

# Mental Health Services

^ = Offers Group Therapy

\* = Offers Tele-Mental Health Services

## Mental Health Crisis Services

MCAT 24-Hour Mobile Crisis Unit	Oneida County	(315) 732-6228
Suicide Prevention Lifeline	National	1-800-273-8255

## Outpatient Clinics & Providers

ADHD & Autism Psychological Services & Advocacy^	122 Business Park Dr. Suite 1, Utica NY 13502	315-732-3431 or mail@aapsa.net
Alkira Center <i>Specializes in Teen &amp; LGBTQ+ therapy</i>	214 N. Washington St. Rome, NY 13440	315-492-1390 alkiratherapy@gmail.com
ACR Health ACR Health Q Center^	287 Genesee St. Utica, NY 13501 <i>LGBTQ+ Youth &amp; Family Services</i>	800-475-2430 QCenterMV@ACRHealth.org
Aspire Behavioral Health Solutions	122 Business Park Dr. Utica, NY 13502	315-732-3431 or mail@aspirebhs.net
Brian Mulkerne, LCSW-R*	3 Ellinwood Court New Hartford, NY 13413	(315) 541-4237
Catholic Charities	1408 Genesee St. Utica, NY 13502	(315) 363-5274
CHBS Children's Center CHBS Rome Clinic	326 Catherine St., Utica, NY 13501 207 West Dominick St., Rome, NY 13440	(315) 733-0678 (315) 337-0773
Center for Family Life & Recovery Behavioral Health Services	502 Court Street, Suite 401 Utica, New York 13502	(315) 733-1709
Clinton Therapy & Testing Center	7325 State Rt. 5 Clinton, NY 13323	(315) 859-1973 info@clintontherapy.com
Cornerstone Mobile Counseling *	Travels to any location in CNY for services	(315) 868-1000 (Call or Text) cornerstoneherkimer.org
Cuda Counseling, LLC*	143 West Dominick Street, Rome, NY 13440	315 -866 -0100 or drecuda@gmail.com
The Door Counseling Center Elizabeth Szeleck, LMHC	37 Dudley Ave, Yorkville, NY 13495	(315) 768-8900 door@thedorcounselingcenter.com
DRN Counseling & Consulting*^	2606 Genesee St. Utica, NY 13502	315-507-3858 (Call or Text)
Jennie Mazza Jones Child-Centered Play Therapy	2 Williams Street Suite #2 Clinton, NY 13323	315-737-3094 jennie@jenniemazzajones.com

## Mental Health Services

Janice Schwartz, LCSW-R*	1729 Burrstone Rd., New Hartford, NY 13413	(315) 798-1679
The Kelberman Center Autism Services Across the Lifespan^	2608 Genesee Street Utica, New York 13502	(315) 797-6241 info@kelbermancenter.org
Kim Guarascio, PsyD*^	11 Furnace Street Oriskany, NY 13424	(315) 605-8956
Maria Horan & Associates	2626 Genesee St, Utica, NY 13502	(315) 724-5344
Mohawk Valley Counseling Associates	610 French Road, New Hartford, NY 13413	315-765-0121 mohawkvalleycounseling.org
The Neighborhood Center*^	628 Mary St., Utica NY 13501	(315) 272-2700
New Hartford Psychiatric Services	238 Oriskany Blvd, Whitesboro, NY 13492	(315) 768-7181
Samaritan Counseling Center MV*^	1612 Genesee Street, Utica, New York 13502	315.724.5173
YWCA Mohawk Valley*^ <i>For Survivors of Intimate Partner &amp; Sexual Violence</i>	7 Rutger Park, Utica, NY 13501	315-732-2159

### Other Search Tools

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psychologytoday.com*^	211midyork.org	amwell.com* or 1-844-733-3627*
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### Inpatient & Residential Services

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The House of the Good Shepard	1550 Champlin Ave. Utica, NY 13502	(315) 235-7600
Mohawk Valley Psychiatric Center & Pinefield Day Treatment	1400 Noyes St. Utica, NY 13502	(315) 738-3800
Four Winds Hospital*	30 Crescent Ave., Saratoga Springs, NY 12866	518-584-3600
Evelyn's House <i>For Pregnant &amp; Parenting Teens 16-24</i>	10 Barton Ave, Utica, NY 13502	315-792-9039 or (315) 733-0236