Connecticut College

Dom Nicholas '24 ..... SUNY Geneseo



## OUR FACILITIES

### UNDERHILL & BARNES FIELDS

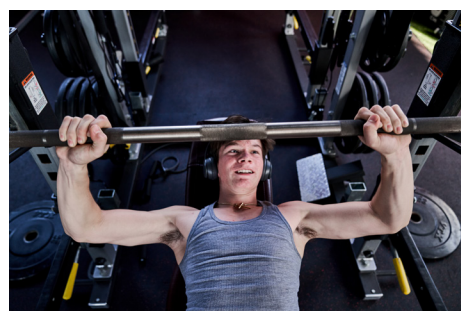
The Field House is home to the Boys Lacrosse Locker Room. The team plays and practices on both Underhill Field and Barnes Field. The natural grass and synthetic turf fields offer our athletes the opportunity to practice on a variety of surfaces to hone their skills.



### EMERSON FITNESS CENTER

The center offers cardio and strength-training equipment, deadlift platforms, indoor turf, Peloton bikes, treadmills, exercise bikes, elliptical machines, a climbing rope, pull-up bar and pegboard.

Work out before class or during your free block. The center is open from 6 a.m. to 8 p.m. No matter the time, Emerson is open to our community, all day.







## OUR SCHOOL

In 1850 Frederick Gunn established a school based on the belief that strength of character was the goal of education. Today, The Frederick Gunn School rests on the four cornerstones of character: **scholarship, integrity, respect** and **responsibility**. Character is forged in a cohesive, diverse community informed by a challenging college preparatory curriculum, a broad range of athletic, artistic and social activities and a faculty of scholars and committed educators dedicated to the intellectual and ethical development of every student. A Frederick Gunn School graduate is a broadly educated, socially responsible citizen with tested beliefs, strength of character and the courage to act on convictions. **Start your journey at [gogunn.org](http://gogunn.org).**



## OUR TOWN

The Frederick Gunn School campus is located 90 miles from New York and 140 from Boston and is within walking distance of Washington's idyllic green, white-steeped meeting house, and historic homes, as well as boutique shops, outstanding restaurants, a seasonal outdoor farmer's market, independent bookstore, art galleries, and a community gathering and event space known as The Judy Black Memorial Park & Gardens. The town and our school are also steeped in nature, surrounded by the scenic hills, woods, lakes, and rivers that so inspired our founder and have been preserved for generations to enjoy.



## QUICK FACTS

# The Frederick Gunn School



**STUDENT  
BODY**  
**325**

**77%**  
**BOARDING**

**23%**  
**DAY**

**20%**  
**INTERNATIONAL**



**25**  
**STATES**

**22**  
**COUNTRIES**

**220-ACRE  
CAMPUS**

LOCATED IN  
WASHINGTON, CONNECTICUT  
SURROUNDED BY WOODS,  
TRAILS, RIVERS, AND LAKES



**1850**  
**FOUNDED BY  
FREDERICK  
& ABIGAIL  
GUNN**



**125 ACADEMIC COURSES**  
**33 HONORS & AP COURSES**  
**65 MINUTE CLASS BLOCK**

### WHO WAS FREDERICK GUNN?

Frederick Gunn was a pioneering educator, courageous abolitionist, and rugged outdoorsman. He inspired generations of students to be curious and thoughtful, to be active members of their communities, to stand up for what they believe in, and to find a sense of wonder and renewal in the outdoors. The transformational educational philosophy that defined Mr. Gunn's original vision for our school in 1850 is even more powerful today. Our students become principled, active citizens and life-long learners who will be a force for good in the world.

**5:1 STUDENT/FACULTY RATIO**

**12 AVERAGE CLASS SIZE**

**60 FACULTY MEMBERS**

**73% HOLD ADVANCED DEGREES**

**NEW YORK  
90 MILES**



**BOSTON  
150 MILES**



**START YOUR  
JOURNEY**

*Frederick Gunn was a champion of the arts, athletics and the natural world.  
At Gunn, students are required to participate in a co-curricular activity every term.*



**15**  
**SPORTS**

**35**  
**TEAMS**

**5**  
**ATHLETIC  
FIELDS**

**1**  
**HOCKEY  
RINK**

**2**  
**BASKETBALL COURTS**

**1**  
**STATE-OF-THE-ART  
FINESS CENTER**



**415**  
**SEAT THEATRE**

**4**  
**ART STUDIOS**

**5**  
**PRACTICE  
ROOMS**

**1**  
**TECHNICAL  
WORKSHOP**

**& FALL PLAY, WINTER MUSICAL  
SHAKESPEARE PRODUCTION,  
DANCE TEAM, CERAMICS,  
PHOTOGRAPHY, PAINTING...**



**HIKING  
BACKPACKING  
LOW-ROPES**

